

Assessment for eligibility
119 patients
(n=183 hands)

Excluded (n=28)
25 were ineligible
3 refused to participate

Allocated to linseed group
Received allocated intervention
(n=76)
Did not receive linseed (n=0)

Allocated to placebo group
Received allocated intervention
(n=79)
Did not receive placebo (n=0)

Lost to follow-up (2 migration, 8
personal causes, 1 no contact
detail) (n=11)
Discontinued intervention
(underwent surgery) (n=1)

Lost to follow-up (9 personal
causes) (n=9)
Discontinued intervention
(symptomatic worsening) (n=2)

Included in Analysis (n=64 hands)

Included in Analysis (n=68 hands)