

Weight Video Review

Study ID

Coder

Length of encounter (Minutes and the fraction of a minute)

(Calculate this from the time the clinician comes into the room till the clinician leaves.)

Was weight referenced during the clinical encounter at least once?

- ☐ Yes - in relation to diabetes and BG control
☐ Yes - in relation to diagnosis of overweight or obesity
☐ Yes - in relation to other diagnoses
☐ Yes - in relation to overall health
☐ No

Answer the following set of questions if you responded yes to "Yes - In relation to other diagnoses"

Please choose all that apply for other diagnosis:

	Yes	No
Pain	☐	☐
Arthritis	☐	☐
Hypertension	☐	☐
Sleep apnea	☐	☐
ASCVD	☐	☐
Mood disorder	☐	☐

At what time mark was weight mentioned?

(Make sure to adjust for time at beginning of video if the clinician comes in a few minutes into the recording)

Who brought up weight?

- ☐ Clinician
☐ Patient

Who did the clinician bring up the weight conversation?

- ☐ Clinician asked permission to discuss weight
☐ Clinician did not ask permission to discuss weight

Was the patient's weight change since last visit referenced?

- ☐ Yes- the patient gained weight since previous visit
☐ Yes- the patient lost weight since previous visit
☐ No

When weight was brought up, how did the clinician engage the topic?

	Yes	No
Clinician acknowledged	☐	☐
Clinician asked elaborating questions	☐	☐
Clinician encouraged/praised patients	☐	☐
Clinician recommended specific dietary changes	☐	☐
Clinician discussed appetite suppression rather than weight loss	☐	☐
Clinician recommended specific physical activity	☐	☐
Clinician recommended use of weight loss medication	☐	☐
Clinician discussed review of current medications	☐	☐
Clinician recommended/placed referral for bariatric surgery	☐	☐
Clinician recommended/placed referral to nutrition	☐	☐
Clinician recommended/changed frequency of follow-up	☐	☐
Clinician stated specific weight loss goal	☐	☐
Clinician stated goal is improving overall health	☐	☐
Clinician suggested smaller portions.	☐	☐

What elaborating questions did the clinician ask?

- ☐ Clinician asked about specific factors leading to development of overweight/obesity
☐ Clinician attempted to identify specific barriers to lifestyle changes
☐ Clinician sought out relationship between patient's social determinants of health and current diagnosis:

Which items did the clinician seek out between the patient's social determinants of health and current diagnosis?

- ☐ Asked about finances
☐ Asked about living/working environment
☐ Asked about family/social support
☐ Asked about level of education

Note on specific dietary changes

Clinician discussed limitations of access to weight loss medication such as insurance coverage

- ☐ Yes
☐ No

Clinician discussed medications associated with weight gain

☐ Yes
☐ No

Clinician discussed medications associated with weight loss or weight-neutral meds

☐ Yes
☐ No

When weight was brought up, how did the patient engage the topic?

	Yes	No
Patient acknowledged need to lose weight	☐	☐
Patient expressed pride about weight loss	☐	☐
Patient asked for dietary recommendations	☐	☐
Patient already made dietary changes	☐	☐
Patient asked for exercise recommendations	☐	☐
Patient already started exercise regimen	☐	☐
Patient asked for weight-loss medication	☐	☐
Patient agreed to prescription of weight loss medication or change to current prescription of weight loss medication	☐	☐
Patient agreed to planned dietary changes	☐	☐
Patient agreed to workup for bariatric surgery	☐	☐
Patient stated weight loss goal	☐	☐
Patient expressed self-blame for overweight/obesity diagnosis	☐	☐
Patient disagreed/did not acknowledge that weight is an issue	☐	☐
Patient did not want to lose weight	☐	☐
Patient expressed happiness about physical appearance	☐	☐
Patient expressed dissatisfaction about physical appearance	☐	☐

Describe non-verbal response of patient to discussion of weight:

(Qualitative note section)

What kind of conversations about weight occurred?

- ☐ Clinician directed conversation, made direct recommendations
☐ Collaborative conversation/problem solving
☐ Conflict/confrontational
☐ Patient directed conversation
-

What words were used by the clinician to refer to weight, overweight, obesity

What words were used by the patient to refer to weight, overweight, obesity?

Did the encounter result in the creation of an action plan?

- ☐ Yes
☐ No
-

Interesting Quote 1

Interesting Quote 2

Interesting Quote 3

Interesting Quote 4

Interesting Quote 5
