

Enrollment

Assessed for eligibility (n= 163)

Excluded (n=7)

- ◆ Not meeting inclusion criteria (n=7)
- ◆ Declined to participate (n=0)
- ◆ Other reasons (n=0)

Randomized (n=156)

Allocation

Allocated to intervention (n=79)

- ◆ Received allocated intervention (n=79)
- ◆ Did not receive allocated intervention (n=0)

Allocated to intervention (n= 77)

- ◆ Received allocated intervention (n=77)
- ◆ Did not receive allocated intervention (n=0)

Follow-Up

Lost to follow-up (n=5)

Discontinued intervention (3 persons moved to another city and left the study and 2 persons rejected the follow up)

Lost to follow-up (n=9)

Discontinued intervention (6 persons moved to another city and left the study and 3 persons rejected the follow up)

Analysis

Analysed (n=74)

- ◆ Excluded from analysis (n=0)

Analysed (n=68)

- ◆ Excluded from analysis (n=0)