

107 of records identified through database searching:

- 45 Pubmed
- 25 Cochrane
- 32 Embase
- 5 Cambase

2 of additional records identified through other sources

57 of records after
duplicates removed

- 20 of records excluded
- 7 not BT/HT/FMS
 - 2 different outcome
 - 2 review
 - 4 no control group
 - 4 not randomized
 - 1 multimodal therapy

37 of full-text articles assessed
for eligibility

- 7 of full-text articles excluded
- 4 insufficient data
 - 3 not main comparison

30 of *articles* included in
qualitative synthesis

- 2 reporting follow-up data
- 4 multiple publication on the
same sample, but different
outcome measures

24 of *studies* included in
qualitative synthesis
12 on balneotherapy
12 on hydrotherapy

2 of full-text articles excluded:
insufficient raw data

1 of full-text articles excluded:
insufficient raw data

Balneotherapy

10 of studies included in
quantitative synthesis
(meta-analysis)

Hydrotherapy

11 of studies included in
quantitative synthesis
(meta-analysis)