

Daily screening at each medical center:

- Age ≥ 50 years
- Actively treated for HF
- Speaks English, Spanish, Persian, or Russian

Exclusions

- Lacks ability to use intervention
- No telephone
- No provider after discharge
- Unstable housing
- Resides in or discharged to SNF
- Chronic hemodialysis
- Organ transplant/LVAD recipient or listed
- AMI, PCI or valve surgery during current stay
- Critical aortic stenosis
- Hospice
- Non-California resident

Approach, assess ability to consent, obtain informed consent, HIPAA authorization

Baseline survey

Randomization (1:1)

Control

Intervention

- Identify HF provider
- HF education using teach-back and instruction in use of TM equipment

~~~~~ Hospital discharge ~~~~~

7 day survey call

30 day survey call

180 day survey call

**End of Study**

**Usual care**

**Scheduled RN Calls**

**Week 1**

**Week 2**

**Week 3**

**Week 4**

**Month 2**

**Month 3**

**Month 4**

**Month 5**

**Month 6**

7 day survey call

30 day survey call

180 day survey call

**End of Study  
Equipment Return**

**Call Center  
RN  
telephone  
contact with  
patients and  
their  
physicians  
in response  
to tele-  
monitoring  
alerts**