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C. Your Background

The following questions will help us describe who participates in our study. Please answer to the best of your abilities.

C1. What is your gender?

- ☐ Male
- ☐ Female
- ☐ Other, you may specify if you like:
- ☐ Prefer not to answer

C2. Do you consider yourself Hispanic or Latino/a?

- ☐ Yes
- ☐ No
- ☐ Prefer not to answer

C3. Select the group that best represents your race. Select all that apply.

- ☐ Black or African American
- ☐ Native Hawaiian or other Pacific Islander
- ☐ American Indian or Alaska Native
- ☐ White
- ☐ Asian
- ☐ Prefer not to answer

C4. What is the last grade or level of school you have completed?

- ☐ Grade school (1-5)
- ☐ Middle school (6-8)
- ☐ Some high school (9-12), no diploma
- ☐ Completed high school or GED or equivalent
- ☐ Technical or trade school
- ☐ Some college, no degree
- ☐ 2-year college degree (Associate's)
- ☐ 4-year college or university degree (Bachelor's)
- ☐ Graduate or professional school
- ☐ Attended school outside USA, please specify number of years completed
- ☐ Prefer not to answer

C5. What is your current marital status?

- ☐ Married or living with a partner
- ☐ Widowed
- ☐ Divorced or separated
- ☐ Never been married
- ☐ Prefer not to answer



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C6. Do you consider yourself to be:

- ☐ Straight or heterosexual
☐ Gay or lesbian
☐ Bisexual
☐ Other, *you may specify if you like:*
☐ Prefer not to answer

C7. Are you presently: *Select all that describe you.*

- ☐ Employed full-time (working at least 35-40 hours per week)
☐ Employed part-time (working less than 35 hours per week)
☐ A full-time homemaker
☐ Full or part-time student
☐ Retired
☐ Disabled or on medical leave
☐ Unemployed
☐ Looking for work
☐ Prefer not to answer

C8. How many people are in your household (including yourself)?

People in household

- ☐ Prefer not to answer

C9. In general, how do your finances usually work out at the end of the month?

- ☐ End up with some money left over
☐ Have just enough money to make ends meet
☐ Do not have enough money to make ends meet
☐ Prefer not to answer

**C10. What was the total combined income (before taxes) of your household in the past year?
(including income from all sources such as wages, salaries, Social Security or retirement benefits, help from relatives, etc.)**

- ☐ Less than \$20,000
☐ \$20,000 to \$49,000
☐ \$50,000 to \$89,000
☐ \$90,000 to \$119,999
☐ \$120,000 or above
☐ Not sure
☐ Prefer not to answer



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D. Your Lifestyle

These next questions ask about your physical activity. **Think about the past twelve months and all the physical activities that you did in a typical 7-day week.** Think only about those physical activities that you did for at least 10 minutes at a time.

D1a. On how many days did you do vigorous physical activities like heavy lifting, digging, fast-paced dancing, aerobics, singles tennis, freestyle swimming, running, or fast bicycling? Do not include walking.

☐

Days per week (1-7)

☐No vigorous physical activity (0 days) *IF NONE, SKIP TO QUESTION D2a*

D1b. How much time did you spend doing vigorous physical activities on average on those days?

 :

(hours + minutes per day)

D2a. On how many days did you do moderate physical activities like weeding, raking, social or slow-paced dancing, or horseback riding, golfing, bowling, canoeing, carrying light loads, bicycling at a regular pace, or double tennis? Do not include walking.

☐

Days per week (1-7)

☐No moderate physical activity (0 days) *IF NONE, SKIP TO QUESTION D3a*

D2b. How much time did you spend doing moderate activities on average on those days?

 :

(hours + minutes per day)

D3a. On how many days did you walk (at least 10 minutes at a time)? Include walking at work and at home, walking to travel from place to place, and any other walking that you might solely for recreation, sport, exercise, or leisure.

☐

Days per week (1-7)

☐No walking for at least 10 minutes (0 days) *IF NONE, SKIP TO QUESTIONS D4*

D3b. How much time did you usually spend walking on average on those days?

 :

(hours + minutes per day)

D4. How much time did you spend sitting on a weekday? Include time spent at work, at home, while doing course work, and during leisure time. This may include time spent sitting at a desk, visiting friends, reading, driving, or riding in a vehicle, or sitting or lying down to watch television. Do not include time sleeping.

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(hours + minutes per day)