

Program Attributes

Resources-staffing levels, funds, space, training resources

Staff-smoking status, training, adaptability to new approaches

Climate-mission/goals related to tobacco & health, role overload, openness to change

Readiness-perceived need and pressure to, treat smoking



Program Interventions

Ask- identify smokers and record smoking status

Advise- advise patients to quit

Assess- readiness to quit, screen for past mood/anxiety disorders, discuss history of quit attempts, symptoms

Assist- patients to quit with group/individual counseling or classes, pharmacotherapy, referral to outside agency for treatment, proactive therapy for past major depression

Arrange- follow up to monitor tobacco use, drug craving, depression/anxiety or other emergent symptoms

Avoid- undermining quit attempts or interest in quitting



Office Systems

Records- Have place(s) to document smoking status/progress in clinical record

Reminders- Use stickers, checklists, flow charts to ensure treatment/follow-up

Protocols- Provide written guides for how to treat tobacco dependence

Policies- Have and enforce indoor/outdoor smoking rules for patients/staff

Tools- Provide/facilitate access to pharmacotherapy, support, materials



**Quality of
Care for
Tobacco
Dependence**