

Categories	Properties	Illustrative quotes
Regarding the Katz ADL scale	Ease of use but insufficient for comprehensive autonomy evaluation	"6 items that are quite general, perhaps not specific enough to truly define a patient's autonomy" (Physiotherapist) "It's probably not sensitive enough to detect changes if you're implementing treatments, but for major deteriorations, I think it's still somewhat useful." (Physical Medicine and Rehabilitation Physician)
	Used ambiguously, for screening or follow-up	"For a summary assessment in the emergency room, it provides a baseline." (Advanced Practice Nurse) "I have previously used the ADL in a long-term protocol to track how the patient progressed after implementing home assistive devices, and I found that it was not meaningful at all." (Occupational Therapist)
	Insufficiently adapted for evaluating older individuals	"For me, it's not specific enough to determine an older person's autonomy." (Physiotherapist) "I believe that when you're familiar with the Katz ADL, you know that it should be approached with caution." (Geriatrician)
Concerning autonomy assessment	Biased concerning the measurement's intended purpose, adding complexity	"When we were instructed, we didn't really agree on certain items. We don't all complete it in the same way." (Nurse) "Certainly, a score of 6, like that, without any details, is useless. Or it might be used to rate the care burden of your patient." (Geriatrician)
	Challenging to define, occasional overlap with independence	"It's not just activities, because continence is not an activity, but it's a good tool for assessing independence in certain activities of daily

		living." (Physical Medicine and Rehabilitation Physician) "We consider you autonomous for mobility with your wheelchair when you are seated in it." (Occupational Therapist)
	Multiple areas of expertise required for comprehensiveness	"You should always validate the grid with a practical scenario." (Advanced Practice Nurse) "We never do the ADL on-site; we do it once we have all the information, including input from the family, since we take their lifestyle into account." (Occupational Therapist)

562 Abbreviations: ADL: Activities of Daily Living (Katz' scale).

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