

Symptom	Score			
Primary	0	2	4	6
Abdominal pain/discomfort	VAS 0	VAS 1-3	VAS 4-6	VAS 7-10
Frequency of abdominal pain/discomfort	None	≤3 times/week	4-6 times/week	≥7 times/week
Diarrhea	Normal	Soft blobs	Mushy stool	Watery
Frequency of diarrhea	Once-twice/day	3-4 times/day	5-6 times/day	≥7 times/day
Secondary	0	1	2	
Chest/flank/abdominal distension	None	Slight	Severe	
Emotion relative	None	Slight	Severe	
Belching	None	Slight	Severe	
Decreased appetite	None	Slight	Severe	
Frequent sigh	None	Slight	Severe	
Fatigue	None	Slight	Severe	
Total score	Primary symptom scores + Secondary symptom scores			
TCM sign				
Tongue proper	☐ Pink		☐ Others:	
Tongue coating	☐ White/Thick/Greasy		☐ Others:	
Pulse	☐ Wiry		☐ Others:	