

Supplementary material 3

Box 1. Medication communication template

Plan: Information on the plan and agreements concerning medication changes

Observation: Information to the staff on important observations, including:

- Symptoms: e.g. withdrawal or relapse symptoms when deprescribing medication or potential adverse drug reactions if new medication is prescribed.
- Monitoring: e.g. weight, blood pressure, including when and how often.

Follow-up: Agreements concerning follow-up