

Supplementary Material 1 – Additional Methods Information

Participant Selection and Recruitment

An invitation to participate in an initial survey study (results reported elsewhere) was sent to 120 eligible kidney transplant recipients via post by a local clinician (usually the transplant coordinator) within these individual hospital and health services. Transplant coordinators were encouraged to contact potential participants via phone or in person when attending medical appointments to inform them of the survey study and planned follow-up focus groups discussions. Potential participants were contacted up to 3 times over a 3-month period if no response was received, to provide time to consider the invitation for participation.

Recruitment for the focus group discussions was done via survey participants self-nominating if they consented to being contacted by the research team to discuss participation, by providing their contact details at the end of the survey. Potential recipients were contacted by the principal investigator via phone or email, with participant information and consent forms provided via their preferred method (post or email). Participant information was also provided verbally at this time if requested. Potential participants were given a period of one week to consider participation, and the principal investigator then contacted them again (either via phone or in person) to confirm the decision and finalize written consent.

Data Collection

Of the four focus group discussions conducted, three were conducted in-person at different regional locations. For participants unable to attend in-person one FGD was conducted via online videoconference platform Microsoft Teams (MS Teams, Version 24231.507.3099.9636,

Microsoft, Redmond United States). Focus group discussions were audio recorded and transcribed verbatim, with the principal investigator manually checking all transcription records against the recordings to ensure accuracy. All participants were provided with a \$20 gift voucher to compensate them for their time.