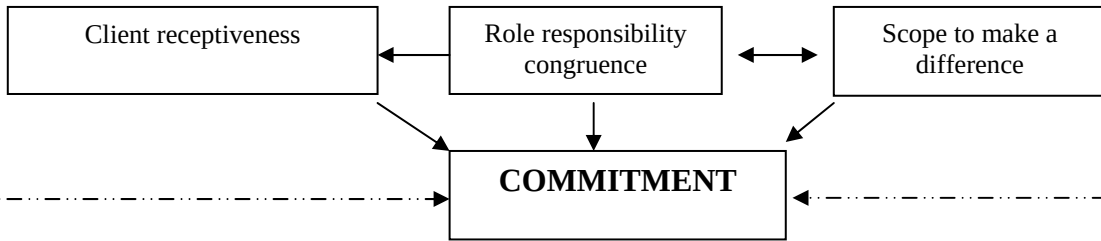
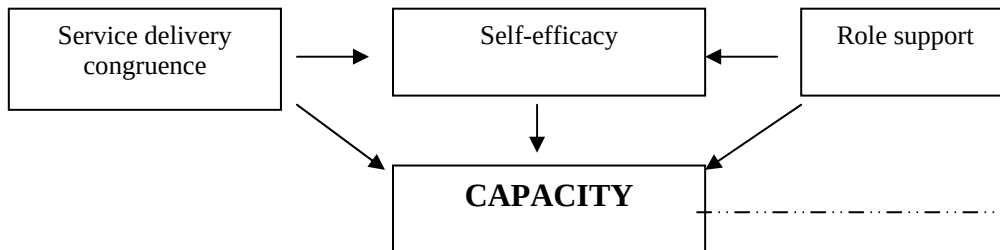


SHOULD I Address lifestyle risk factors?

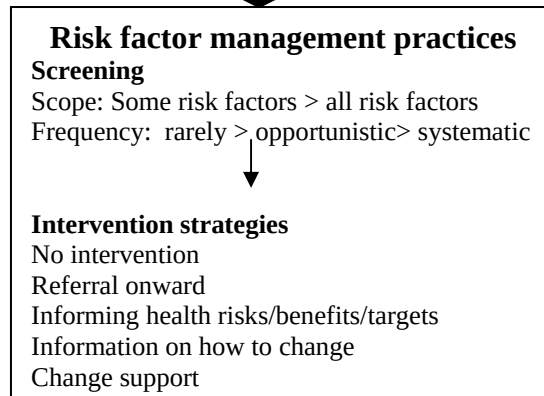
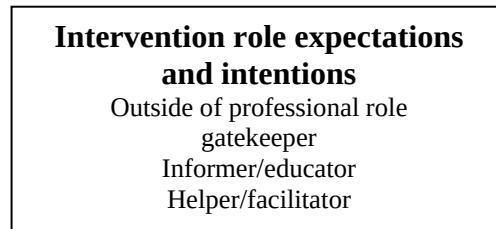


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HOW CAN I address lifestyle risk factors?



How WILL I intervene?



Is It WORTH it?

+/- Reinforcement

Weighing up benefits and costs