

Table 1. Results of the comparative study

Botanical name and Family	Tunisian name	Italian name	Tunisian use	Italian use	Part used in Tunisia	Part used in Italy	Tunisian manipulation	Italian manipulation	Notes	Bibliographic References
1 Adiantaceae										
Adiantum capillus - veneris L	Chojret el bir, Maadnous el bir	Capelvenere	Cough, gastralgia	Antitussive Lenitive, expectorant Emmenagogue	Whole plant	Aerial part	Infusion	Not specified	abandoned In Italy	2,6,7,11,20,21,22,23, 25,28,36, 38,43
				Antalgic in delivery pains		Aerial part		Cataplastm Decoction	Only in Sardinia	
				Diuretic Tooth ache		Leaves		Powdered leaves locally applied		
2 Anacardiaceae										
Pistacia lentiscus L.	Dharw	Lentisco	Gastralgia	Astringent	Leaves	Resin	Decoction	In pills		5,6,9,10,11,21,22,23, 25, 26,28, 36, 38,43, 45,47,
			Hypotensive Pyrosis	Haemostatic	leaves and fruits	exudating from the bark	To chew To be eaten			
			Antitussive Asthma	Expectorant		Decoction				
			Rheumatism	Rheumatism	Oil from the fruit	Leaves	Oil locally applied	Cataplastm locally applied (in mixture with other plants)		
				Arthritis		Stem	applied			
			Dental pain gingivitis	Antiodontalgic		Stem	Decoction as mouth wash	To chew		
				Antidiarrhoeic Cicatrizant Burns Swollen feet Antipyretic		Resin Bark		Infusion		
						Leaves Leaves		Into the shoes Decoction		
				Fight against scabies		Oil from Fruits		Locally applied		
			Pistacia terebinthus L.	Battoum	Terebinto	see P. lentiscus	Expectorant Vesicatory	Leaves	Resin from the bark	
Pistacia vera L.	Fostok , fosedok	Pistacchio	Gastralgia	Alimentary Lumbago	Fruits	Seeds Resin locally Rubbed	to eaten	To be eaten as snacks	2,21,23, 26	
3 Apocynaceae										
Nerium oleander L.	Defla	Oleandro	Antigangrenous	Cardiotonic, Fight against itching Smokede as antiasthmatic Against scabia	Leaves	Dried leaves	Powdered and locally applied	Powdered	toxic plant	5,9,10,11,19,20,21,23, 25,26,33,43
						Dried flower		leaves in infusion for itching		
						Flowers		Poultice of flowers mixed with honey		
						Rubbing	(only in e.u.)			
			Dermatosis eczema sores, sunburns Scalp stimulating	Stems						
				Leaves	Poultice					
				Antiasthmatic	Dried flowers	To smoke				
4 Araceae										
Arum italicum Miller	Sabbat el ghoula	Aro, Gigaro	Antiseptic	Antirheumatic	Leaves	Tuber	External use locally	Tincture	Toxic plant	9,10,11,21,22,23,25, 26,37,43,47,48
			Antibacterial	Revulsive Anti-inflammatory				Fresh plant		

				Haemorrhoids		Leaves		locally applied	
				Antirheumatic		Rhizome		Ground plant	
				Chilblains				part (e.u.)	
5 Araliaceae									
<i>Hedera helix</i> L.	Chaabata,	Edera	Emmenagogue	Emmenagogue	Leaves	Leaves	Decoction	abandoned	2,3,5,7,11,13,16,18,
	Mahboula		Anti spasmodic	Gall stones		Young leaves		Infusion	19,20,21,22,23,25,26, ,
				Toothache				decoction	28,32,37, 38,45,48
				Expectorant		Leaves		abandoned	
				Antineuralgic				for its toxicity	Fruits can
				anesthetic in					cause
				rheumatic and					severe
				arthritic pains					allergies
				(only e.u.)					
				Cicatrizant				Infusion as bath	
				of sores and				foot	
				Varicose ulcers					
				and haemorrhoids					
				Antiflogistic		Fresh plant		Squashed	
				For corns and		or leaves		and locally	
				warts		Leaves		applied	
				Lenitive for the		Leaves		Decoction	
				skin				as shampoo	
				To darken hair					
6 Aspidiaceae									
<i>Dryopteris</i>	Not	Felce	Antihelmintic	Antihelmintic	Aerial parts	Rhizome	Decoction	Decoction	3,11,19,21,22,23,25,
<i>filix-mas</i>	reported	maschio		(mainly against					26
(L.) Schott				<i>Taenia solium</i>)					
				Antalgic for		Rhizome		Decoction in	
				swollen feet and				vinegar as	
				ankles				foot bath	
7 Betulaceae									
<i>Alnus glutinosa</i>	Oud el	Ontano	Antipyretic	Mouth wash,	Bark	Bark	Decoction	Decoction	5,7,9,10,16,21,37
(L.) Gaertn.	ahmer		Headache	anti-			locally		
			Gastralgia	inflammatory		Bark	applied		
			Antiulcer	Vulnerary		Sap from	Decoction	Locally applied	
				Astringent		the stems			
				Anti parasitic		Leaves		Leaves scattered	
				(mainly fleas)				on the floor	
8 Boraginaceae									
<i>Alkanna tinctoria</i>	Hennet el	Alcanna	in dyeing	in dyeing	Roots	Roots	Decoction	Decoction	5,11,23,25, 26
(L.) Tausch	ghoula,		clothes	clothes					
	Chenjar								
<i>Borago officinalis</i> L.	Boukhrich	Borraggine	Emollient	Emollient	Leaves	Leaves	Decoction	Infusion,	2,3,4,6,7,9,10,11,13,
	Boukrich,			lenitive for		flowering		Decoction	16,19, 21,22,25,26,27,
				the skin,		tops			28, 29,31, 32, 37,38,
			Antitussive	Antitussive					39,43,47,45,48
				Expectorant		Leaves		To eaten	
				Asthma				boiled	
			Diuretic	Diuretic	Leaves	Fresh plant	Decoction	Decoction or	
								Infusion	
				Mild laxative		Juice from		to swallow	
						the leaves			
						and stems			
				Depurative		Leaves		Decoction	
								mixed with	
								<i>Urtica</i>	
			Diaphoretic		Leaves		Decoction	sp.pl.leaves	
<i>Heliotropium</i>	Dhaharet	Erba porraia	Toxic	Astringent	Generally not	Aerial parts,	Not used	Infusion,	6,21,22,23, 25,26
<i>europaeum</i> L.	el chems			vulnerary	used for its	roots, seeds	since its	decoction	
					toxicity		toxicity		

9 Buxaceae

<i>Buxus sempervirens</i> L.	Beuqs	Bosso, Bòssolo	Antineoplastic	Laxative, cholagogue Antipyretic Antimalarial	Not specified	Leaves, bark	Not specified	Infusion, decoction	The plant is toxic enough and must be used in low dose and very cautiously - Fresh leaves are used in adulterating of the leaves of <i>Arctosta- phylos uva- ursi</i> and also in aromatizing beer	11,13,22,23,34,45,26 48
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10 Capparaceae

<i>Capparis spinosa</i> L.	Kabbar	Cappero	Headache Antirheumatic	Diuretic In arthritic pains Digestive	Leaves	Bark Flower buds	Cataplasma Decoction Cataplasma	Decoction To be eaten	Buds are eaten for their hot taste in aromatizing foods	2,9,10,11, 18,20,21, 22,25,26,27,31,48
			Cold, sinusitis Hypotensive Galactogenous	Liver diseases Antiscorbutic Varicose ulcers Cicatrizant		Flowers buds Flower buds		To eaten mixed with vinegar squashed and locally applied Squashed (e.u.)		

11 Caprifoliaceae

<i>Sambucus ebulus</i> L.	Khelouan sghir	Ebbio	Diuretic Laxative	Diuretic, Laxative	Leaves	Roots, fruits, flowers	Decoction	Decoction, infusion	3,11,19,21,25,26,45
			Antirheumatic	Antirheumatic antineuralgic					
<i>Sambucus nigra</i> L.	Okkez sidi moussa,	Sambuco	Diuretic Antiseptic Emollient	Diuretic, laxative Emollient Antipyretic	Leaves	Flowers, fruits Leaves	Infusion Decoction Decoction Infusion	Infusion, Decoction Squashed leaves locally applied	5,3,7,9,10,11,13,14, 16,18, 20,21,22,23 ,25,26,27, 32, 37,39, 43,47,45,48
			Antirheumatic Diaphoretic	Antirheumatic antiarthritic antineuralgic (sciatic and trigeminal nerve)		Bark, fruits or leaves	Pounded with fat Infusion Locally applied	Decoction Juice from squashed fruits	
				Analgesic Toothache Eye inflammation		Leaves Flowers	Warmed leaves	Decoction	
			Emollient	Emollient, antitussive, expectorant Antiasthmatic Anticholesterol Distorsions (sprains)	Leaves	Leaves Inflorescence Leaves Leaves	Decoction Decoction	Decoction Decoction Infusion Squashed and boiled then locally applied	
				Cystitis		Dried bark		Decoction	
				Eye wash		Flowers,		Decoction	

				Antipyretic		Fruits			
				Varicose veins		Bark		Decoction	
				Cicatrizant		Leaves		Cataplasm of fresh ground leaves	
12 Cesalpiniaceae									
<i>Ceratonia siliqua</i> L.	Kharroub	Carrubo	Antidiarrheal for children	Antidiarrheal for children	Fruit	Pulp, Seeds	Flour from dried and crushed pulp	Decoction	9,10,11,2,3,6,7,21,23, 25,26,28,29
			Hypoglycemic	Emollient for the skin, cosmetic	Fruit		Cataplasm Pulp from dried and		
			Heart diseases	Cough, catarrh	Fruit	Seeds	crushed seeds	Decoction	
			Inflammation of oral cavity		Fruit				
13 Chenopodiaceae									
<i>Chenopodium ambrosioides</i> L.	Lajouma	Tè di Germania	Gastralgia and aerophagia of infants	Antihelmintic		Flowering tops		Infusion	10,11,20,21,22,23, Abandoned
			Carminative	Carminative Diuretic					
<i>Salsola kali</i> L.	Kali	Erba soda, Riscolo	Hypotensive	Source of mineral Elements : Na, Oxalate, etc. Diuretic in kidney stones	Leaves	Leaves	Not specified	Infusion	5,21,26
<i>Spinacia oleracea</i> L.	Sebnakh	Spinacio	Alimentary	Alimentary Laxative	Leaves	Leaves	Not specified	Fresh or boiled the leaves are eaten as vegetable Juice from fresh leaves	The plant is rich in Fe 5,21,22,23,26
				Cosmetic as face mask					
14 Compositae									
<i>Artemisia absinthium</i> L.	Chojret mariem	Assenzio	Antihelmintic	Antihelmintic Diuretic Kidney stone	Leaves	Aerial parts	Decoction	Decoction	9,10,11,21,22,23,25, 26,48
			Abortive Contraceptive	Emmenagogue	Leaves	Leaves	Decoction	Decoction	Leaves and flowers are used to Aromatizer for liqueurs
			Anti-ulcerous and gastralgia	Antipyretic Antimalarial Antiseptic Mouth-wash	Leaves	Aerial parts	Decoction	warmed in wine then filtered	
			Antitussive	Toothache		Aerial parts		Tincture (as imbued cotton flock) (only in e.u.)	
			Cardiac analeptic						
<i>Artemisia campestris</i> L.	Tgouft, Chaal	Not specified	Antivenomous in insect bites Cicatrizant Anti-ulcerous Antitussive	Antipyretic	Leaves	Aerial parts	Powder Decoction	Decoction	9,10, 11,21,25,26,
			Hypoglycemic	Hypoglycemic		Dried flowering tops		Infusion	
				Anticholesterol					
			Cicatrizant	Cicatrizant	Leaves	Aerial parts	Powder	Decoction (imbued compresses)	
<i>Calendula arvensis</i> L.	Karchoun, Llouach	Fiorrancio	Antirheumatic Antipyretic Headache Hypotensive Emmenagogue	Lenitive for the skin, Detergent Cicatrizant Emmenagogue Warts and corns	Leaves, flowers fruits Aerial parts	Capitula (heads), Leaves Leaves	Cataplasm Cataplasm Cataplasm Decoction Decoction	Infusion Juice from the leaves	9,10,114,5,6,13,19,20, 21,22,23,25,26,28,38, 48

				Gallstones		Aerial parts		locally applied		
								Decoction		
<i>Carthamus tinctorius</i> L.	Zaafrene	Zafferano bastardo	Leukoma dysmenorrhea in menstrual pain Eye wash	Revulsive in painful joints	Leaves Flowers	Oil from seeds	Not specified Maceration in olive oil Decoction	external use	10,25,21	
<i>Centaurea calcitrapa</i> L.	Bou nagggar, Bou chouika	Calcatrppola	Antipyretic In cattle jaundice	Antipyretic Antimalarial Tonic, digestive Antiodontalgic	Aerial parts Roots	Flowering tops Whole plant	Decoction Maceration in water	Infusion As gargling	9,10,11,23,25,26,45	
<i>Cichorium intybus</i> L.	Chikouria, Skouria	Cicoria	Hypoglycemic Diuretic	Hypoglycemic Diuretic Cholagogue stimulant of gastric secretion	Leaves	Roots, Aerial parts Leaves	Fresh leaves to eaten	Decoction, Fresh leaves boiled in milk squashed fresh leaves	2,9,10,11,36,7,13,16, 18,19, 20,21,22,23, 25,26,27,32,37, 38, 39,43,47,48	
				Kidney trouble Antianemic jaundice Liver protecting Laxative Cicatrizant for sores and burns		Root Leaves Leaves		Decoction Decoction Infusion (e.u.)		
<i>Conyza canadensis</i> (L.) Cronq (= <i>Erigeron conyza</i> L.)	Jaada	Saeppola	For rheumatic pains Gastric ulcer gastralgia	For rheumatic pains and gout Astringent intestinal Diuretic anticholesterol	Flowering tops	Fresh juice Aerial part leaves	Decoction Decoction	Infusion Infusion	10,21	
			Cardiac analeptic	In bronchial catarrh		Fresh juice				
			Tonic	Tonic	Flowers	leaves	Powder mixed with honey	Decoction		
<i>Cynara cardunculus</i> L.	Khorchef, Kardhoun	Carduccio	Kidney stones	Energetic Liver protecting Depurative of blood	Capitula (heads)	Capitula (heads)	Decoction	To eaten raw or boiled	2,9,10,11,8,13,14,20, 21,22, 23,25,26,27,36 38, 39,43	
			Haemorrhoids	Source of Fe Stomach ache	Flower, roots	Leaves before	Decoction	Infusion		
			Choleretic Cardiac analeptic		Flower, roots Flower	flowering	Decoction Decoction			
				Hypogicemic		Roots	Decoction			
<i>Cynara cardunculus</i> L. subsp.scolymus (L.) Hayek	Guennaria	Carciofo	Choleretic, gastralgia Kidney stones Liver protecting	Choleretic, cholagogue Cosmetic as face mask Liver protecting Gallstones	Leaves Capitula (heads)	Roots, leaves leaves Leaves Leaves	Decoction Fresh bud to eaten	Decoction Infusion Infusion	9,10,2,3,14,18,19, 21, 22, 23,26,37,43,48	
<i>Helianthus annuus</i> L.	Ain el chems	Girasole	Sunstroke	Dietetic, promoting digestion anticholesterol Diuretic Mild sedative Hypotensive Antipyretic Hypoglycemic Lenitive for the skin	Capitula	Seeds Seeds Seeds Leaves Flowers	Maceration in warm oil locally applied on the head	Oil Alcoholic maceration Infusion	raosted seeds are enjoyed as snacks. Oil is used in cooking	10,11,22,23,26,

<i>Matricaria</i> <i>chamomilla</i> L.	Babounej, Bibounej	Camomilla	Gastralgia Aerophagia nephritic colic Depurative Fight against post- partum pains	Gastralgia Emollient soothing and cicatrizant For the skin Mild sedative Eye wash Oral hollow inflammation	Whole plant Capitula (heads)	Capitula (heads)	Decoction Decoction	Infusion	3,8,910,11,13,16,18, 19,20, 21,22,23,36,37, 38,39, 43,47,45,48
<i>Senecio</i> <i>vulgaris</i> L.	Jedla, Jedia	Calderugia, Verzellina	Emmenagogue Uterotonic	Emmenagogue Astringent Diuretic Antihelmintic mainly for intestinal worms Varicose veins	Not specified	The whole plant	Not specified	Infusion Toxic plant due to the presence of senecionine	4,11,18,19,21,23,25, 26,28
<i>Silybum</i> <i>marianum</i> (L.) Gaertn.	Chouk el jmel	Cardo mariano	Antipyretic Anti- haemorrhagic	Choleretic, cholagogue,, liver protecting Diuretic	Capitula	Capitula (heads) Roots and fruits Leaves	Decoction Decoction Infusion	Decoction	5,11,21,22,23,25,26
<i>Sonchus</i> <i>oleraceus</i> L.	Difef, Tifef	Cicerbita	Treatment of verrucae (warts) Ocular leukoma	Cholagogue cathartic Gastralgia Cicatrizant	Flowering tops Leaves	Leaves Leaves	Juice locally applied Juice locally applied	eaten as vegetable Juice from the chewed leaves or infusion Cataplasm from fresh squashed leaves	5,8,10,21,22,23,25, 43,47,45,48
<i>Xanthium</i> <i>strumarium</i> L. (= <i>X.s.</i> var. <i>brasilicum</i> (Vellozo) Fiori	Akkar	Lappola	Anti - neoplastic Depurative, diaphoretic Stomachic, emmenagogue	Diuretic, diaphoretic breathing ailments	Not specified plant	The whole	Not specified	Decoction	21,25,26
15 Convolvulaceae									
<i>Convolvulus arvensis</i> L.	Alleg, Lawaya	Vilucchio	Hair stimulant	Laxative Diuretic Furunculosis Antihelmintic Liver protecting	Bark, stems	Aerial part, root Leaves Leaves, root	Locally applied	Tincture, Infusion, Cataplasm Infusion	3,10,21,23,25,26,28, 43,45,48
16 Cruciferae									
<i>Brassica napus</i> L.	Left	Ravizzone, Navone	Antipyretic Improve visual acuteness	Revulsive	Roots	Seeds	To eaten fresh	Decoction	8,9,10,21,25,26
<i>Camelina sativa</i> (L.) Crantz	Hanjaret el koubaa	Camarin, Camarina	Alimentary	Emollient, lenitive, astringent Cicatrizant	Not specified	Seeds Leaves	Not specified	Decoction Locally applied	21,26
<i>Capsella</i> <i>bursa-pastoris</i> (L.) Medicus	Kiss er raai	Borsa del pastore	Haemostatic	Haemostatic, Diuretic, Emmenagogue Hypotensive	Not specified	Whole plant	Not specified	Decoction, Juice of fresh plant, or dried powdered plant To be eaten fresh	3,6,7,11,13,20,21,22, 23,26,45,48

				Impetigo, furunculosis		Fresh plant		Ointment from fresh plant mixed with oil or fat		
<i>Nasturtium officinale</i> R.Br.	Hab erched	Crescione d'acqua	Antiscorbutic Diuretic	Antiscorbutic Digestive Depurative Eupeptic Diuretic	Seeds	Aerial part	To eaten as food	Fresh plant is eaten as salade Infusion		11,21,22,23,25,26,45
<i>Raphanus raphanistrum</i> L.	Fjel el jabi	Rapastrello, Ramolaccio	Alimentary	Fight against gall- stone, liver protecting Diuretic Antitussive Gingivitis	Root,	Root, juice of fresh plant	To eaten as food	Decoction As mouth-wash		4,22,23,26
<i>Raphanus sativus</i> L.	Fjel	Ravanello	Antitussive mainly Whooping cough	Stimulating cutaneous blood-flow Whooping cough	Root	Root	hollowed out heart Radish imbued with Sugar; after 1 day, sugar is eaten fresh	Raw roots are eaten mixed With salad Chopped and flavoured with honey		5,10,11,23,25,26
<i>Sinapis alba</i> L.	Khardhal abiadh	Senape bianca	Rheumatic pains Flavouring for Foods	Rheumatic pains for catarrh revulsive (only e.u.) Flavouring for foods	Seeds	Seeds	Not specified	Cataplasm with flour from ground and warmed seed		11,21,22,23,25,26
<i>Sinapis arvensis</i> L.	Khardhal	Senape selvatica	Rheumatic pains Antitussive	See <i>S. alba</i>	Leaves Leaves added with Lin (<i>Linum usitatissimum</i>) seeds	See <i>S. alba</i>	Boiled leaves, reduced as paste mixed with vinegar Cataplasm on chest	See <i>S. alba</i>		9,10,21,23
17 Cucurbitaceae										
<i>Bryonia dioica</i> Jacq.	Qria	Vite bianca	Not used	Purgative Diuretic Antitussive Painful articulations Furunculosis	Not specified	Leaves Young stem leaves and berries Leaves (e.u.)	Not specified	Infusion Infusion Cataplasm of fresh leaves	Toxic plant	3,10,11,21,23,25,26, 39,45,48
<i>Citrullus colocynthis</i> (L.) Schrader	Handhal, Dellaa el oued	Coloquin- tide	Impetigo, cicatrizant for injuries and wounds Rheumatic pains Hypotensive Gynecological diseases Haemorrhoids	Strong purgative Emmenagogue Abortive	Pulp of the fruits Fruits Seeds Dried fruits	Pulp of the fruits	Warmed pulp locally applied Crushed and warmed fruit locally applied Decoction in water and oil locally applied Decoction Mixed with honey	Extract	Abandoned since its toxicity	9,10,11,21,25,26
<i>Cucurbita pepo</i> L.	Kraa	Zucca	Tinea	Burns Laxative Mastitis	Leaves	Fruits	Applied on shaved head	Squashed pulp of fruits locally applied	More uses as food	4,10,11,26,14,23,48

			(sunstroke , typhoid)	Antihelmintic		Peeled seed macerated in water	fruits applied on head	The paste mixed with sugar and honey is eaten , after It is necessary to take a purge As preventive	
				Prostatic trouble		Dried or peeled seeds			
<i>Ecballium elaterium</i> (L.) A. Richard	Faquous h'mir Faquous el bhaiem	Cocomero asinino	Drastic purgative	Strong purgative	Fruits	Fruits,	Juice mixed with tobacco	Infusion	1,9,10,11,5,6,21,23,25, 26,28,48
			Sinusitis		Fruits	aerial parts		Decoction	
			migraine	Psoriasis		Roots		evaporated then filtered in mixture with <i>Verbascum sinuatum</i> , and <i>Verbena officinalis</i>	
			Spot pimple		Fruits		Crushed fresh fruit Locally applied		
			Jaundice	Jaundice	Fruits			Juice of unripe fruit instilled into eyes	
18 Cupressaceae									
<i>Cupressus sempervirens</i> L.	Sarwel	Cipresso	Haemorrhoids	Haemorrhoids	Leaves	Cones	Decoction	Extract	Largely used as ornamental
				Astringent for blood vessel					
			Gastralgia, stomach pains	The essence is antitussive breathing ailments		Young stems		Infusion	
<i>Juniperus oxycedrus</i> L.	Taga, Araar	Ginepro rosso	Antidiarrhoeic	Against skin parasites	Leaves	Oil of "Cade"	Decoction	External use	5,6,7,9,10,11,21,23, 25,26,48
			Hypoglycemic			fruit and			
			Cicatrizant vulnerary		oil of "Cade"	wood	Locally applied		
				Lumbago and sciatic nerve pains		Fresh stems		Decoction as bath	
				Diuretic		Pseudofruits		Infusion or syrup	
				Digestive					
				Expectorant					
				Stomach pains		Pseudofruits		Decoction	
<i>Juniperus phoenicea</i> L.	Araar	Ginepro fenicio	Abortive	Abortive	Leaves	Young stems	Decoction	abandoned illegal use in Italy	5,9,10,11,21,25,26
			Emmenagogue oxytotic Antirheumatic Hypoglycemic						
19 Cyperaceae									
<i>Cyperus longus</i> L.	Saada	Zigolo	Cardiac diseases	Cardiac troubles	Roots	Rhizome	Ground roots to eaten in small amount		9,10,21
				Refreshing		Oil from rhizome		<i>C.esculen- tus</i> L. more used in Italy	

20 Dioscoreaceae

<i>Tamus communis</i> L.	Karma souda	Tamaro, Vite nera	Antirheumatic	Diuretic, Anti-inflammatory in urinary diseases purgative/laxative Emetic	Roots	Roots	External use	Decoction,	6,11,21,23,25,26
			Ecchymosis	Ecchymosis Bruises, Rheumatic, arthritic and lumbago pains		Pseudofruits		Tincture Extract Squashed and locally rubbed	

21 Equisetaceae

<i>Equisetum telmateja</i> Ehrh (= <i>E. maximum</i> Lam.)	Dhenb el Khil, Dhenb el Fars	Coda di cavallo	Diuretic Hemostatic mineralizing	Diuretic, Hemostatic Restructurent of lung cartilage To strengthen nails and hair cicatrizant of sores Source of microelements	Not specified	Young stems	Not specified	Infusion	Unadvisable for people with renal diseases For its content in Si	4,16,2,21,22,23,25,27 32,34,47,48
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22 Ericaceae

<i>Arbutus unedo</i> L.	Lenj, boujbiba	Corbezzolo	Hypoglycemic Hypotensive Antidiarrheal	Astringent Antirheumatic Diuretic, renal trouble Liver protecting Anti- atherosclerosis Cicatrizant Antidiarrheal	Leaves Roots Seeds	Leaves, Fruits Root Bark Fruit Bark Leaves	Decoction Decoction Decoction Decoction Decoction	Infusion Infusion Decoction Decoction Locally applied	Fruits are employed in preparing homemade jams and soft liqueurs	4,9,10,19,21,22,23,25, 26,45,48
<i>Erica arborea</i> L.	Bouhaddad	Erica	Urinary antiseptic Astringent	Diuretic, Antirheumatic	Flowering tops	Flowering tops	Not specified	Infusion, decoction		9,5,21,23,25,26,45,48

23 Euphorbiaceae

<i>Mercurialis annua</i> L.	Hbaq eddhol, H'biqet eddhol	Mercorella	Diuretic Leukorrea Frigidity Purgative	Diuretic Renal stones Nephritic colic Laxative Cholagogue, cholaretic Stops milk secretion	Leaves Leaves	Leaves Leaves Leaves Whole plant	Decoction Decoction	Infusion Infusion (as enema) Decoction	Toxic plant	9,10,11,21,23,25,26, 34,43,45
<i>Ricinus communis</i> L.	Kharwaa	Ricino	Bechic Bronchitis Headache Fever Rheumatic pain Spot, acne	Strong purgative To strengthen hair (e.u.) Corn plaster Emollient for the skin Fester	Leaves Leaves Leaves Leaves	Oil from peeled seeds Oil from peeled seeds Oil from seeds	Leaves imbued in olive oil applied on thorax and back Fresh crushed leaves in cataplasm Fresh crushed leaves mixed with vinegar in cataplasm	one or two spoon with oil to swallow Oil locally applied Cataplasm with leaves of <i>Verbascum sinuatum</i> L. mixed with castor oil		5,9,10,11,18,21,23,25 26,48

24 Fagaceae

<i>Quercus</i> sp. pl.	Ballout	Quercia	Hemorrhoids	Hemorrhoids	Stem bark	Bark, galls	Dried and	Decoction		9,10,11,16,19,21,23, 25,26,34,37,38,39,43,
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	(in Tunisia : <i>Q.ilex</i> L.)	In Italy several different species are similarly used		Hemostatic			ground		45
				Antiacne		acorn			
				Astringent		Bark	mixed with honey	of acorns flour	
				Mouthwash (as antiseptic)		Leaves and stem sap		Sliced young Stem, dropping sap, locally applied	
				Burns		Bark		Decoction	
			Tonic	Antirheumatic	Stem bark		Dried and ground		
				Children catarrh and cough		Acorns or leaves	mixed with honey	Decoction	
			Antidiarrheal	Antidiarrheal		Acorns		Powder from roasted acorns	
				Gingivitis and decay		Bark		Decoction as mouthwash	
				Vaginal discharge				Decoction as washing	
25 Fumariaceae									
<i>Fumaria Capreolata</i> L.	Sibana, Hichichet essiben, Baouala	Fumosterno bianco	Spot and crusts of children scalp	Laxative, Diuretic bitter tonic	Flowering tops	Flowering plant	Crushed flowering tops locally applied	Infusion	5,10,16,23,25,48
			Depurative	Depurative	Whole plant	Flowering plant	Decoction	Infusion	
			Treatment of spots	Against alopecia				Infusion for rubbing	
			Infected injuries of ear lobe fold	To improve capillary vessel circulation	Leaves	Flowering plant	Dried powdered leaves locally applied	Infusion	
				Rheumatism and arthritis		Flowering plant		Infusion	
				Skin sores		Root		Powdered	
<i>Fumaria officinalis</i> L.	Sibana	Fumosterno	Dermatitis dermatosis	Laxative, Diuretic bitter tonic	Whole plant	Flowering plant		Infusion	5,11,18,21,23,25,34, 45,48
				Against alopecia		Aerial part		Infusion as washing	
				To improve capillary vessel circulation					
				Antiechymotic					
				Rheumatism and arthritis		Flowering plant		Infusion	
				Hydropsy		Juice		To assume orally	
26 Gentianaceae									
<i>Erythraea pulchella</i> (Swartz) Fries (= <i>Centaurium pulchellum</i> (Swartz) Druce	Qosset sbiya, Qosset el haya	Cacciafebbre	Depurative	Digestive, Cicatrizant, Antipyretic To dye hair	Whole plant	Flowering plant	Infusion	Infusion, tincture	10,21
<i>Centaurium erythraea</i> Rafn. (= <i>C. umbellatum</i> (Gilib) Beck) subsp . <i>Centaurium erythraea</i> subsp. <i>suffruticosum</i> (Griseb.) Greuter (Salzem)	Mararet el hanech, Kosset el haya	Cacciafebbre	Toxic Bitter depurative	Digestive, tonic Gastralgia Cough, flu, antipyretic	Whole plant	Flowering plant	Infusion	Infusion, Decoction	9,10,11,16,20,21,23, 25,26,45
				hair dyeing		Tincture Flowering plant		Infusion,	
27 Geraniaceae									
<i>Erodium cicutarium</i> (L.) L'Her.	Mochita, Mouchita	Cicutaria	Astringent Gastralgia Antidiarrheal	Astringent Haemostatic Diuretic For insects bites	Aerial part	Aerial part	Decoction	Infusion	5,10,11,21,25,26
			Oxytotic				Decoction	To rub locally	
<i>Geranium robertianum</i> L.	Aterchia	Erba Roberta	Astringent Antidiarrheal	Vulnerary cicatrizant, Hemostatic	Aerial part	Aerial part	Decoction	Fresh plant locally applied	9,11,21,22,23,25,26

			Antispasmodic	throat and mouth anti-inflammatory	Leaves flowers		Internal use	Infusion as mouthwash or gargling	
28 Globulariaceae									
<i>Globularia alypum</i> L.	Zriga, selgha, taselgha	Sena di Provenza	Cicatrizant (acne, eczema, spots, abscesses) Tinea Gastric ulcer	Purgative Diuretic	Leaves	Leaves, flowering tops Resin	Powder or decoction locally applied	Infusion	5,9,10,11,21,24,26
					Leaves		Maceration in oil		
			Antimalarial		Leaves		Concentrate decoction		
			Antirheumatic Sore throat		Leaves		Concentrate decoction Decoction as gargling		
29 Gramineae									
<i>Arundo donax</i> L.	Ksab	Canna	Diuretic	Diuretic Diaphoretic Hemostatic cicatrizant Otitis Gastralgia	Aerial part	Rhizome Stem Leaves Rhizome	Decoction	Decoction Locally applied Fumigations To eat	9,10,20,21,23,25,26, 29,36,38,45, 48
<i>Avena sativa</i> L. In Tunisia : <i>A. flavescens</i> (L.) Beauv.	Not specified Hchichet errih	Avena	Only as alimentary	Emollient for the skin		Seeds		Decoction	10,11,21,23,26,45
<i>Cynodon dactylon</i> L.	Njem, nejm	Gramigna, Zizzania	Diuretic Gonorrhea Antidiabetic	Diuretic Kidney stones Renal trouble	Roots	Rhizome Stolons Rhizome	Decoction	Decoction from Rhizome previously macerated in Water to lose Bitter taste Infusion Decoction	2,4,9,10,11,13,14, 16,18,20, 22,23,25, 26,29, 31,32,34,37, 38, 43,44, 45,47,48
<i>Hordeum vulgare</i> L.	Chaïr	Orzo	Urinary lithiasis Galactogenous Slimming	anti diarrheal Anti- inflammatory for intestinal tract Emollient for the skin Throat inflammations Mucolytic, cold Cough	Seeds Seeds Stems	Seeds Aerial parts	Decoction Decoction Decoction	The water of the boiled seeds to drink The squashed seeds previously boiled are locally applied Fumigations with Dried aerial parts Decoction mixed with <i>Malva sylvestris</i> L.	2,4,8,10,18, 20,22,23, 25,26, 30,36,38,39, 44,45
<i>Zea mays</i> L.	Ktania	Mais, Granturco	Laxative Gonorrhoea	Diuretic kidney stones Emollient for the skin sweating promoter Hypotensive Children bronchitis	Stigmata	Beards or stigmata Seeds Stigmata (beard)	Decoction Decoction	Decoction Decoction Crushed seeds mixed with water such as "polenta" (pudding of maize) added with bran as cataplasm on the breast	Only in the Sardinian region 9,10,11,13,16,19, 20,22,23,26,27,34 26, 37, 39, 44, 48
30 Juglandaceae									
<i>Juglans regia</i> L.	Jouza,	Noce	Toothpick	Antiseptic	Root bark	Leaves	External use	Infusion	

	Jouzet Essouak, Souak (root, Bark)			Hemorrhoids		Bark		Decoction as washing	Fruits are Employed in	9,10,21,22,23,25,
			Mouthwash	Mouthwash		Husk		Decoction	preparing a typical italian	36,37,38, 45,48
			Hypotensive	Antihelmintic Mouth wash	Husk		Decoction		homemade liqueur	
			Astringent in dermatosis	Astringent Cicatrizant for ulcers and wounds infected by flies	Leaves, flowers	Leaves Pulp of the fruit "mallo"	Ointment mixed with grease	Juice of fresh leaves locally applied The squashed "mallo" rubbed on the injured skin	"Nocino"	
			Tonic Haemostatic Aphrodisiac	For strenghtening the skin of feet and hands Fight against chilblains and warts Diuretic Antiasthmatic Frostbitten hands, feet and ears	Leaves		Decoction	Decoction		
				Acne		Leaves		Infusion to be smoked decoction mixed with oak bark as washing Decoction for fumigations		
31 Labiatae										
Ajuga iva (L.) Schreb.	Chandgoura	Iva moscata	Hypotensive Respiratory tract diseases asthma, cough Gonorrhea	Diuretic Antispasmodic Cicatrizant Antipyretic	Aerial part	Leaves	Infusion, Decoction	Infusion		9,10,11,21,25,26
			Rheumatism Gastralgia Headache		Aerial part Aerial part Aerial part		Decoction or powder, or dried aerial part mixed with honey Juice from ground fresh part (drops to be instilled)			
			Ear diseases		Aerial part					
Coridothymus capitatus (L.) Reichenb. Fil. (= Thymus c. (L.) Hoff. et Link.)	Zaater	Timo	Antiseptic Fight against tinea	Mouth wash Expectorant, balsamic, digestive	Leaves Leaves	Flowering tops	Decoction Poultice from crushed	Infusion		2,9,10,11,21,23, 25,26,27,30
			Antibacterial,		Aerial part	leaves	Poultice from crushed leaves	Decoction	In Italy used as spice on meat and food	
				specific against Ancylostoma duodenalis		Leaves		Compresses imbued with decoction on affected area		
			Cough Headache Antipyretic	.	Leaves Leaves Leaves		Decoction Decoction Decoction			
			Vermifugue depurative gastralgia Diarrhoea and vomiting of newborn, makes the delivery easier Female sterility Sterility	Antihelmintic	Leaves Leaves Aerial part Aerial part Aerial part	Leaves	Decoction Decoction Decoction Decoction	Infusion		

			Mild analgesic Cardiotonic		Leaves Leaves		(fasting) Decoction Decoction		
<i>Lavandula stoechas</i> L.	Halhal	Lavanda	Antiseptic in intestinal trouble gastralgia	Spasmolytic, mild sedative antihysteri c antiseptic (e.u.)	Leaves	Flowers	Decoction	Infusion	8,9,10,11,21,23, 25,26,38,48
			Antihysteri c	laryngitis	Flowers		Decoction	Infusion (by gargling)	In Italy <i>L.officinalis</i> <i>L.</i> is also used for the same purposes
			Asthma	inflammations				Decoction	
			Antitussive	Antitussive	Flowers		Fresh flowers to be eaten		
				Lumbago	Leaves		Powdered		
				Painful joint	Flowers		mixed with olive oil	Rubbing of dried flowers	
			Antalgic	Rheumatism			Essential oil		
<i>Marrubium vulgare</i> L.	Marroubia	Marrobio	Hypotensive	Antihypertensiv e				Infusion,	
	morroubia, omerroubia		Hypoglycemic	Digestive, choleric,	Whole plant	Flowering tops, leaves	Decoction	tincture	4,6,7,9,10,11,21, 22, 23,25,27,30, 34,45,48
			Gastric diseases	expectorant,	"				
			Cardiotonic	Cardiotonic	"				
				antipyretic,	"			Cataplasm	
				antianemic,	"			from boiled	
			Pulmonary antiseptic		"		Decoction	aerial part	
			Head cold		"		Sap inhalation	Tincture or infusion from powdered flowers	
			Depurative	Depurative	Whole plant	Flowering tops	Decoction		
			Burns	of the blood	Whole plant				
			forunculosis	in jaundice,	Flowering tops	Leaves	Decoction		
			vulnerary	galactophore			Decoction		
			Decays	emmenagogue	Flowering tops		Decoction		
				Antimalarial	Whole plant		Decoction		
				Infection of feminine genital apparatus		Leaves		Decoction as washing solution	
						Leaves	as mouthwash	Decoction as washing solution	
			Haemorrhoids	Haemorrhoids	Whole plants		Powder (e.u.)		
			Ear diseases		Whole plants		Drops of		
			Abscesses				maceration		
			Warts		Flowers		in olive oil		
			Rheumatism	Rheumatism		Whole plant		Cataplasm	
				painful articulations			Decoction	of boiled	
			Liver diseases	Liver protecting	Leaves	Whole plant, aerial part	Decoction	aerial part	
			Urinary disorders					Decoction	
			Trachoma				Decoction		
							Powdered cooked with butter		
<i>Mentha sp. pl.</i>	see the following	Menta	see the following <i>Mentha spp.</i>	Anesthetic antiseptic	see the following <i>Mentha spp.</i>	Leaves and flowering tops	see the following <i>Mentha spp.</i>	Tincture many uses	9,10,11,22,23,25,26, 28, 39,44
<i>Mentha sp.div.</i>				spasmolytic digestive refreshing				In Italy many uses of <i>Mentha</i> are generally referred to different species	
				liver protecting cholagogue carminative balsamic		Leaves and flowering tops		Infusion, tincture	
				Sedative		Leaves and flowering tops		Infusion, tincture	
				Jaundice					
				Analgesic Fight against scabies		Leaves and flowering tops		Infusion for washing	
				Insect bites				Rubbing	

<i>Mentha pulegium</i> L.	Flayyou	Puleggio	Headache	Stomachic	Aerial part	Flowering	Hydro-	Infusion	4,6,9,10,21,23,25,26,31,48
			gastralgia	Digestive		plant	distillate		
			Aerophagy	Neurotonic	"	Leaves	Essential oil	Locally rubbed	
			Cold	Cold	"		rubdown	Infusion with	
			Antitussive	Antitussive	"		Compresses	honey	
							of essential oil		
							applied on		
							infant navel		
<i>Mentha spicata</i> L.	Naanaa		Migraine		"		Essential oil		10,11,16,19,20, 23,25,26,48
				Mouth and throat inflammations		Leaves	massage on forehead	Infusion as gargling	
			Fever, Flu		Whole plant		Decoction		
			respiratory disorder						
			gastralgia		"		Decoction		
			diarrhea		"				
			Asthma		Leaves		Fumigation		
			Antipyretic	Neurotonic	Leaves	Leaves	Poultice	Maceration in	
			Rheumatism		"		Poultice	olive oil to rub	
			Warts		"		crushed and locally applied		
							Decoction		
			Biliary disorder		Leaves		"		
			belly pains				Decoction in mixture with fennel		
			Flatulence						
			Gastralgia	Gastralgia	Leaves	Leaves	Decoction in mixture with <i>Verbena officinalis</i> L.	Infusion or decoction	
				Anti-diarrheal					
			Menstrual pains	Eupeptic			Decoction in mixture with <i>Thymus</i> sp.		
<i>Mentha suaveolens</i> Ehrh.	Naanaa	Menta	Abscesses		Leaves		Crushed leaves		2,11,19,20,23,
			furunculosis				or decoction (e.u.)		
			Fever		Leaves		Decoction (to rubdown)		
			Tooth ache	Toothache	Leaves		Decoction as mouthwash		
<i>Ocimum basilicum</i> L.	Hbak	Basilico	Headache	Digestive,	Leaves,	Aerial part	Decoction	Fresh leaves	8,9,10,11,3,18, 20, 22, 23,26,34, 38,39,44, 45
			Dermatosis	Stomach ache	flowers		(e.u.)	used as spice	
				Intestinal trouble, aromatic,		Aerial part			
				For insect bites, Lenitive for the skin,				Locally applied rubbing on the skin	
				Mouth and throat inflammations in gingivitis		Leaves		Infusion as gargling or as mouth wash	

			Female sterility	Neurotonic in insomnia and hysteria	Flowers	Aerial part	Decoction for vaginal wash	Infusion		
<i>Origanum majorana</i> L.	Mardqouch	Maggiorana	Antitussive	Antitussive, Aromatizant, digestive Antineuralgic	Leaves Leaves Leaves and Flowers	Leaves and flowering tops	Dried and powdered + Butter + sugar (fasting) Essential oil (e.u.) Decoction Decoction	Infusion Infusion	Mainly used as spice on foods	9,10,11,13,18,19,20, 21,22,23,25,26, 34,44,45,47,48
			cold					Infusion		
			Mucolytic Aperitive Gastralgia Choleretic		Leaves		Infusion Infusion	Infusion		
			Diuretic Dental disorder	Diuretic	Aerial part Aerial part		Fresh leaves applied on teeth Decoction			
			Menstrual pains	Lenitive, antieczchymotic Headache	Leaves	Whole plant Flowering tops		Maceration in oil locally applied Infusion		
<i>Rosmarinus officinalis</i> L.	Klil, iklil	Rosmarino	Liver protector laxative	Cholagogue choleric antilithiasic digestive, eupeptic Anti-diarrhoeic Aromatizing,	Aerial part		Decoction	Infusion, maceration	fresh leaves, used as spice	4,6,8,9,10,11, 16, 18,19,20,21,22, 23,25,26,29,30,31,33, 34,36,37, 38, 39,43, 45,47, 48
			Cold, bechic bronchitis	Antitussive Antiseptic .	Aerial part Aerial part		Decoction with or without <i>Thymus</i>	Infusion		
			Asthma crisis	Antiasthmatic		Flowering tops Leaves and flowers		Infusion		
			Tonic	Fight against perspiration In promoting cutaneous blood circulation In regulating blood pressure	Aerial part Leaves		Decoction Maceration to rub down	Infusion as bath		
			Rheumatism	Rheumatism		Young stem		Infusion		
			Infants buttock erythema	Greasy skin In case of tiredness,	Leaves	Leaves	Powdered and mixed with honey Powdered with honey Powdered (e.u.)	Infusion or maceration in olive oil Maceration in wine as baths		
				For coming ahead abscesses		Stem		Compresses imbued with decoction Infusion		
			Otitis	Cicatrizant, mild Mouth wash	Leaves	Leaves				
			Antipyretic	To stop hair loss and Fight against chilblains	Aerial part	Leaves	Decoction for rubdowning	Alcoholic extract mixed with root of <i>Arctium lappa</i> and leaves of <i>Urtica dioica</i> Cataplasm rubbed on the scalp mixed with olive oil Infusion		
				Stiffneck Antitinea						
			Post-partum	Mild sedative for		Leaves				

			troubles	CNS	Leaves		Hip bath		
			Renal disorders	Diuretic	Leaves	Leaves and flowers	Powder mixed With honey	Infusion Infusion	
<i>Teucrium capitatum</i> L. (= <i>T. polium</i> L.)	Gattabet Iajrah	Canùtola	Cicatrizant	Cicatrizant	Leaves	Flowering tops	Powder or poultice (e.u.)	Infusion to wash little	9,10,11,16,21,25,26
			Cardiotonic	Antiseptic, Antiscorbutic Antipyretic	Leaves		Decoction	wounds Infusion Decoction	
32 Lauraceae									
<i>Laurus nobilis</i> L.	Rand	Alloro, Lauro	Antirheumatic	Antirheumatic	Fruits	Leaves	Decoction	Oil from fruit	Leaves are
				Stomachic, aromatic, carminative	Leaves		(e.u.) or oily extract	Infusion	3,4,8,9,10,11,13, 14, 16,18,19,20, 21,22,23,25,26,36
			Sedative for restless	antiparasitic	Leaves	Fruit Leaves	locally applied		used to aromatize foods
			sleep of infants		Fruit		Distilled water	Fresh leaves put into the rooms for repelling insects	37,38, 43,44,45, 47,48
				Tonic in asthenia and weakness	Leaves	Leaves	Decoction	Infusion or decoction	
			Anal fistula Jaundice	Antiseptic for minor wounds			Decoction (e.u.) Decoction		
				Mouth wash			with honey		
			Expectorant	Expectorant balsamic	Leaves	Leaves	Used as poultice in	Decoction	
			Dermatosis	Scalp dermatosis and dandruff	Fruits	Leaves, fruits	olive oil	Oil from fruit locally rubbed	
				Antipyretic Sedative for abdominal and menstrual pains		Leaves		Infusion Decoction with <i>Matricaria chamomilla</i>	
				Excessive perspiration of feet Haemorrhoids		Leaves Fruits		Decoction as foot bath Maceration in olive oil e.u.	
33 Leguminosae									
<i>Glycyrrhiza glabra</i> L.	Erq Essous, Arab essous, Oud essous	Liquerizia	Asthma, Respiratory affections	Antitussive, Expectorant Emollient, Vulnery cicatrizant	Roots	Roots	Infusion	Decoction	2,4,10,11,21,22, 23,26,27,30, 32, 38,43, 45
			Gastric ulcers (cortisone like)	Sedative for stomach-ache Antiprostatic adenoma Mouth and throat inflammations	Roots		Infusion	Infusion mixing <i>Malva sylvestris</i> , <i>Foeniculum vulgare</i> var. <i>piperitum</i>	
<i>Lupinus</i> sp. pl. In Tunisia only <i>L. micranthus</i> L., <i>L.hirsutus</i> , <i>L. luteus</i>	Termouss	Lupino	Used only as fodder	Hypoglycemic, Antihelmintic. Fight against skin parasites Cosmetic (face mask)	seeds	Seeds Flour from seeds mixed with water	Not specified	Decoction, tincture, extract	Seeds must be warmed before use to deprive them from toxicity
<i>Medicago sativa</i> L.	Fassa	Erba medica	Reconstituent recalcificant antianemic Antihemorrhagic	Reconstituent Antiscorbutic, Eye inflammations		Leaves Fresh leaves		Mainly used as fodder Cataplasm or eye wash	21,22,25,26

Trigonella foenum-graecum L.	Helba	Fieno greco	Reconstituent	Reconstituent	Seeds	Seeds	Powdered seeds	Decoction from	2,5,9,10,11,21,25	
			Antidiarrheal	Dietetic,	Seeds		mixed with water and sugar or	powdered seeds	26	
			Intestinal colic fever	nutrient,						
			Children gastralgia	Expectorant		Seeds	decoction of roasted seeds	Cataplasma from powdered seeds locally applied		
			Bechic		Seeds		Powder of			
			cold	In case of nephritis (lenitive)		Dried seeds	roasted seeds mixed with olive oil	Decoction mixed with Avena seeds		

			Hemostatic	Warts and corns					Juice from cloves or squashed cloves with olive oil locally applied	
			Dental decay		Cloves		Burned and ground with pepper and honey			
			Alopecia		Cloves		To rub on the scalp			
			Vermifuge	Antihelmintic		Cloves			Fresh bulb cloves to be eaten	
				Cholagogue Antiarthritic. antirheumatic					Maceration in petroleum, filtered through a linen then smeared on painful joints	
<i>Asparagus officinalis</i> L.	Sakkoum	Asparago	Diuretic	Diuretic <u>haemorrhoids</u>	Rhizome	Rhizome Shoots	Decoction	Decoction Decoction as wash		6,13,14,21,22,23 26,45, 48
In Italy				Fight against alopecia	Tuber	Tuber		Decoction as shampoo	Toxic plant	8,21,23,
<i>Asphodelus albus</i> Miller	Absent in Tunisia,	Asfodelo Porraccio								
In Tunisia and in Italy										
<i>A. microcarpus</i> Salzm et Viv.(= <i>A. aestivus</i> Brot.= <i>A. infestus</i> Parl.)	Berouag	Asfodelo Porraccio	Earache	Warts and corns	Tuber	Tuber	filled with olive oil for local instillations	Cataplasm of squashed tuber		4,7,10,11,23,25, 32,36,43
				Antirheumatic		Root		Cataplasm from soaked root with olive oil Applied on painful joints		
				Fight against catarrh Cicatrizant		Tuber		Decoction Mashed tuber for rubbing		
<i>Urginea maritima</i> (L.) Baker	Aansal	Cipolla marina	Helps children with back-wardness to walk	Cardiotonic Diuretic Abscesses	Bulb	Bulb	Maceration in oil and local rubbing	Infusion of powdered bulb		6,9,10,11,21,23, 25,26
			Earache		Bulb		Oil from cooked bulb for auricular instillation	Sliced bulb locally applied		
35 Linaceae										
<i>Linum usitatissimum</i> L.	Kettan	Lino	Antitussive	Expectorant	Seeds	Seeds	Poultice of ground and powdered seeds (the same mixed to mustard applied on Thorax)	Cataplasm of boiled powdered seeds Decoction or cataplasm locally applied	The oil from seeds is also used for oil-paint	6,8,9,10,11,13,18, 16,18,20,25,26, 21,22,23, 29,37, 44,45,47,48
				Lenitive for the skin For itching Furuncle						
				Lenitive for intestinal tract		Seeds mucilage		Maceration in water Oil from the seeds		
				Lenitive for haemorrhoids		Seeds		to rub locally		
			Asthma		Seeds		Chewed and swallowed			
			To get easy delivery							

			Measles (before the eruption) Constipation gastritis Impetigo to make gums abscesses to a head	Laxative	Seeds	Seeds	Decoction to drink	Crushed seeds in water	
				Lenitive in phlebitis		Seeds		Compresses soaked in decoction	
36 Malvaceae <i>Malva sylvestris</i> L.	Khobbiza	Malva	Cicatrizant bee or insect stings and bites Furuncles Eyes inflammation Asthma, Cold Anuria, Kidney stones	Emollient , lenitive for the skin Aphtae Mild laxative soothing mouth and throat inflammations Intestinal and urinary inflammation and flatulence Cough Cold	Leaves Leaves and fruit Leaves Aerial parts	Leaves Flowers Leaves	Ground leaves locally applied Fruits mace- ration in olive oil Decoction instilled into eyes (eye salve) Decoction to drink	Infusion as washing or cataplasm from squashed leaves Infusion Infusion as gargling Infusion Infusion	2,3,4,5,6, 7,8,9, 10,11,13,16,18, 19,20, 21,22,23 25,26,28,30,32 34,36,37,38,43 44,45,47,48
			Toothache, gingivitis	Dislocation (sprains)	Fruits		Decoction as mouthwash	Boiled leaves Locally applied	
37 Moraceae <i>Ficus carica</i> L.	Karma (fruit : karmous)	Fico	Haemorrhoids Gastralgia Warts and corns Soothing respiratory diseases Eye leukoma In gums abscesses to ahead	Laxative, anti-inflammatory Antitussive Warts and corns Insect sting In gums abscesses Aphtae Lenitive for haemorrhoids	Dried fruits Dried fruits Latex Leaves Leaves	Fruits Latex Latex Fruits Leaves	Fruits to eaten locally applied Poultice of leaves macerated in olive oil Ground leaves locally applied impregnated in olive oil	Infusion or decoction of fruits boiled in water or in milk Locally applied Split figs boiled in tepid water and locally applied Crushed leaves locally applied	2,4,8,9,10,11,13, 19, 20,21,22,23, 25,26,27,28,31, 36,38,39,44, 45, 47,48
<i>Morus alba</i> L.	Tout abiadh	Gelso bianco	Hemorrhoids Diuretic Eczema	Expectorant, Laxative , astringent, Diuretic Hypoglycemic Antihelmintic	Leaves Leaves Leaves Latex	Fruits Leaves Bark	Decoction to drink Decoction to drink Locally applied	Syrup from squashed fruits Infusion Decoction Decoction	9,10,11,18,19,21,22, 23,24,26
<i>Morus nigra</i> L.	Tout akhal	Gelso	Toothache	see <i>M. alba</i>					see <i>M. alba</i>

38 Myrtaceae

<i>Eucalyptus</i> sp. pl.	Kalatous, Safsaf	Eucalipto	Antitussive	Balsamic, antiseptic of respiratory tract Antiparasitic	Leaves	Leaves	Leaves	Decoction		2,4,8,9,10,11,13, 18,16,19,21,22, 23,26,36,44, 47, 48
			Chilblain Antipyretic	Antipyretic Hypotensive	Leaves	Bark	Compresses imbued with decoction (e.u.)	Decoction	The scent of fresh leaves repels insect	
			Decayed tooth		Leaves		Decoction as mouthwash			
				Hypoglycemic		Leaves, flowers		Decoction	Only in Campania region	
<i>Myrtus communis</i> L.	Rihan	Mirto, Mortella	for soothing ulcers and gastralgia Acute diarrhea Cough and rhinitis Gingivitis	Balsamic, antiseptic of respiratory tract Diuretic Cicatrizant Astringent and anti-hydrotic for feet and armpit	Fresh fruits Flower Fruits	Leaves Leaves	To be eaten or drunk as decoction Decoction Decoction Decoction as mouthwash Locally applied	Infusion Infusion Toasted and powdered leaves are applied locally	To use very cautiously because it may cause poisoning In Sardinia (Italy), the fruits are employed in preparing the home made	4,9,10,11,20,21,22,23 25,26,,36,38,44,45, 48
			Rheumatic pains		Fruit oil					
				Arthritic pains		Stems		Decoction to drink		

39 Oleaceae

<i>Olea europaea</i> L.	Zitouna, Chojret zitoun	Olivo	Constipation Jaundice	Mild laxative cholagogue, cholaretic Anti- atherosclerosis Emollient for the skin Fight against burns	Oil Oil	Fruits	Oil from the fruit to drink Olive oil added to lemon juice to drink Olive oil mixed with egg and orally taken	Oil from the fruit to drink		2,3,4,5,6,7, 8,9, 10,1113,14,16 19,20,21,22, 23, 25,26,27,30,31, 36,37,38, 39,43, 44, 45,47,48
			Treatment of tuberculosis	Vitaminic	Oil					
			Flu, in soothing of chilblains	Fight against gout For hair strengthening	Oil	Leaves Oil		Decoction		
			Hypotensive Otitis	Hypotensive Otitis	Leaves Leaves	Leaves oil	Decoction Imbued leaves in warm olive oil and mixed with salt instilled into ear Leaves sap as ocular drops To be chewed	Decoction Drops of oil into the ear (auricular drops)		
			Trachoma		Leaves					
			Toothache Chapped lips mouth ulcers gingivitis tongue inflammation (glossitis)	Antipyretic	Leaves		Decoction as mouthwash Decoction			

40 Papaveraceae

<i>Papaver rhoeas</i> L.	Bougar'oun	Papavero, Rosolaccio	Epistaxis Tranquillizer Antitussive	Mild sedative Antitussive	Whole plant Whole plant	Petals	Powder (e. u.) Decoction	Infusion	Seeds are used in pastry	2,3,4,7,9,10,11,13 14,18,19,20, 21,
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				Against gastralgia Eye salve for Eyes and eyelids inflammation Toothaches		Petals		Infusion	22,23,25,26,27, 28,29,30, 34,36, 43, 45,48
41 Pinaceae									
<i>Pinus pinaster</i> Ait.	Snouber	Pino marittimo	Antitussive	Balsamic for respiratory tract	Leaves Leaves	Buds	Decoction (e.u.)	Decoction	9,10,16,21,23,25,26, 37,47,48
			Antiseptic			Resin		As cataplasm	
			Antilcerous						
			Cicatrizant	Cicatrizant for minor wounds Painful articulations		Resin		Warmed resin locally applied	
42 Polygonaceae									
<i>Polygonum aviculare</i> L.	Gordhab	Corrigiola, Centinodia	In soothing of gastralgia, intestinal diseases diarrhea Asthma Renal trouble	Astringent, cicatrizant Renal trouble Diuretic	Whole plant Whole plant	Aerial part Aerial part	Decoction 	Infusion Infusion	9,10,11,21,22,23,25, 26,27,30,32,37,45, 48
In Tunisia									
<i>Rumex tuberosus</i> L.	Hommidha, Hommidh	Absent in Italy	Carminative Asthma, antitussive	-	Whole plant	-	To be eaten fresh	-	10
<i>R. aristidis</i> Coss	Hommidha	Absent in Italy	jaundice aerophagy		roots Aerial part		Aqueous macerate Internal use		9
<i>R. crispus</i>	Snanoun		astringent		roots		Not specified		25, 26
In Italy <i>R. acetosa</i> L. and <i>R. acetosella</i> L.		Acetosa Acetosa minore	Jaundice	Cholagogue Antiscorbutic Diuretic Mild laxative Depurative Anti arthritic Remineralizant	Roots	Leaves and stems Young plant Leaves	Maceration	To be eaten fresh Infusion Infusion Infusion	22,23,36, 48
43 Portulacaceae									
<i>Portulaca oleracea</i> L.	Blibcha, Bendlaqa	Porcellana, Porcacchia	Flatulence	Emollient Diuretic Antiscorbutic Anti- inflammatory of intestinal tract Anti-pyretic Antihelminthic Gums inflammation	Whole plant	Leaves and juice Leaves Juice from fresh plant Whole plant Aerial part	Fresh poultice applied on belly	To be eaten raw as salad To assume Infusion Infusion as gargling	10,11,2518,19,21, 23,38
44 Primulaceae									
<i>Samolus valerandi</i> L.	Oudhina	Not specified	Otitis	Antiscorbutic Gastralgia Cholagogue Vulnerary	leaves	Whole plant	Ground and added to olive oil Warmed, then drops instilled into ear	The ash from the fresh plant melted in water The ash locally applied	9,10,21,23,
45 Punicaceae									
<i>Punica granatum</i> L.	Romman	Melograno	Gastric ulcers Gingivitis	Antihelminthic, Thirst quenching (seeds) Gingivitis pyorrhea	Fruit bark Fruit bark	Bark of the root, stems, peel, seeds Bark of the root, stems,	Decoction from dried bark decoction as mouthwash	Decoction Decoction	10,11,13,19,20, 21,22,23,25,27, 29,37,45,48

				Antitussive		Juice of ripe fruits		Decoction		
				Hemostatic		Bark				
				Antipyretic		Juice of unripe fruits				
				Diarrhoea	Diarrhoea	Fruit bark	Fruit peel	Decoction from dried bark	Decoction	
				Hypoglycemic		Fruit		Decoction		
				Hypotensive						
				Arthritic pains		Fruits			Decoction	
46 Rafflesiaceae										
<i>Cytinus hypocistis</i> (L.) L.	Daghmous	Mugghigno	Auricular diseases	Astringent hemostatic	Leaves	Juice of fresh plant locally applied	Exudate from warmed fresh leaves as ear drops			5,10,21,25
47 Ranunculaceae										
<i>Clematis flammula</i> L. and <i>Clematis vitalba</i> L.	Nar barda	Fiammola	In soothing of rheumatic pains	Revulsive in rheumatic pains (squashed fresh young stem locally applied can cause skin ulcers) vein ulcers and furuncles	Aerial parts	Leaves	crushed and applied not directly on painful joint	Infusion	Only external use. Young leaves and buds are smoked as tobacco substitute. Young stems can be boiled omelettes	7,8,9,10,11,13,21, 22,23,45, 47,48
		Vitalba				Leaves		As wash for e.u.		
				Antiodontalgic Headache		Stems Aerial parts		Compresses imbued with decoction (e.u.)		
<i>Nigella damascena</i> L.	Sinouj, Habba souda	Fanciullaccia	Cardiac analeptic Mucolytic Rheumatism Gastric ulcer Trachoma	Diuretic Carminative Emmenagogue	Seeds	Seeds	Powdered seeds mixed with honey (internal use)	Infusion	In Italy it is less used than the <i>N. sativa</i> L.	7,9,10,23,25,26
					Seeds		Powdered seeds mixed with honey			
					Seeds		Decoction			
					Seeds		Powdered seeds mixed with vinegar or decoction as mouth wash			
					Seeds		fumigation			
In Italy:	Absent in Tunisia	Ranuncolo		Revulsive in rheumatic and arthritic pains (e.u.) can cause skin ulcers	Whole plant	Green parts	Decoction (e.u.)	Only external use	Toxic plant Other species of <i>Ranunculus</i> are also used in Italy	7,21,23,45
<i>Ranunculus bulbosus</i> L. and <i>R. bulbosus</i> subsp.										
In Tunisia :										
<i>R. macrophyllus</i>	Kaf jrana	Absent in Italy	Dermatosis Bronchitis	-	Leaves Whole plant	-	Not specified Poultice (e.u.)	-		9,10,11
48 Resedaceae										
<i>Reseda alba</i> L. (= <i>R. suffruticulosa</i> L.)	Baasous khrouf	Reseda	Eye inflammation Ocular leukoma	Eye inflammation Lenitive for the skin	Leaves	Leaves	Drops of the decoction as eye salve or chewed leaves locally applied or	Compresses Imbued into decoction Leaves locally applied	Mainly used in Italy in perfumery	10,25, 45

								chewed and squeezed leaves instilled in drops		
<i>Reseda luteola</i> L.	Baasous khrouf	Guaderella, Biondella	Children's diarrhea colic Fight against poisoning	Diaphoretic Diuretic	Leaves	Flowering tops	Infusion	Infusion		11,21,23,25
49 Rhamnaceae										
<i>Rhamnus alaternus</i> L.	Oud el Khir	Linterno	Jaundice	Jaundice (use known only in Sardinia region) Drastic purgative	Aerial parts	Young stems	Decoction	Fumigation to inspire	For its strong action it must be associated with <i>Malva sylvestris</i> and . <i>Althaea officinalis</i>	5,8,10,11, 21,23, 25,26
						Fruits		Infusion		
50 Rosaceae										
<i>Prunus persica</i> (L.) Batsch	Khoukh	Pesco	Otitis	Vitaminic	Fresh leaves	Fruits	Decoction or sap from squeezed	To be eaten	Mainly alimentary use in Italy	9,10,22,23,26, 38,48
				Antitussive		Flowers	fruit	Decoction		
			Hypotensive	Diuretic	Leaves		Decoction	mixed with milk		
			Purgative for children	Laxative		Fruits	Decoction as syrup	To be eaten		
<i>Rosa canina</i> L.	Nesri	Rosa di macchia	Fight against asthenia Cardiac analeptic	Astringent, tonic and lenitive for the skin Antitussive Antiscorbatic Hemorrhoids	Flowers	Petals still in buds	Distilled water (with or without egg)	Maceration	In the past hips were collected as source of vitamin C	3,9,10,11,18,22, 21,23,25,26,38, 39,45,48
				Bladder stones		Flowers		Infusion or decoction		
						Leaves		Infusion		
<i>Rosa gallica</i> L.	Ward	Rosa rossa	Ocular diseases	Antiscorbatic Tonic Laxative	Flowers	Cynorrhods	Distilled water as		They are still used in homemade syrups, jams	10,20,21,22,23,25 26,44
						(hips)	eye salve or imbued			
							compresses locally applied			
			Purgative To make abscesses come ahead		Petals Petals		Decoction Petals boiled in salted water and mixed with olive oil			
<i>Rubus ulmifolius</i> Schott.	Alliq, Tout el alliq	Rovo	Headache Burns	Astringent, antidiarrhoeic lenitive for the skin	Leaves	Leaves, fruits	Poultice from ground leaves	Infusion		2,3,4, 7,8,10,11 13,16,20, 21,23,25,30, 31,32,34,37 39,44,45, 47,48
			Gingivitis aphtae angina	Hypotensive		Leaves	Decoction as mouthwash or gargling	Decoction		
				Antiscorbatic Diuretic		Roots		Decoction		
				In nephritis and prostatitis		Leaves				
				Mouth wash		Fruits		Decoction		
				Thirst quenching						
				Hypoglycemic		Roots				
				Antitussive Throat inflammations						
				Bronchial catarrh		Bark		Decoction		

51 Rutaceae

<i>Ruta graveolens</i> L.	Fijel	Ruta	Children	Antiparasitic	Leaves	Leaves	Decoction	Infusion,	Toxic plant	
<i>R. angustifolia</i> Pers.			gastralgia	Abortive				maceration	The leaves are used to aromatize spirits	2,5, 6,8,9,10,11,
and <i>R. chalepensis</i> L.			profuse diarrhoea with vomit	Protecting blood vessel , antieccymotic		Aerial part		(rarely used)		13,16,18,19,20,
								Compresses imbued with decoction	Stems and leaves are put into rooms	21,22,23,25,26,
				Toothache		Stem		Locally applied	infested by mice and flees to repel them	27,29,31,36, 37,
				Digestive		Whole plant		tincture or medicated wine		38,39,43,45,47,
						Fresh plant		Maceration in water		48
			Hypotensive Emmenagogue Antihelmintic	Hypotensive Emmenagogue Antihelmintic		Fresh plant		Infusion		
						Leaves		Infusion		
						Leaves				
						Root		Decoction		
			Fight against infants aerophagia Antitussive	(use known only In Sardinian region)	Leaves		Eaten by feeding mother			
			Headache Rhinitis	Headache	Leaves	Fresh plant	Poultice from squashed leaves locally applied	Distilled in water		
				Eye trouble		Leaves		leaves are chewed and the breath is spayed into the eye		
				Cicatrizant Urinary troubles , gall stones Abscesses		Fresh plant		Juice on wounds Decoction		
						Leaves		Crushed with Olive oil e.u.		
<i>Ruta montana</i> (L.) L.	Fijel el jebel	Ruta finocchina	Rheumatism	Emmenagogue abortive Hypertensive Antalgic antiinflammatory	Roots or leaves	Leaves	Maceration in olive oil to rub on painful joints Drops from maceration in olive oil to rub or instilled into ear	Infusion		10,11,21,25,26,
			Otitis and ear pain		Leaves			External use		
52 Scrophulariaceae										
<i>Verbascum sinuatum</i> L.	Saleh landhar, Mosleh landhar	Verbasco, Tasso barbasso	Ocular diseases	Psoriasis	Flowers	Aerial part	The sap from triturated and squeezed flowers then filtered Used as eye salve drops	Decoction evaporated the filtered cataplasm of crushed leaves	About this peculiar use known only in Sicily see in the text	3,9,10,11,13,19, 21,22,25,26,27,28 32,45,47, 48
				Hemorrhoids To wash infected wounds Lenitive for the skin Antiasthmatic		Dried leaves		Leaves Infusion	In Sardinia leaves are ground with olive or castor oil, or boiled	
53 Solanaceae										
<i>Capsicum annum</i> L.	Felfel	Peperoncino	Otitis	For digestion stimulation Antiscorbutic	Fruit (red)	Raw fruits	Maceration in olive oil as ear drops	To be eaten		2,9,10,11,13,19, 20,23,26,38,39,44, 45,47,48
			Headache	Hemorrhoids Alopecia	Fruit		Dried powder soaked in	Tincture Cataplasm	mixed with food to	

			Rheumatism	Rheumatism	Fruit		olive oil Maceration in water (e.u.)	from fresh or dried crushed fruit mixed with olive oil	give flavour	
			Cattle and sheep trachoma		Fruit		Dried powder applied in eyes			
				Hypotensive		Fruits		To be eaten as condiment		
				Chilblains				Boiled fruits		
				Dandruff and hair loss		Fruits		Locally applied Tincture		
<i>Lycium europaeum</i> L.	Aoussej, Sakkoum	Licio, Spina- christi	Weeping eczema	Antispasmodic Antihydrotic	Fresh leaves	Leaves collected before flowering Leaves	Decoction (e.u.)	Infusion		2,4,10,11,21,23, 25,26,
				Boils Foot pains				Squashed leaves Decoction as Foot bath		
<i>Lycopersicum esculentum</i> Mill.	Tmatem	Pomodoro	Hypotensive Furuncle	Vitamins Antiarthritic Laxative	Leaves Fruit	Fresh fruits Leaves	Decoction Decoction locally applied	To be eaten Infusion		2,4,10,18,19, 22,37,45,48
				Insect bites (wasp and bees)		Fruits		Squashed to apply locally		
				Renal stones		Fresh leaves		To be drunk		
<i>Solanum nigrum</i> L.	Tmatem kleb, Tmitma Aneb edhib,	Erba morella	Eczema, erysipelas	Hemocathartic In painful joints and sciatic nerve diseases	Fruit	The whole plant	Sap from the squashed fruit locally applied			2,9,10,11,20,21, 22,23,25,26,34, 36,48
			Burns	Fight against itching due to hemorrhoids	Whole plant	Fresh leaves	Poultice	Poultice locally applied		
				Tooth ache		Fruit juice		Fumigations with A burning gauze Previously soaked with the juice of the fruits		
				Sedative of trouble of Respiratory tract		Whole plant		Infusion		
54 Tamaricaceae										
<i>Tamarix gallica</i> Poir.	Terfa	Tamerice	Conjunctivitis	Astringent Diaphoretic	Whole plant	Bark	Fumigation of burned plant	Decoction		9,10,21,25,45
			In gastralgia soothing Bee stings	Diuretic Laxative Antipyretic	Leaves	Leaves	Decoction	Decoction		
			Tonic, fight against diarrhoea		Leaves		Maceration in water			
					Stem bark		Decoction			
55 Thymeleaceae										
<i>Daphne gnidiun</i> L.	Zez	Erba corsa	Jaundice	Hemocathartic	Stem bark	Bark before flowering	Fumigations	Decoction		6,7,8,9,10,11,21, 23,25,26, 45
				Diaphoretic Revulsive, vesicatory				Locally applied To be used cautiously given its toxicity		
				Rheumatic pains		Bark		Poultice (e.u.)		

56 Umbelliferae

<i>Ammi visnaga</i> (L.) Lam.	Nounkha, Noukha khella	Visnaga	Diuretic, Nephro- lithiasis	Diuretic dilating coronary vessel, Typhoid fever spasmolytic	Whole plant Whole plant	Ripe fruits	Decoction	Infusion, Extract, powder	9,10,11,21,25,26
<i>Anethum graveolens</i> L.	Chebt	Aneto	Diuretic, lithotriptic Carminative, stomachic Galactogenous	Aperitive Carminative	Fruit	Fruits	Decoction	Infusion	9,10,11,21,25,26
<i>Anthriscus sylvestris</i> (L.) Hoffm.	Kochbor	Cerfoglio selvatico	toxic	Diuretic	Not used	Aerial part		Abandoned for its toxicity	9,10,21,25,26
<i>Apium graveolens</i> L.	Klafes	Sedano	Chilblains Measles	Aperitive carminative diuretic, uterotonic Antiscorbutic, expectorant Antihelmintic Lenitive for sores and bruises	Aerial part Aerial part	Fruits and leaves Aerial part Leaves Leaves Roots Fresh minced Leaves	As footbath Ointment mixed with goat grease	Infusion Infusion Decoction Locally applied	2, 10,11,13,14,18, 21,22,23,25,26,29, 32,33,34,37,38,45, 48
<i>Carum carvi</i> L.	Karwiyya	Cumino dei prati	Antispasmodic carminative heart analeptic Rheumatism galactogenous Gastralgia Infants enuresis	Antiseptic for the skin For stimulation of peripheral blood circulation Uterotonic Locally applied promotes milk secretion For stimulation of gastric secretion	Fruits Fruits Fruits Fruits	Fruits Fruits Fruits	Decoction	Infusion Infusion	9,10,11,21,25,26
<i>Coriandrum sativum</i> L.	Tabel	Coriandolo	Gastralgia Areophagy	Digestive Carminative aromatizant for foods	Fruits Fruits	Fruits Raw fruits	Powder Decoction	Tincture, Infusion Powder	10,11,21,22,23,25,26
<i>Cuminum cyminum</i> L.	Kammoun	Cumino	Intestinal colic gastralgia, Infant's areophagy Contraceptive Abortive	Carminative Digestive diuretic bitter tonic Infant's catarrh	Fruits unripe fruits unripe fruits	Ripe fruits Fruit	Decoction To be eaten To be eaten mixed to <i>Juniperus communis</i> pseudofruit	Decoction Fumigations with fruits mixed with honey	In preparing liqueurs 9,10,11,21,23,25,26
<i>Daucus carota</i> L.	Sfennaria	Carota	Chilblains Orchitis Aphrodisiac	Source of provitamine A Antidiarrheal Carminative Expectorant, cough Bronchitis Loss of voice Lenitive for burns and sores	Leaves Root Seeds	Root Root Seeds Juice from roots Leaves Root pulp	Decoction as footbath To be eaten	Eaten raw or as vegetable Infusion Juice to assume mixed with honey Infusion of Powdered leaves Poultice from grated pulp	3,4,6,9,10,11,18, 19, 20,21,22,23, 25,26,34,36, 38,43,47,48

				Furuncles		Root		Ointment from squashed root locally applied to come ahead	
<i>Foeniculum vulgare</i> <i>ssp .vulgare</i> . Miller	Besbes	Finocchio	Infant's areophagy gastralgia antidiarrheal,	Carminative, digestive gastric acidity	Fruits	Fruits leaves Fruits	Decoction	Infusion To be eaten	2,4,9,10,11,13,14, 16,18,19, 20,21,22, 23,25,26,30,31,34, 36,38,43, 44,47,48
and <i>F.v. ssp. piperitum</i> (Ucria) Couthino		Finocchio selvatico		Fight against hiccup Antihelmintic		Roots		Decoction	
			Dysuria galactogenous	Expectorant Diuretic Antirheumatic Emmenagogue Fight against hydropsy	Fruits	Root Leaves	Decoction	Infusion Decoction	
						Leaves		Distillate from infusion	
				Swollen eyes		Fruit		Compresses imbued with infusion	
<i>Petroselinum</i> <i>crispum</i> (Mill.) Fuss.	Maadnous	Prezzemolo	Diuretic , dysuria renal stones nephritic colic	Diuretic Source of vitamine C emmenagogue abortive Antiechymotic	Leaves	Fresh leaves Fruits Whole plant Root	decoction	 Illegal use Squashed and mixed with vinegar	9,10,11,16,18,20,21, 22,25,26,34, 37, 38, 44,45,47, 48
			Stops onset of lactation Insect bites	For stopping milk increasing insect bites	Leaves Leaves	Leaves Leaves or juice Aerial part	Crushed leaves rubbed on breast	Cataplasm Rubbed on the skin	Abandoned in Italy for its toxicity
				Antiechymotic				Decoction in vinegar	
				Eye inflammations		Juice from the fresh plant	Fresh leaves locally rubbed Decoction mixed to cherry stem (« queue de Cerise ») and maize stigma	Instillations	
			Gonorrhea		Leaves				
				Antirheumatic Mild laxative for children Headache		Leaves Flowering tops Fresh leaves		Maceration in Crushed in olive oil Squashed and Locally applied	
<i>Pimpinella anisum</i> L.	Habbet	Anice	Antipyretic	Digestive	Fruits	Fruits	Decoction	In preparing	9,10,11,18,20,21,23,
.	hlawa		Gastralgia	Antispasmodic			Decoction	liqueurs	26,38,44,48
			Galactogenous	For increasing milk secretion Antiasthmatic		Inflorescence Fruits		Decoction Infusion	
<i>Thapsia garganica</i> L.	Deryes, bou nefaa	Tapsia	Revulsive in rheumatic pains	Revulsive in lumbago and rheumatic pains	Aerial part	Roots	warmed leaves mixed with oil	Only e.u. can cause severe rash	9,10,11,21,23,25,26,
			Abscesses				Locally applied		
57 Urticaceae									
<i>Urtica</i> sp. pl.	Horriqa	Urtica	Anuria , enuresis nephrolithiasis Chilblain,	Diuretic , soothing for the intestinal tract Antigout antirheumatic	Whole plant	Leaves Leaves	Decoction	Infusion	2,3,4,6,9,10,11,13, 14,16,18,19,20, 21,22,25,26, 23, 30,32,3436,37,38,

				Haemostatic Hemorrhoids Gallstones Source of Fe Blood depurative For hair strengthening Fight against dandruff Cutaneous rash, eczema Antigout Menstrual pains		Leaves		Infusion Decoction	39,44,45,47, 48
58 Verbenaceae									
<i>Verbena officinalis</i> L.	Tronjia	Verbena	Cold Headache Antipyretic Intestinal colic Gastralgia Tranquillizer	Diuretic bitter tonic Anti-diarrheal Intestinal colic	Leaves	Flowering plant	Decoction, infusion	Infusion	9,10,11,13,19,20, 21,22,23,25,26, 27,30,37,39, 44, 45, 48
				Emmenagogue Anti-rheumatic For lumbago and neuralgia		Fresh plant Leaves		Mildly warmed Crushed and locally applied	
				Cicatrizant		Whole plant		Decoction (e.u.)	
59 Vitaceae									
<i>Vitis vinifera</i> L.	Enba, Dalia	Vite	Antiseptic	Tonic, astringent Diuretic	Fresh leaves	Leaves	Ground and applied on wounds	Locally applied	Both red or white wine has many properties acknowled ged by the official medicine
			Epistaxis Uterine hemorrhage	Rheumatism, arthritis sciatic nerve pains	Leaves Leaves	Skin of pressed grapes	Decoction Decoction		5,8,9,10,13,18, 19,20,21,22, 23,25, 26,36,38,47,48
			Constipation Ocular diseases	As eye salve In regulating blood capillary vessel circulation	Leaves Green branches	Sap Leaves	To be eaten Sap as eye salve	Decoction (e.u.)	
				Hemorrhoids Veins ulcer Chilblains Hemostatic cicatrizant Herpes zoster (use known only in Sardinia region)		Dried leaves "Sapa" (=boiled must)		Powdered and locally applied Sapa mixed with warmed and "scetti" (=a sort of wheat typical meal of Sardinia)	
60 Zygophyllaceae									
<i>Peganum harmala</i> L.	Harmel	Armel	Rheumatism of lower limbs	Anti- Parkinson	Fresh whole plant also seeds or root ground to powder	Seeds	Decoction as footbath	Not specified	9,10,11,21,25,26
			Rheumatism of lower limbs		Seeds ground to powder		Powder boiled in olive oil to massage or to rub, alternatively	Side effects: hallucinati on	
			Anuria and dysuria		Seeds ground to powder		powder mixed with honey and taken per os		
			Backpain (lumbago)		Seeds		Slightly roasted and		

Hypotensive
Hypoglycemic
Purulent
conjunctivitis
Blepharitis
Eczema
Antipyretic
cold
Inflammation of
oral hollow

Seeds
Seeds
Whole plant
dried and
ground to a
powder
Leaves

ground to
a powder
added to
honey
and taken
per os

Locally
applied

Decoction

Decoction
as gargling

- e.u. : external use
- The common uses are pointed in bold
- The boxes rimed in bold point the very interesting uses