

GWG KAP STUDY – QUANTITATIVE FORM (HEALTHCARE PROVIDERS)

I. BASIC DATA

1.1 Research Staff Code:		CRAB_HP
1.2 Visit Date:	/ /	VISDT_HP
1.3 What is the name of the pregnant woman in your household?		
1.4 What is your role as a healthcare professional?	☐ 1: Nurses ☐ 2: Doctors / medical officers ☐ 3: Nutritionists ☐ 4: Midwives ☐ 5: Other, specify _____	
1.5 Are you involved in the provision of antenatal care to pregnant women?	☐ 1: Yes ☐ 2: No	

If “Yes,” then proceed.
If “No,” then ineligible and end the process here.

1.6 Participant's Study ID:		RIDE_HP
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Use the same ID as the enrolled pregnant woman.

II. KNOWLEDGE AND PRACTICE OF GESTATIONAL WEIGHT GAIN MANAGEMENT

2.1 What types of counseling or services related to pregnancy weight gain do you provide to pregnant women (select all that apply)?	☐ 1 I provide no counseling or services related to pregnancy weight gain ☐ 2 Pregnancy weight gain monitoring ☐ 3 Counseling about the appropriate amount of pregnancy weight gain ☐ 4 Counseling that too little weight gain has risks ☐ 5 Counseling that too much weight gain has risks ☐ 6 Counseling on dietary management of pregnancy weight gain ☐ 7 Counseling on managing pregnancy weight gain through physical activity	GWGCOUNSEL
2.2 Are you aware of any guidelines on pregnancy weight gain?	☐ 1: I am not aware of any guidelines for pregnancy weight gain ☐ 2: I am aware of the Institute of Medicine (IOM) guidelines for pregnancy weight gain ☐ 3: I am aware of the INTERGROWTH-21st standards for pregnancy weight gain ☐ 4: I am aware of a local guideline for pregnancy weight gain; specify the name of the guideline _____	GWGGUIDE1

2.3 Do you use any guidelines for pregnancy weight gain in your clinical practice?	☐ 1: I do not use any guidelines for pregnancy weight gain ☐ 2: I use the Institute of Medicine (IOM) guidelines ☐ 3: I use the INTERGROWTH-21 st standards ☐ 4: I use a local standard of pregnancy weight gain	GWGGUIDE2
2.4 What is the source of your knowledge regarding pregnancy weight gain (select all that apply)?	☐ 1: I have received no information on pregnancy weight gain ☐ 2: Training in the medical school ☐ 3: Training from continuing education ☐ 4: Medical books/ articles ☐ 5: Other sources, specify _____	GWGTRAIN
2.5 What types of information have you received about pregnancy weight (select all that apply)?	☐ 1 I have received no information on pregnancy weight gain during antenatal visits ☐ 2 Information about guidelines for pregnancy weight gain ☐ 3 Information about the appropriate amount of pregnancy weight gain ☐ 4 Information that too little weight gain has risks ☐ 5 Information that too much weight gain has risks ☐ 6 Information on dietary management of pregnancy weight gain ☐ 7 Information on managing pregnancy weight gain through physical activity	GWGTRAINTYPE
2.6 Do you take measurements of body weight as part of antenatal care for pregnant women?	☐ 1: Yes ☐ 2: No	TAKEWGT
2.7 If yes, how frequently do you take weight measurements at ANC visits?	☐ 1 None ☐ 2 Once ☐ 3 A few visits ☐ 4 Most but not all visits ☐ 5 Every visit	TAKEWGTFREQ
2.8 How important do you think maintaining appropriate weight gain during pregnancy is for the baby's health?	☐ 1 Not important at all ☐ 2 Not very important ☐ 3 Neither important nor unimportant ☐ 4 Slightly important ☐ 5 Very important ☐ 8 Don't know	IMPORCHILD_HP
2.9 How important do you think maintaining appropriate weight gain during pregnancy is for women's health?	☐ 1 Not important at all ☐ 2 Not very important ☐ 3 Neither important nor unimportant ☐ 4 Slightly important ☐ 5 Very important ☐ 8 Don't know	IMPORMOM_HP
2.10 Which of these conditions can be caused by inadequate (too little) weight gain during pregnancy (select all that apply)?	☐ 1 Giving birth to a small baby ☐ 2 Giving birth to a big baby ☐ 3 Baby dies in the womb before delivery ☐ 4 Baby dies after delivery ☐ 5 Having a baby with a structural abnormality ☐ 6 Giving birth too early ☐ 7 Baby develops overweight or obesity ☐ 8 Mother developing high blood pressure ☐ 9 Mother developing diabetes ☐ 10 Need for Cesarean section ☐ 11 Having problems with vaginal delivery ☐ 88 Don't know	KNOWINADE_HP

2.11 Which of these conditions can be caused by excessive (too much) weight gain during pregnancy (select all that apply)?	☐ 1 Giving birth to a small baby ☐ 2 Giving birth to a big baby ☐ 3 Baby dies in the womb before delivery ☐ 4 Baby dies after delivery ☐ 5 Having a baby with a structural abnormality ☐ 6 Giving birth too early ☐ 7 Baby develops overweight or obesity ☐ 8 Mother developing high blood pressure ☐ 9 Mother developing diabetes ☐ 10 Need for Cesarean section ☐ 11 Having problems with vaginal delivery ☐ 88 Don't know	KNOWEXCESS_HP
2.12 Based on the Institute of Medicine (IOM) recommendations, what is the appropriate total amount of pregnancy weight gain for women who had underweight before pregnancy?	☐ 1: Less than 5 kg ☐ 2: 5-9 kg ☐ 3: 7-11.5 kg ☐ 4: 11.5-16 kg ☐ 5: 12.5-18 kg ☐ 6: More than 18 kg ☐ 9: Don't know	BESTGWG_UW1
2.13 Based on the Institute of Medicine (IOM) recommendations, what is the appropriate weekly rate of pregnancy weight gain for women who had underweight before pregnancy?	☐ 1: Less than 0.17 kg/week ☐ 2: 0.17-0.27 kg/week ☐ 3: 0.23-0.33 kg/week ☐ 4: 0.35-0.50 kg/week ☐ 5: 0.44-0.58 kg/week ☐ 6: More than 0.58 kg/week ☐ 9: Don't know	BESTGWG_UW2
2.14 Based on the Institute of Medicine (IOM) recommendations, what is the appropriate total amount of pregnancy weight gain for women who had a normal weight before pregnancy?	☐ 1: Less than 5 kg ☐ 2: 5-9 kg ☐ 3: 7-11.5 kg ☐ 4: 11.5-16 kg ☐ 5: 12.5-18 kg ☐ 6: More than 18 kg ☐ 9: Don't know	BESTGWG_NW1
2.15 Based on the Institute of Medicine (IOM) recommendations, what is the appropriate weekly rate of pregnancy weight gain for women who had a normal weight before pregnancy?	☐ 1: Less than 0.17 kg/week ☐ 2: 0.17-0.27 kg/week ☐ 3: 0.23-0.33 kg/week ☐ 4: 0.35-0.50 kg/week ☐ 5: 0.44-0.58 kg/week ☐ 6: More than 0.58 kg/week ☐ 9: Don't know	BESTGWG_NW2
2.16 Based on the Institute of Medicine (IOM) recommendations, what is the appropriate total amount of pregnancy weight gain for women who were overweight before pregnancy?	☐ 1: Less than 5 kg ☐ 2: 5-9 kg ☐ 3: 7-11.5 kg ☐ 4: 11.5-16 kg ☐ 5: 12.5-18 kg ☐ 6: More than 18 kg ☐ 9: Don't know	BESTGWG_OW1
2.17 Based on the Institute of Medicine (IOM) recommendations, what is the appropriate weekly rate of pregnancy weight gain for women who were overweight before pregnancy?	☐ 1: Less than 0.17 kg/week ☐ 2: 0.17-0.27 kg/week ☐ 3: 0.23-0.33 kg/week ☐ 4: 0.35-0.50 kg/week ☐ 5: 0.44-0.58 kg/week ☐ 6: More than 0.58 kg/week ☐ 9: Don't know	BESTGWG_OW2
2.18 Based on the Institute of Medicine (IOM) recommendations, what is the appropriate total amount of pregnancy weight gain for women who had obesity before pregnancy?	☐ 1: Less than 5 kg ☐ 2: 5-9 kg ☐ 3: 7-11.5 kg ☐ 4: 11.5-16 kg ☐ 5: 12.5-18 kg ☐ 6: More than 18 kg ☐ 9: Don't know	BESTGWG_OB1

2.19 Based on the Institute of Medicine (IOM) recommendations, what is the appropriate **weekly rate of pregnancy weight gain** for women who had **obesity** before pregnancy?

- ☐ 1: Less than 0.17 kg/week
- ☐ 2: 0.17-0.27 kg/week
- ☐ 3: 0.23-0.33 kg/week
- ☐ 4: 0.35-0.50 kg/week
- ☐ 5: 0.44-0.58 kg/week
- ☐ 6: More than 0.58 kg/week
- ☐ 9: Don't know

BESTGWG_OB2