

Serial Number:-----

Nutritional status and associated demographic details in Sri Lankan children

(Filled by investigator)

1 Date of study -----

2 Name -----

3 Age D.O.B -----

4 Sex Male ☐ Female ☐

5 Address -----

6 Telephone Residence Mobile -----

7 Ethnicity -----

8 Birth weight: Exclusive breast feeding: months

9 Family history of:

Obesity	Father	Mother	sibling
NIDDM	Father	Mother	sibling
HT	Father	Mother	sibling
IHD	Father	Mother	sibling
CVA	Father	Mother	sibling

Grand parents	MF	MM	PF	PM
Grand parents	MF	MM	PF	PM
Grand parents	MF	MM	PF	PM
Grand parents	MF	MM	PF	PM
Grand parents	MF	MM	PF	PM

10. Socio Demographic and Economic factors.

10.1. Marital status of parents

- 1.1. Married ☐
- 1.2. Unmarried ☐
- 1.3. Divorced ☐
- 1.4. Widow ☐
- 1.5. Separated ☐
- 1.6. Do not like to declare ☐

10.2. Type of family

- 1.7. Nuclear ☐
- 1.8. Extended ☐

10.3. Ethnicity

- Tamil ☐
- Sinhalese ☐
- Muslim ☐
- Burgher ☐
- Other (Specify)-: ☐

10.4. Maternal education

Nil	
Incomplete primary	
Complete primary	
Incomplete secondary	
Complete Secondary	
Higher degree	

10.5 Occupation

Mothers' occupation:- -----

Fathers 'occupation:- -----

Serial Number:-----

10.6. Monthly family income:-

LKR<15,000

☐

LKR 15,000—<50,000

☐

LKR ≥50,000

☐

10.7. Number of Siblings

Nil

☐

<5

☐

>5

☐

EXAMINATION

Height -----cm

Waist circumference ----- cm

Weight -----kg

Impedance -----Ω

10. Acanthosis nigricans

Yes

☐

No

☐

11. Pubertal staging

Breast development

1 2 3 4 5

Pubic hair

1 2 3 4 5

Axillary hair

1 2 3

Testicular volume

Left: -----ml

Right: -----ml

Age of Menarche
