

Sep 1, 2021

A survey of dietary and lifestyle habits prior to gastroscopy

【Questionnaire】

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Section 1: Basic information

1.1 Outpatient ID number:

1.2 Sex: Male ... Female ...

1.3 Date of birth:

1.4 Height(cm): Weight(Kg):

1.5 Home address: _____ Province _____ City _____ District/County _____

1.6 What is your marital status?

... Married

... Unmarried

... Divorce

... Widowed

1.7 What is the highest level of school education you ever received?

... Primary school and below

... Middle School

... High School

... Undergraduate and above

1.8 Have you had a gastroscopy within 1 year?

... Yes

... No

1.9 Have you ever had a malignant tumour?

... Yes

... No

1.10 Has your parent, child or sibling ever had gastric cancer?

... Yes

... No

1.11 Have you ever had a *H. pylori* infection?

... Yes

... No

... Ambiguous

1. 12 Have you ever had stomach surgery?

... Yes

... No

1. 13 Have you had any of the following signs or symptoms within six months?

... palpable upper abdominal mass

... dysphagia

... abdominal pain

... melena

... haematemesis

... emesis

... unintentional weight loss of more than 4.5 kg

Section 2: dietary and lifestyle habits

2.1 During the past 12 months, how often did you drink any alcohol?

... <3 times/week

... ≥3 times/week

2.2 Have you ever been a smoker?

... Never

... Past

... Current

2.3 During the past 12 months, how often did you drink tea?

... <3 times/week

... ≥3 times/week

2.4 During the past 12 months, about how often did you eat the following foods?

	<3 times/week	≥3 times/week
Fried food	...	...
Pickled food	...	...
Spicy food	...	...
Hot food	...	...
Soy food	...	...
Smoked food	...	...
White meat	...	...
Red meat	...	...
Fresh fruits	...	...
Fresh vegetables	...	...