

Risk of adult falling form (translated from Chinese)		
Total point of 5 indicating high risk of falling.		
Category	Point	Status
Activity and mobility	0 1	☐ Normal ☐ Difficulty balancing ☐ Unsteady gait ☐ Use of mobility aid ☐ Poor muscle in the lower limbs
Use of medications that increase risk of falling	0 1	☐ No ☐ Yes
History of fall	0 2	☐ No ☐ Experienced a fall within one year
Dizziness or weakness condition	0 2	☐ No ☐ Feeling vertigo, dizzy, or weak within one week
Use of tube or monitoring system	0 1	☐ No ☐ IV ☐ CVP ☐ Chest tube ☐ Foley ☐ Oxygen ☐ Physiologic monitor ☐ Infusion pump ☐ EKG ☐ Others
Frequently getting out of bed to go to the toilet or need assistance to go to the toilet	0 2	☐ No ☐ ≥ 10 times per day (including pee or poo) ☐ Diarrhea (≥ 3 passages per day) ☐ Nocturia ≥ 2 times per day ☐ Feel like going to the toilet more frequently than before hospitalization ☐ Need assistance to get out of bed to go to the toilet