

Research sub-study title: Delay in attending for care among Oral and Oropharyngeal Squamous Cell Carcinoma Patients in Muhimbili National Hospital, Tanzania

Clinical Form 1: Physical Performance Assessment

TOOL: Karnofsky Performance Status Scale (KPS)

Use the Karnofsky Performance Scale Index to assess and score patient's physical performance and functional impairment

Condition	Value %	Level of Functional Capacity	Score [V]
Able to carry on normal activity and to work; no special care needed	100%	No complaints; no evidence of disease	
	90%	Able to carry on normal activity; minor signs or symptoms of disease	
	80%	Normal activity with effort; some signs or symptoms of disease	
Unable to work; able to live at home and care for most personal needs; varying amount of assistance needed	70%	Cares for self; unable to carry on normal activity or to do active work	
	60%	Requires occasional assistance but is able to care for most personal needs	
	50%	Requires considerable assistance and frequent medical care	
Unable to care for self; requires equivalent of institutional or hospital care; diseases may be progressing rapidly	40%	Disabled; requires special care and assistance	
	30%	Severely disabled; hospital admission indicated although death not imminent	
	20%	Very sick; hospital admission necessary; active supportive treatment necessary	
	10%	Moribund; fatal processes progressing rapidly	
	0%	Dead	