

GWG KAP STUDY – QUANTITATIVE FORM (FEMALE HOUSEHOLD MEMBERS)

I. BASIC DATA

1.1 Research Staff Code:

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 CRAB_O

1.2 Visit Date:

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d	d		m	m		y	y	y	y

 VISDT_O

1.3 What is the name of the pregnant woman in your household?

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 NAMS

Verify that the pregnant woman is a participant for the study.

If the named woman is indeed a study participant, then locate the study ID for the pregnant woman and enter the same ID into question 1.6 for the household member.

If the named woman is not a participant of the study, then end the process here.

1.4 What is your relationship with the pregnant woman?

- ☐ 1: Partner
- ☐ 2: Mother
- ☐ 3: Mother-in-law
- ☐ 4: Father-in-law
- ☐ 5: Friends
- ☐ 6: Relatives
- ☐ 7: Other

RELATION_O

1.5 Do you live regularly with the pregnant woman in the same household?

- ☐ 1: Yes
- ☐ 2: No

LIVE_O

If "Yes," then proceed.

If "No," then ineligible and end the process here.

1.6 Participant's Study ID:

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 RIDE_O

Use the same ID as the enrolled pregnant woman.

II. KNOWLEDGE AND PRACTICE OF GESTATIONAL WEIGHT GAIN MANAGEMENT

2.1 Do you know how much weight the pregnant woman in your household has gained since she becomes pregnant for this pregnancy?	☐ 1 Yes ☐ 2 No ☐ 8 Not sure	KNOWGWG_O
2.2 If yes or not sure, how much weight do you think the pregnant woman in your household has gained during this pregnancy so far?	☐ 1: She has lost weight since becoming pregnant ☐ 2: Same weight as before pregnancy ☐ 3: 0-<2 kg ☐ 4: 2-<5 kg ☐ 5: 5-<10 kg ☐ 6: 10-<15 kg ☐ 7: 15-20 kg ☐ 8: More than 20 kg ☐ 9: Don't know	GWGSELF1_O
2.3 What do you think about the weight gain so far for the pregnant woman in your household?	☐ 1: She is not gaining enough weight ☐ 2: She is gaining just appropriate weight ☐ 3: She is gaining too much weight ☐ 9: Don't know	GWGSELF2_O

2.4 Do you know the best amount of weight gain the pregnant woman in your household should gain over the entire course of her pregnancy?	☐ 1: Less than 5 kg ☐ 2: 5-9 kg ☐ 3: 7-11.5 kg ☐ 4: 11.5-16 kg ☐ 5: 12.5-18 kg ☐ 6: More than 18 kg ☐ 9: Don't know	BESTGWG_O
2.5 What is the source of your information about weight gain during pregnancy (select all that apply)?	☐ 1: I have received no information for pregnancy weight gain ☐ 2: Television ☐ 3: Internet ☐ 4: Newspaper ☐ 5: Books/magazines ☐ 6: Healthcare providers ☐ 7: Family members ☐ 8: Friends ☐ 9: Neighbors ☐ 10: Other sources, specify _____	GWGSOURCE_O
2.6 What types of information have you received about pregnancy weight (select all that apply)?	☐ 1 I have received no information on pregnancy weight gain during antenatal visits ☐ 2 Information about the appropriate amount of pregnancy weight gain ☐ 3 Information that too little weight gain has risks ☐ 4 Information that too much weight gain has risks ☐ 5 Information on dietary management of pregnancy weight gain ☐ 6 Information on managing pregnancy weight gain through physical activity	GWGINFOTYPE_O
2.7 Which of these conditions do you think can be caused by inadequate (too little) weight gain during pregnancy (select all that apply)?	☐ 1 Giving birth to a small baby. ☐ 2 Giving birth to a big baby. ☐ 3 Baby dies in the womb before delivery ☐ 4 Baby dies after delivery ☐ 5 Having a baby with a structural abnormality ☐ 6 Giving birth too early ☐ 7 Baby develops overweight or obesity ☐ 8 Mother developing high blood pressure ☐ 9 Mother developing diabetes ☐ 10 Need for Cesarean section ☐ 11 Having problems with vaginal delivery ☐ 88 Don't know	KNOWINADE_O
2.8 Which of these conditions do you think can be caused by excessive (too much) weight gain during pregnancy (select all that apply)?	☐ 1 Giving birth to a small baby ☐ 2 Giving birth to a big baby ☐ 3 Baby dies in the womb before delivery ☐ 4 Baby dies after delivery ☐ 5 Having a baby with a structural abnormality ☐ 6 Giving birth too early ☐ 7 Baby develops overweight or obesity ☐ 8 Mother developing high blood pressure ☐ 9 Mother developing diabetes ☐ 10 Need for Cesarean section ☐ 11 Having problems with vaginal delivery ☐ 88 Don't know	KNOWEXCESS_O
2.9 How important do you think maintaining appropriate weight gain during pregnancy is for baby's health?	☐ 1 Not important at all ☐ 2 Not very important ☐ 3 Neither important nor unimportant ☐ 4 Slightly important ☐ 5 Very important ☐ 8 Don't know	IMPORCHILD_O

2.10 How important do you think maintaining appropriate weight gain during pregnancy is for women's health ?	☐ 1 Not important at all ☐ 2 Not very important ☐ 3 Neither important nor unimportant ☐ 4 Slightly important ☐ 5 Very important ☐ 8 Don't know
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IMPORMOM_O