

Table S6. Association Between LE8 and Frailty Status.

Group	OR (95% CI)	p
Non-frail		
LE8		
Low	—————	/
Moderate	1.74 (1.42, 2.14)	<0.001
High	3.62 (2.78, 4.72)	<0.001
Pre-frail	1 (reference)	/
Frail		
LE8		
Low	—————	/
Moderate	0.47 (0.37, 0.59)	<0.001
High	0.30 (0.18, 0.48)	<0.001

LE8, life's essential 8. Non-frail was defined as a frailty index ≤ 0.10 ; pre-frail was defined as a frailty index from >0.10 to <0.21 ; frail was considered when the frailty index ≥ 0.21 .

A survey-weighted multinomial logistic regression model was fitted (pre-frail as the reference). Adjusted for age (continuous), sex, race and ethnicity, education levels, marital status, poverty income ratio (continuous), and cancer.