

Patients' symptom presentation

Class 1 Symptoms only

Class 2 Symptoms with a clue

Class 3 Symptoms with an explicit expression of concern

- Direct question
- Fear of a specific disease
- Statement of worry or uncertainty

Subclass 2A Objectify the concern

Subclass 2B Justify the concern

Relating to Cause

- Medical
- Psychological/ Social

Relating to Solution

- Self-medication
- Way of living
- Other self-treatment
- Request investigation or treatment

Convince

- Presentation in syndromal pattern
- Vividly describe or exaggerate symptoms

Explanation

- Personal / family story
- Medical history

Normalisation

- Normalise own symptoms
- Request for normalisation

Denial

Projection

- Surroundings
- Medical professional, no doctor
- Doctor

Unrelated subject

- Seemingly explicit concern , real concern remains hidden