

Enrollment

Interested in participation

Screening (T0)

Assessment I: Baseline (T1)

Randomization (N = 128)

Exclusion:

- Not willing to sign informed consent
- No MDD
- History of psychotic disorder
- Currently receiving psychotherapy
- BDI-II suicide item >1

Allocation

Will be allocated to
GET.ON Mood Enhancer
(n = 64)

Will be allocated to OPD
(n = 64)

Assessment II: 6 weeks after
randomization (T2)

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randomization (T2)

Assessment II: 12 weeks after
randomization (T3)

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randomization (T3)

Follow-Up