

Section and Topic	Item #	Checklist item	Location where item is reported
Title	1	Identify the report as a systematic review.	Page 1, Title
Abstract	2	See the PRISMA 2020 for Abstracts checklist.	Page 1-2, Abstract
Introduction	3	Describe the rationale for the review...	Pages 2–3, Background (Paragraphs 1-4)
Introduction	4	Provide an explicit statement of the objective(s)...	Page 3, Methods – Formulation of Research Questions; also Background, page 2
Methods	5	Specify the inclusion and exclusion criteria...	Pages 3–4, Methods – Eligibility Criteria
Methods	6	Specify all databases, registers, websites...	Pages 4–5, Methods – Information Sources and Search Strategy
Methods	7	Present the full search strategies for all databases...	Pages 4–5, Methods – Information Sources and Search Strategy; Table 1; Supplementary Table S1
Methods	8	Specify the methods used to decide whether a study met the inclusion criteria...	Page 5, Methods - Literature Screening and Methodological Quality Assessment
Methods	9	Specify the methods used to collect data from reports...	Pages 5–7, Methods – Data Extraction and Thematic Synthesis Strategy
Methods	10a	List and define all outcomes for which data were sought...	Pages 5–6, Methods – Data Extraction and Thematic Synthesis Strategy; Results, pages 7–8
Methods	10b	List and define all other variables for which data were sought...	Pages 5–6, Methods – Data Extraction and Thematic Synthesis Strategy; Table 3; Supplementary Table S3
Methods	11	Specify the methods used to assess risk of bias...	Page 5, Methods – Literature Screening and Methodological Quality Assessment; Table 2
Methods	12	Specify for each outcome the effect measure(s)...	N/A (Qualitative thematic synthesis approach used)
Methods	13a-f	Synthesis Methods (eligibility, prep, tabulation, synthesis)	Page 5-7, Methods - Data Extraction and Thematic Synthesis Strategy (Note: Meta-analysis not applicable)
Methods	14	Methods used to assess risk of bias due to missing results...	N/A (Not applicable for qualitative thematic synthesis)
Methods	15	Methods used to assess certainty (or confidence)...	Page 14, Discussion – Confidence in the synthesized findings; page 15, Limitations
Results	16a	Describe the results of the search and selection process...	Results – study selection process, p.7; Figure 1, PRISMA 2020 flow diagram
Results	16b	Cite studies excluded...	Page 7, Results – full-text exclusions; Figure 1
Results	17	Cite each included study and present its characteristics	Pages 7–8, Results – Basic Characteristics of Included Studies; Table 3; Supplementary Table S3

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Results	18	Present assessments of risk of bias for each included study.	Page 8, Results – Assessment of the methodological quality of included studies; Table 2
Results	19	For all outcomes, present summary statistics...	Pages 8–11, Results – Implementation Determinants; Table 4; Supplementary Table S2
Results	20a-d	Present results of all statistical syntheses...	Pages 8–11, Results – Implementation Determinants; Table 4; Supplementary Table S2
Results	21	Present assessments of risk of bias due to missing results...	N/A
Results	22	Present assessments of certainty...	Page 14, Discussion – Confidence in the synthesized findings; page 15, Limitations
Discussion	23a-d	Interpretation, limitations, implications...	Discussion, p.11–16,
Other	24a-c	Registration and protocol...	Page 1, Abstract – Trial registration; page 3, Methods – Study Design and Reporting Standards
Other	25	Support (financial/non-financial)...	Page 17, Declarations – Funding
Other	26	Competing interests...	Page 17, Declarations – Competing interests
Other	27	Availability of data, code, and other materials...	Page 17, Declarations – Availability of data and materials

Note: Since this is a qualitative thematic synthesis without meta-analysis, Items 12, 14, and 21 are marked as not applicable.