

Demographics:

1. Gender: Male/ female
2. Age: (range)
3. Place of work:
 - Urban
 - Rural
4. Specialty:
 - hepatologist
 - internal medicine
 - other (cardiologist, endocrinologist, General practitioner)

Experience:

5. How many patients with liver disease do you assess / month (Average)?
 - < 20
 - 20-30
 - 30-50
 - > 50
6. How confident are you that nutrition is essential in hepatic patients?
 - Not agree at all
 - Somewhat agree
 - Yes, I agree
 - Strongly agree
7. Do you prescribe nutritional advice to patients with Liver disease?
 - Not at all
 - If the patient asked/according to liver disease
 - Most of the patients
 - All of them
 - I am not sure
8. Which of these nutritional elements are essential in patients with liver disease? (one/more answer)
 - Micronutrients (vitamins and minerals)

- Proteins
- Carbohydrates
- Fat
- All of them
- I am not sure

9. What do you recommend for fat intake in patients with liver disease:

- No restriction
- Variable according to liver disease
- Partial restriction
- Complete restriction
- I am not sure

10. What do you recommend for protein intake in patients with liver disease?

- No restriction
- Variable according to liver disease
- Partial restriction
- Complete restriction
- I am not sure

11. What do you recommend for carbohydrate intake in patients with liver disease?

- No restriction
- Variable according to liver disease
- Partial restriction
- Complete restriction
- I am not sure

12. What do you recommend for patients with compensated cirrhosis?

- No restriction
- Partial restriction of Fats/carbohydrates
- Partial restriction of protein
- No special recommendation
- I am not sure

13. What do you recommend for patients with hepatic encephalopathy?

- No restriction
- Partial restriction of Fats/carbohydrates
- Partial restriction of protein
- No special recommendation
- I am not sure

14. What do you recommend for patients with ascites? (one/more Answers)

- No restriction
- Partial restriction of Fats/carbohydrates
- Partial restriction of protein
- No special recommendation
- Salt restriction
- I am not sure

15. What do you recommend for patients with fatty liver disease?

- No restriction
- Partial restriction of Fats/carbohydrates
- Mediterranean diet recommendation
- No special recommendation
- I am not sure

16. Regarding coffee intake. What do you recommend for 1-3 cups/day in patients with fatty liver disease?

- No, I do not recommend
- Yes, I recommend 1-3 cups/day
- I am not sure

17. Do you recommend antioxidants in patients with fatty liver disease?

- No, I do not recommend
- Yes, I recommend antioxidants in patients with fatty liver disease
- I am not sure

18. Do you recommend alcohol restriction in patients with chronic liver disease?

- No, I don't recommend
- I recommend partial restrictions

- I recommend complete restriction
- Variable according to the patient