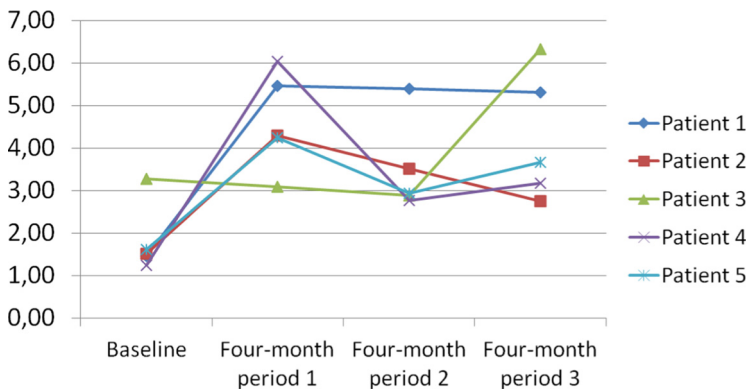


# IGF-1 levels (ng/ml)



|               | Baseline        | Four-month period 1 | Four-month period 2 | Four-month period 3 |
|---------------|-----------------|---------------------|---------------------|---------------------|
| Mean $\pm$ SD | 1.82 $\pm$ 0,83 | 4.62 $\pm$ 1,15     | 3.51 $\pm$ 2,61     | 4.24 $\pm$ 1,52     |
| n             | 5               | 5                   | 5                   | 5                   |
| CI (95%)      | 1.09–2.54       | 3.61–5.62           | 1.23–5.79           | 2.91–5.57           |