

Demographics

1. Age
2. Gender:
 - a. Female
 - b. Male
 - c. Prefer not to say
 - d. Other:
 - i. _____
3. Experience:
 - a. Person with dementia
 - b. Family member
 - c. Formal care partner
 - d. I know someone who lives with dementia
 - e. Service provider
 - f. Service volunteer
 - g. Service worker
 - h. Other
4. Ethnicity (according to 2021 UK Census):
 - a. Asian or Asian British, or Asian Welsh
 - b. Black, Black British, Black Welsh, Caribbean or African
 - c. White:
 - i. English
 - ii. Welsh
 - iii. Scottish
 - iv. Northern Irish
 - v. British
 - d. White Irish
 - e. White:
 - i. Gypsy or Irish Traveller
 - ii. Roma
 - iii. Other White
 - f. Mixed or Multiple ethnic groups
 - g. Other ethnic group

Dementia Attitudes Scale (DAS)

Items	Strongly disagree	Disagree	Slightly disagree	Neutral	Slightly agree	Agree	Strongly agree
1. It is rewarding to work with people who have dementia	1	2	3	4	5	6	7
2. I am afraid of people with dementia	1	2	3	4	5	6	7
3. People with dementia can be creative	1	2	3	4	5	6	7
4. I feel confident around people with dementia	1	2	3	4	5	6	7
5. I am comfortable touching people with dementia	1	2	3	4	5	6	7
6. I feel uncomfortable being around people with dementia	1	2	3	4	5	6	7
7. Every person with dementia has different needs	1	2	3	4	5	6	7
8. I am not very familiar with dementia	1	2	3	4	5	6	7
9. I would avoid an agitated person with dementia	1	2	3	4	5	6	7
10. People with dementia like having familiar things nearby	1	2	3	4	5	6	7
11. It is important to know the past history of people with dementia	1	2	3	4	5	6	7
12. It is possible to enjoy interacting with people with dementia	1	2	3	4	5	6	7
13. I feel relaxed around people with dementia	1	2	3	4	5	6	7
14. People with dementia can enjoy life	1	2	3	4	5	6	7
15. People with dementia can feel when others are kind to them	1	2	3	4	5	6	7
16. I feel frustrated because I do not know how to help people with dementia	1	2	3	4	5	6	7
17. I cannot imagine taking care of someone with dementia	1	2	3	4	5	6	7

18. I admire the coping skills of people with dementia	1	2	3	4	5	6	7
19. We can do a lot now to improve the lives of people with dementia	1	2	3	4	5	6	7
20. Difficult behaviours may be a form of communication for people with dementia	1	2	3	4	5	6	7

Adapted World Health Organization QualityRights questionnaire (QRAD)

Items	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
1. Nothing can be improved within dementia services without additional resources	1	2	3	4	5
2. The service environment has little to do with people with dementia's mental health and wellbeing	1	2	3	4	5
3. People with dementia should always live in group homes where staff can take care of them	1	2	3	4	5
4. People with dementia and related psychosocial disabilities should not be hired in work requiring direct contact with the public	1	2	3	4	5
5. Taking medication is the most important factor to help reduce the impact of the symptoms of dementia	1	2	3	4	5
6. You cannot inspire hope once a person is experiencing symptoms of dementia	1	2	3	4	5
7. People using dementia services should be empowered to make their own decisions about their treatment	1	2	3	4	5
8. Following the advice of other people who have lived experience of dementia (people with dementia and their family members and care partners) is too risky	1	2	3	4	5
9. The opinions of health practitioners about care and treatment should carry more weight than those of a person with dementia	1	2	3	4	5
10. It is acceptable to pressure people using dementia services to take treatment they don't want	1	2	3	4	5
11. People with dementia should not be given important responsibilities	1	2	3	4	5
12. When people with dementia experience a crisis, health practitioners of families should make decisions based on their ideas about what is best for the person	1	2	3	4	5

^{13.} People with dementia have the right to make their own decisions, even if I don't agree with them	1	2	3	4	5
^{14.} Controlling people using dementia services is necessary to maintain order	1	2	3	4	5
^{15.} The use of seclusion and restraint is needed if people using dementia services become threatening	1	2	3	4	5
^{16.} People at risk of harming themselves or others should be isolated in a locked room	1	2	3	4	5
^{17.} Involuntary admission to services does more harm than good	1	2	3	4	5

Attitudes to Ageing Questionnaire

Items	Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
1. As people get older they are better able to cope with life	1	2	3	4	5
2. It is a privilege to grow old	1	2	3	4	5
3. Old age is a time of loneliness	1	2	3	4	5
4. Wisdom comes with age	1	2	3	4	5
5. There are many pleasant things about growing older	1	2	3	4	5
6. Old age is a depressing time of life	1	2	3	4	5
7. It is important to take exercise at any age	1	2	3	4	5
	Not true at all	Slightly true	Moderately true	Very true	Extremely true
8. Growing older has been easier than I thought	1	2	3	4	5
9. I find it more difficult to talk about my feelings as I get older	1	2	3	4	5
10. I am more accepting of myself as I have grown older	1	2	3	4	5
11. I don't feel old	1	2	3	4	5
12. I see old age mainly as a time of loss	1	2	3	4	5
13. My identity is not defined by my age	1	2	3	4	5
14. I have more energy now than I expected for my age	1	2	3	4	5
15. I am losing my physical independence as I get older	1	2	3	4	5
16. Problems with my physical health do not hold me back from doing what I want to	1	2	3	4	5
17. As I get older, I find it more difficult to make new friends	1	2	3	4	5
18. It is very important to pass on the benefits of my experiences to younger people	1	2	3	4	5
19. I believe my life has made a difference	1	2	3	4	5
20. I don't feel involved in society now that I am older	1	2	3	4	5
21. I want to give a good example to younger people	1	2	3	4	5
22. I feel excluded from things because of my age	1	2	3	4	5
23. My health is better than I expected for my age	1	2	3	4	5
24. I keep myself as fit and active as possible by exercising	1	2	3	4	5

CASP-12

Items: How often do you feel or think...	Often	Sometimes	Rarely	Never
1. Your age prevents you from doing the things you would like to do?	1	2	3	4
2. That what happens to you is out of your control?	1	2	3	4
3. Left out of things?	1	2	3	4
4. That you can do the things that you want to do?	1	2	3	4
5. That family responsibilities prevent you from doing what you want to do?	1	2	3	4
6. That shortage of money stops you from doing the things you want to do?	1	2	3	4
7. Look forward to each day?	1	2	3	4
8. That your life has meaning?	1	2	3	4
9. Look back on your life with a sense of happiness?	1	2	3	4
10. Full of energy these days?	1	2	3	4
11. That life is full of opportunities?	1	2	3	4
12. That the future looks good for you?	1	2	3	4

Three-Dimensional Wisdom Scale (3D-WS-12)

Items	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
1. A problem has little attraction for me if I don't think it has a solution	1	2	3	4	5
2. I try to anticipate and avoid situations where there is a likely chance I will have to think about in depth about something	1	2	3	4	5
3. I prefer just to let things happen rather than try to understand why they turned out that way	1	2	3	4	5
4. I am hesitant about making important decisions after thinking about them	1	2	3	4	5
5. When I am confused by a problem, one of the first things I do is survey the situation and consider all the relevant pieces of information	1	2	3	4	5
6. Sometimes I get so charged up emotionally that I am unable to consider many ways of dealing with my problems	1	2	3	4	5
7. When I look back on what has happened to me, I can't help feeling resentful	1	2	3	4	5
8. I either get very angry or depressed if things go wrong	1	2	3	4	5
9. I can be comfortable with all kinds of people	1	2	3	4	5
10. Sometimes I feel a real compassion for everyone	1	2	3	4	5
11. I don't like getting involved in listening to another person's troubles	1	2	3	4	5
12. I'm easily irritated by people who argue with me	1	2	3	4	5