

celiac disease patients' follow-up

Name :			Age:	Sex: Male ☐ Female ☐	Marriage: Single ☐ Married ☐ widow ☐ Divorced ☐	
			Number of children:			
Race:			Celiac disease duration:	Education:	Job:	
			GFD duration:			
Smoking:	Yes	Previously	Date of first diagnosis:	Family history of celiac disease: Yes ☐ No ☐ I Don't know ☐ Family relationship: First degree ☐ Second degree ☐	Height	At the time of diagnosis
		Currently				
		Sometimes				
	No	History of other diseases at the time of diagnosis:			BMI	At the time of diagnosis
						Currently
		Have you been diagnosed with any other disease during the period of celiac disease? Which one:				

- What was your tTG IgA level at the time of diagnosis?
- What was the severity of your intestinal injury at the time of diagnosis (according to the Marsh classification)?
- Which of the following tests have you done recently?
IgA EMA: Result..... IgA tTG: Result..... IgA AGA: Result..... IgG AGA: Result..... Total IgA: Result.....
- Have you done endoscopy and pathology evaluation recently? Result.....

Gastrointestinal symptoms

- Which of the following symptoms did you have **at the time of diagnosis**?
 Diarrhea ☐ nausea and vomiting ☐ Weight loss ☐ Abdominal pain ☐ constipation ☐
 Bloating ☐ stomach cramps ☐ Gas feeling ☐ Passing gas ☐ Fatigue ☐
- Which of the following symptoms do you **currently** have?
 Diarrhea ☐ nausea and vomiting ☐ Weight loss ☐ Abdominal pain ☐ constipation ☐
 Bloating ☐ stomach cramps ☐ Gas feeling ☐ Passing gas ☐ Fatigue ☐

Extra-intestinal symptoms

- Which of the following symptoms did you have **at the time of diagnosis**?

Anemia ☐ (which type?.....)

bone problems ☐ (bone pain ☐ Osteoporosis ☐ Bone fracture ☐)

Muscle weakness ☐ muscle pain ☐ Neurological symptoms ☐ History of depression ☐

History of stress ☐ Menstrual disorders ☐ Infertility ☐ Abortion ☐ Aphthous ☐

Dermatologic Manifestations ☐ Dental enamel problems ☐

- Which of the following symptoms do you **currently** have?

Anemia ☐ (which type?.....)

bone problems ☐ (bone pain ☐ Osteoporosis ☐ Bone fracture ☐)

Muscle weakness ☐ muscle pain ☐ Neurological symptoms ☐ History of depression ☐

History of stress ☐ Menstrual disorders ☐ Infertility ☐ Abortion ☐ Aphthous ☐

Dermatologic Manifestations ☐ Dental enamel problems ☐

- Complete checkup results **at the time of diagnosis**

Alb:	Creat:	Fe:	Folate:	Ferritin:	VitD	Ca:	Mg:	ALP:	ALT:
AST:	Hgb:	HCT:	MCV:	MCH:	MCHC:	BiL-T:		BiL-D:	B12:
TG:	Chol:	TSH:	T3:	T4:	FBS:				

- **Recent** full checkup results

Alb:	Creat:	Fe:	Folate:	Ferritin:	VitD	Ca:	Mg:	ALP:	ALT:
AST:	Hgb:	HCT:	MCV:	MCH:	MCHC:	BiL-T:		BiL-D:	B12:
TG:	Chol:	TSH:	T3:	T4:	FBS:				

- In your opinion, how do you follow the gluten-free diet (GFD)?

I do not follow the diet ☐ I follow the diet intermittently ☐ I follow the diet strictly ☐

- How has your GFD adherence changed in recent years compared to the early years of the disease diagnosis?

It has become poorer ☐ It has become better ☐ It does not change ☐

- What is the reason if compliance with the diet becomes poorer?

Financial problems ☐ The difficulty of the diet ☐ Lack of easy access to gluten-free products ☐

- What are the main gluten-containing foods that you have to use? Name it

- How to follow the diet based on Biagi's questionnaire

Do you eat gluten voluntarily?				
Yes		No		
How much?	A normal portion			
	Just a taste			Often
				Rarely
When you eat out, do you tell the person who is cooking about your disease?				
Yes		No		
Do you check the labels of packaged food?				
Yes		No		
Do you only eat packaged food guaranteed by the coeliac Association				
Yes		No		

- How did you get your information about how to follow the diet correctly?
Social media ☐ Consultation with a physician and nutritionist ☐ From books and catalogs ☐ Asking questions of affected people ☐
- Have you gotten infected with COVID-19? Yes ☐ No ☐
- What was the severity of your COVID-19 infection? weak ☐ moderate ☐ severe ☐
- Have you injected the COVID-19 vaccine? Which type?
- Have you had an unsuccessful marriage during your disease period? What was the reason?

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