

Parts of a web-based questionnaire addressed to clinicians after 3 and 6 months of treatment

The presented questions, translated from Swedish to English, are data used in the manuscript

1. How often did you log in to the clinic's interface?

- a) Every day
- b) Several times a week
- c) One time a week
- d) Less often than one time a week

2. Which topics were most commonly addressed in the messages you sent to the parents?

Multiple response options are possible

- a) Reminders about weighing
- b) Reminders about using the activity monitor
- c) Feedback regarding relative weight change
- d) Feedback regarding physical activity
- e) Dietary advice
- f) Physical activity advice
- g) Scheduling of appointments
- h) Other topics

3. Did you experience any difficulties with the clinic's interface?

- a) Yes
- b) No

4. If your response to the previous question was 'yes', which difficulties did you experience?

Multiple response options possible

- a) Technical difficulties
- b) Vague message function
- c) Time consuming
- d) The weight loss target curves were difficult to understand

5. In your opinion, which were the major advantages with the mHealth support system/the clinic's interface? Multiple response options possible

- a) Facilitates the communication with the parents
- b) Provides a clear treatment goal
- c) Makes it easy to track the patient's weight development
- d) Time saving e.g. through fewer appointments