

General Information Questionnaire

Dear ladies

This study is mainly used to understand the disease awareness of deep vein thrombosis and the preventive behavior of pregnant women. There is no right or wrong answer, please answer truthfully according to your actual situation, and do not have blank lines or missing items

This study is anonymous and confidential, and your answers will not be disclosed to anyone, please feel free to fill in the form, and sincerely thank you for your cooperation.

1. Age: ____years old

2. Ethnicity: (1) Han (2) Others

3. Pregnant woman: ____gestational weeks

Postpartum: ____days after delivery

4. Educational degree

(1) Elementary school and below (2) Junior high school (3) High school/technical secondary school (4) junior college (5) undergraduate (6) graduate degree or above

5. Marital status: (1) Married (2) Unmarried (3) Divorced (4) Widowed

6. Current place of residence: (1) city (2) township (3) rural area

7. Your medical expenses are paid by the following methods: (1) self-payment (2) employee medical insurance (3) resident medical insurance (4) commercial insurance

8. Do you have maternity insurance (1)Yes (2)No

9. Your Occupation

(1) Persons in charge of state organs, party organizations, enterprises and institutions

(2) Professional and technical personnel

(3) Clerks and related personnel (4) Commercial and service personnel

(5) Production personnel in agriculture/forestry/animal husbandry/fishery/water conservancy (6) Production and transportation equipment operators and related

personnel (7) Military (8)Student (9)Housewife (10)Others (please specify)

10. Your spouse's occupation

(1) Persons in charge of state organs, party organizations, enterprises and institutions

(2) Professional and technical personnel

(3) Clerks and related personnel (4) Commercial and service personnel

(5) Production personnel in agriculture/forestry/animal husbandry/fishery/water

conservancy (6) Production and transportation equipment operators and related

personnel (7) Military (8) Student (9) Unemployed (10) Others (please specify)

11. Your family's per capita monthly income is (RMB/month/person)

(1) <2000

(2) 2000~2999

(3) 3000~4999

(4) 5000~7999

(5) 8000~9999

(6) 10000~15000

(7) 15001~20000

(8) >20000

12. Do you have history of miscarriage/termination of pregnancy?

(1) Yes (2) No

13. How many times have you been pregnant? How many times have you given birth?

14. Do you have regular prenatal check-ups during pregnancy?

(1) Yes (2) No

15. Whether you have other medical conditions during pregnancy

(1) No (2) Yes (Disease name is:)

16. Have you learned about venous embolism/VTE in any way before (skip to question 18 if you select "No" for this question).

(1) Yes (2) No

17. Where did you learn about venous thrombosis?

(1) Family (2) Friends (3) Medical personnel (4) Other pregnant women (5) Internet

(6) Others (please specify: _____)

18. Have you ever had an immediate family member (parent, spouse, child, grandparent, maternal grandparent, etc.) suffer from venous thrombosis?

(1) Yes (2) No

19. Do you usually take the initiative to learn about venous thrombosis (if no, please skip to question 21).

(1) Yes (2) No

20. How do you learn about venous thrombosis (you can choose more than one).

(1) Books (2) Internet (3) Communicate with other people

(4) Pregnancy knowledge promotion lectures (5) Others

20. Will your spouse take the initiative to learn about venous thrombosis (if yes, please continue to fill in 21).

(1) Yes (2) No

21. How did your spouse learn about venous thrombosis (you can choose more than one).

(1) Books (2) Internet (3) Pregnancy Knowledge Publicity Lectures (4) Others

Questionnaire of Maternal Knowledge, Attitudes and Practices towards Venous thromboembolism

**1. Please answer the following items truthfully based on your
knowledge of venous thrombosis**

Items	Yes	No
1. Do you know that venous thromboembolism can be divided into deep vein thrombosis and pulmonary embolism?		
2. Do you know that deep vein thrombosis is the most common in the lower extremities?		
3. Do you know the cause of venous thrombosis?		
4. Do you know that deep vein thrombosis can be fatal?		
5. Do you know that a family history of blood clots can lead to an increased risk of venous thrombosis?		

Items	Yes	No
6. Do you know that obesity can lead to an increased risk of venous thrombosis?		
7. Do you know that pregnancy can lead to an increased risk of venous thrombosis ?		
8. Do you know that diabetes, high blood pressure, and hyperlipidemia can lead to an increased risk of venous thrombosis?		
9. Do you know that prolonged sedentary bed rest can lead to an increased risk of venous thrombosis?		
10. Do you know that malignancy can lead to an increased risk of venous thrombosis?		
11. Do you know that quitting smoking and drinking can prevent venous thrombosis?		
12. Do you know that a low-salt, low-fat diet can prevent venous thrombosis?		
13. Do you know that medical gradient compression stockings can prevent venous thrombosis?		
14. Do you know that venous thrombosis can manifest as swelling of the limbs, pain in the limbs?		
15. Do you know that venous thrombosis can manifest as coughing, chest pain, and difficulty breathing?		
16. If you have venous thrombosis during pregnancy or after childbirth, you should seek medical treatment immediately		
17. Venous thrombosis can be treated surgically		
18. Venous thrombosis can be completely cured		

2. Please choose the most suitable option for you regarding your attitude towards venous thrombosis.

Items	Strongly Agree	Agree	No Idea	Disagree	Strongly Disagree
19. I don't think it's possible for me to have venous thrombosis					
20. I don't think it will affect me much even if I have venous thrombosis					
21. I don't think venous thrombosis affects fetal health					
22. I think good eating and behavioural habits may reduce the occurrence of blood clots					
23. I believe that proactive prevention of venous thrombosis promotes maternal physical and mental health					
24. I am interested in learning about venous thrombosis during pregnancy					
25. I am willing to follow the content of the medical staff's education for venous thrombosis prophylaxis					

3. Please answer the following items about the prevention of venous thrombosis according to your actual situation

Items	always	often	Occasionally	Never
26. I will follow the medical staff's education (drink plenty of water) to prevent venous thrombosis				
27. I will follow the medical staff's education (exercise more) to prevent venous thrombosis				
28. I will follow the doctor's instructions to take oral medication to prevent venous thrombosis				

29. I will follow the doctor's instructions to inject anticoagulant drugs to prevent venous thrombosis				
30. I will follow doctor's instructions to use intermittent inflator pump pressure therapy to prevent venous thrombosis				
31. I will follow the doctor's instructions to wear medical gradient compression stockings to prevent				
32. I will take the initiative to learn about venous thrombosis				
33. I take the initiative to share my knowledge about venous thrombosis with my family and friends				