

Supplementary Table S1. Baseline characteristics of participants lost to follow-up and included in the analysis (after excluding those with baseline hypertension)

Variable	Lost to follow-up (n=7918)	Included in analysis (n=9073)	Standardized difference (95% CI)	P-value
Waist-to-height ratio	0.54 ± 0.08	0.53 ± 0.08	0.03 (-0.02, 0.08)	0.250
Age, years	59.97 ± 9.42	59.62 ± 9.36	0.04 (-0.01, 0.08)	0.120
Triglycerides, mg/dL	135.89 ± 109.58	134.34 ± 111.47	0.01 (-0.02, 0.05)	0.458
Total cholesterol, mg/dL	192.59 ± 39.22	193.45 ± 38.73	0.02 (-0.03, 0.07)	0.362
HDL cholesterol, mg/dL	50.73 ± 15.29	50.91 ± 15.34	0.01 (-0.03, 0.05)	0.527
LDL cholesterol, mg/dL	115.57 ± 35.25	116.43 ± 34.92	0.02 (-0.02, 0.07)	0.311
HbA1c, %	5.28 ± 0.79	5.27 ± 0.83	0.02 (-0.03, 0.07)	0.447
Glucose, mg/dL	111.35 ± 40.58	110.17 ± 36.20	0.03 (-0.02, 0.08)	0.189
Physical activity, n (%)			0.03 (0.00, 0.06)	0.334
Never	333 (4.21%)	415 (4.57%)		
Seldom	939 (11.86%)	1148 (12.65%)		
Sometimes	1059 (13.37%)	1167 (12.86%)		
Often	751 (9.48%)	851 (9.38%)		
Almost every day	4836 (61.08%)	5492 (60.53%)		
Living place, n (%)			0.06 (0.01, 0.10)	0.020
Rural	1858 (87.56%)	8089 (89.32%)		
Urban	264 (12.44%)	967 (10.68%)		
Education, n (%)			0.07 (0.03, 0.12)	0.007
Elementary or below	1432 (67.42%)	6337 (69.94%)		
Middle/High/Vocational	644 (30.32%)	2589 (28.58%)		
College and above	48 (2.26%)	134 (1.48%)		
Marital status, n (%)			0.07 (0.02, 0.12)	0.002
Unmarried	420 (19.75%)	1539 (16.98%)		
Married	1707 (80.25%)	7526 (83.02%)		
Sex, n (%)			0.02 (-0.03, 0.07)	0.455
Male	991 (46.55%)	4300 (47.45%)		
Female	1138 (53.45%)	4763 (52.55%)		
Health insurance, n (%)			0.19 (0.15, 0.24)	<0.001
None	119 (5.65%)	520 (5.75%)		
NCMS	1506 (71.44%)	7132 (78.86%)		
Other government	36 (1.71%)	118 (1.30%)		
Other types	447 (21.20%)	1274 (14.09%)		
Smoking status, n (%)			0.03 (-0.00, 0.06)	0.188

Variable	Lost to follow-up (n=7918)	Included in analysis (n=9073)	Standardized difference (95% CI)	P-value
Never	4727 (60.06%)	5426 (60.00%)		
Former smoker	2940 (37.36%)	3343 (36.96%)		
Current smoker	203 (2.58%)	275 (3.04%)		
Drinking status, n (%)			0.01 (-0.02, 0.04)	0.836
Never	5279 (67.12%)	6031 (66.70%)		
Former drinker	614 (7.81%)	720 (7.96%)		
Current drinker	1972 (25.07%)	2291 (25.34%)		

Footnotes :

Physical activity: Never, Seldom, Sometimes, Often, Almost every day.

Living place: Rural or Urban.

Education: Elementary or below, Middle/High/Vocational, College and above.

Marital status: Unmarried (including single/divorced/widowed), Married.

Health insurance: None, NCMS (New Cooperative Medical Scheme), Other government, Other types.

Smoking status: Never, Former smoker, Current smoker.

Drinking status: Never, Former drinker, Current drinker.