

Age ≥ 40 years
Blood pressure 140-159/90-99 mmHg
15-30 apneas/hour of sleep

Exclusion
criteria

58 patients

R

Chlorthalidone 25 mg
Amloride 5 mg

Amlodipine 10 mg

8 weeks

Primary endpoints: Apnea-Hypopnea Index and Blood Pressure

Secondary endpoints: Adverse events, Somnolence scale (Epworth),
respiratory parameters, C reactive protein