

Pre-Colonoscopy Data

Multimodal Patient Education Improves Bowel Preparation for Colonoscopy: A Randomized Controlled Trial (Hattab et al.)

Exclusion criteria:

- none
- allergy to purgatives
- pregnancy
- suspected Intestinal stricture obstruction, or perforation
- impaired swallowing reflex or mental status
- hemodynamic instability
- severely compromised medical statuses, such as congestive heart failure and severe
- renal failure
- illiteracy or inability to use mobile phone
- participation declined
- Other:

Age:.....

Gender:.....

Address:

- Salfit
- Tulkarem
- Ramallah
- Jenin
- Qalqilya
- Tubas
- Jerusalem
- Hebron

High Risk Criteria:

Any of these risk factors:

- History of previous abdominal/pelvic surgeries

- Constipation over 3 days
- Age >65
- A constipating drug-like opioid TCA Calcium antagonist drugs

Or 2 of these risk factors:

- Diabetes
- Polypharmacy
- Hospitalization
- Male sex
- Low educational level

Or 3 of these risk factors + one of the above

- Comorbidity (stroke, dementia, Parkinson)
- Low socioeconomic state
- Obesity
- Cirrhosis
- History of CVA
- IBD

Educational Level

- school 9th grade and below
- never went to school
- finished high school
- collage (university)
- higher educations

Chronic Disease

- no
- diabetes
- Hypertension
- Cardiovascular diseases
- stroke
- lung diseases
- liver diseases
- immobility
- mental impairments
- Other:

Weight:.....

Height:.....

BMI:.....

Smoking status

- Yes
- No
- Previous smoker

Colonoscopy indication

- chronic constipation
- diarrhea
- lower GI bleeding
- anemia
- screening surveillance
- cancer post-resection surveillance
- Excision and ablation of lesions
- IBD
- Other:

Previous colonoscopy

- Yes
- No

Date for colonoscopy:.....

Phone number:.....

Randomization group:

- A
- B