

CONDUCTING INTERVIEW 2

1. INTRODUCTION OF THE RECIPIENTS

- Introducing recipients (due to recording)

2. NEED FOR SUPPORT

- Do you generally feel well supported in your role as a family caregiver? (1)
 - Why yes / no?
- Where do you get support for medication management, what kind of support do you get?
 - Public healthcare and pharmacy
 - Describe cooperation and interaction with healthcare?
 - Describe cooperation and interaction with pharmacy?
 - Describe an experience where you were without support and had to make a difficult medication-related decision.
 - Where are the support services purchased from and who executed them (outsourcing)?
 - Is the level of services sufficient?
 - Organizations
 - Church
 - Social services
 - Friends or other relatives
 - Counseling
 - Volunteering
 - Peer support
- Where have you received information about diseases and medication? What have been the most important and reliable sources of information for you?(2)
 - Sources of information
 - Availability
 - Someone to ask(2)
 - Did you receive information in a timely manner?(2)
 - What to do if there are problems(2)
 - Adverse drug reactions
 - No effect
- Overall, do you feel well supported in your role as a caregiver?(1)
 - Why yes / no?
- Do you feel you cope well as a caregiver?(1)
 - Why yes / no?
 - What kind of coping methods do you have?
- Do you find caregiving too demanding?(1)
 - In what respect
 - What do you do when caregiving is too demanding?

Appendix 3.

Medication risks and errors in family caregiving of older adults: Home visits including interviews, observations and medication reviews

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- Did you lower the effectiveness or quality of caregiving when it was too demanding?
 - Did you change your perception of care recipient when the caregiving was too demanding?
 - Did your empathy for the person you were caring for increase or decrease at that time?
- Does caregiving have a negative effect on your physical health?(1)
 - How?
- Does caregiving cause you financial difficulties?(1)
 - How/where is this shown?
- Do you feel trapped in your role as caregiver?(1)
 - Why?
- Do you find caregiving worthwhile?(1)
 - Why yes / no?
- Do you have a good relationship with the person you care for?(1)
 - How/where is this shown?
- Does caregiving have a negative effect on your emotional well-being?(1)
 - In what ways?
- Does caregiving cause difficulties in your relationship with your friends?(1)
 - What kind of difficulties?
- Does caregiving cause difficulties in your relationship with your family?(1)
 - What kind of difficulties?
- Do you feel well supported by friends or neighbors?(1)
 - What kind of support do they give?
- Do you feel supported by your family?(1)
 - What kind of support do they give?
- Do you feel well supported by health and social services (including those private services that are paid for by the municipality)?(1)
 - What kind of support? What should be more?
- Do you have to purchase health and social services that the municipality pays only partly in order to receive sufficient support?
 - What kind of support? What should be more?
- Do you have to purchase health and social services that the municipality does not pay in order to receive sufficient support?
 - What kind of support? What should be more?

3. ABILITY TO FUNCTION

- Are you satisfied with your life at the moment?
- What kind of physical condition do you have?
 - How do you maintain it?
 - Has family caregiving affected the maintenance of your physical condition?
- What kind of physical condition do your care recipient have?
 - How do you maintain it?
- How do you maintain your mental alertness?
 - Where do you find joy in life?

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- How do you maintain the mental health of your care recipient? What gives her/him joy in life?
- Does your care recipient have enough activities per day?
- Is the care recipient depressed, disinterested, or does he/she wish to die?(3)
- Would you be prepared for your care recipient to move to 24-hour care?
- What would you do (if you are not ready for it)?

4. MEDICATION REVIEW DISCUSSION

- Therapeutic interview
- Focuses on potential medication problems that arise from the medication review.
- Accessing MyKanta-service with consent by care recipient or caregiver, (patient portal to social and health data)

References:

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2. Travis SS, Bernard MA, McAuley WJ, Thornton M, Kole T. Development of the family caregiver medication administration hassles scale. *Gerontologist*. 2003;43(3):360-8.
3. Whooley MA, Avins AL, Miranda J, Browner WS. Case-finding instruments for depression. Two questions are as good as many. *J Gen Intern Med*. 1997;12(7):439-45.