

Treatment Fidelity – Psychoeducation and Relaxation Training (PRT)

Treatment integrity assessment form:

Session 1

Patient ID: _____ Therapist: _____ Date of scoring: _____ Assessed by: _____

PERFORMANCE: Assessment of compliance with manual/treatment model

Use the following scale:

1	2	3	4
Very deficient	Lack of compliance	Good compliance	Very good compliance

1. Contact

Score: ____

- Knowledge of the child's current hobbies and strengths
- Focus on alliance building

2. Obtains patient knowledge

Score: ____

- Overview of social, developmental and school conditions and history
- Obtain knowledge about obsessive-compulsive symptoms (OCD) symptoms and treatment history
- Obtain knowledge about the impact of symptoms on everyday life

3. Psychoeducation about OCD

Score: ____

- Explores family knowledge of OCD
- Provides factual information about OCD
- Introduces the understanding of OCD as a neurobiological disorder
- Introduces the idea that the patient may live an ordinary life despite OCD

4. Psychoeducation about treatment

Score: ____

- Description of the relaxation therapy
- Introduces the rationale for relaxation as a treatment approach
- Stresses the importance of practicing relaxation
- Description of a behavioral reward program

5. Introduce home assignments

Score: ____

- Self-monitoring of symptoms in diary
- Implementation of a behavioral reward program

Session 1



Overall assessment - compliance with session 1 manual:

Score: ____

The score should be an overall assessment of compliance related to the objectives and core areas of the manual for the whole session

6. Parental Involvement:

Score: ____

- One or both parents present throughout the session

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COMPETENCE: Assessment of competence to administer manual

Use the following scale: (tick)

<i>Manages the protocol with skill, is able to explain and implement</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

RELATIONSHIP AND PROCESS SKILLS: Therapist competence in relationship and process skills

Use the following scale: (tick)

<i>Demonstrates flexibility, sensitivity, creativity and good communication skills</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

COMMENTS ON SESSION 1:

1. What is your assessment of how difficult this client and family were?

1	2	3	4
Very difficult	Difficult	Not difficult	On the whole not difficult

2. Was there a video recording of the entire session?

Yes _____

No _____

3. Was the recording difficult to score due to poor technical quality?

Yes _____

No

4. **Other comments** (if you have other comments, please note them in the box)



Treatment Fidelity – Psychoeducation and Relaxation Training (PRT)

Treatment integrity assessment form:

Session 2

Patient ID: _____ Therapist: _____ Date of scoring: _____ Assessed by: _____

PERFORMANCE: Assessment of compliance with manual/treatment model

Use the following scale:

1	2	3	4
Very deficient	Lack of compliance	Good compliance	Very good compliance

1. Review events from last week

Score: ____

- Events in the child's life and environment
- OCD symptoms and impact on everyday life

2. Psychoeducation

Score: ____

- Establishes that patient remembers definition of OCD from session 1

3. Introduction of new tools by the therapist

Score: ____

- Explains feelings thermometer
- Makes symptom hierarchy
- Explains the rationale behind the symptom hierarchy

4. Homework

Score: ____

- Reviews homework from last week
- Provides home assignments: self-monitoring with feelings thermometer

Session 2



Overall assessment - compliance with session 2 manual:

Score: ____

The score should be an overall assessment of compliance related to the objectives and core areas of the manual for the whole session

5. Parental Involvement:

Score: ____

- One or both parents present throughout the session
- Parent theme: Expectations

COMPETENCE: Assessment of competence to administer manual

Use the following scale: (tick)

<i>Manages the protocol with skill, able to explain and implement</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

RELATIONSHIP AND PROCESS SKILLS: Therapist competence in relationship and process skills

Use the following scale: (tick)

<i>Demonstrates flexibility, sensitivity, creativity and good communication skills</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

Session 2

COMMENTS ON SESSION 2:

1. What is your assessment of how difficult this client and family were?

1	2	3	4
Very difficult	Difficult	Not difficult	On the whole not difficult

2. Was there a video recording of the entire session?

Yes _____

No _____

3. Was the recording difficult to score due to poor technical quality?

Yes _____

No _____

4. **Other comments** (if you have other comments, please note them in the box)



Treatment Fidelity – Psychoeducation and Relaxation Training (PRT)

Treatment integrity assessment form:

Session 3

Patient ID: _____ Therapist: _____ Date of scoring: _____ Assessed by: _____

PERFORMANCE: assessment of compliance with manual/treatment model

Use the following scale:

1	2	3	4
Very deficient	Lack of compliance	Good compliance	Very good compliance

1. Review events from last week

Score: ____

- Events in the child's life and environment
- OCD symptoms and impact on everyday life

2. Rating of OCD symptoms

Score: ____

- Rates symptoms on the feelings thermometer

3. Relaxation training

Score: ____

- Repeat rationale behind relaxation training
- Explain muscle tension and relaxation exercises
- The patient must sit in a chair or lie down
- Performing an exercise
- Focus on the parts of the body that the child has difficulty relaxing

4. Homework

Score: ____

- Reviews homework from last week
- New homework: Practice exercise daily
- New homework: Monitor exercises

Session 3



Overall assessment - compliance with session 3 manual:

Score: ____

The score should be an overall assessment of compliance related to the objectives and core areas of the manual for the whole session

5. Parental Involvement:

Score: ____

- One or both parents present for the last 30 minutes of the session
- Reviews the content of the session with parents
- Explains homework
- Parent theme: Exercise with parents

COMPETENCE: Assessment of competence for manual administration

Use the following scale: (tick)

<i>Manages the protocol with skill, able to explain and implement</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

RELATIONSHIP AND PROCESS SKILLS: Therapist competence in relationship and process skills

Use the following scale: (tick)

<i>Demonstrates flexibility, sensitivity, creativity and good communication skills</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

Treatment integrity assessment form:

Session 4

Patient ID: _____ Therapist: _____ Date of scoring: _____ Assessed by: _____

PERFORMANCE: Assessment of compliance with manual/treatment model

Use the following scale:

1	2	3	4
Very deficient	Lack of compliance	Good compliance	Very good compliance

1. Review events from last week

Score: ____

- Events in the child's life and environment
- OCD symptoms and impact on everyday life
- Talk about positive experiences during the week

2. Rating of OCD symptoms

Score: ____

- Makes rating on the feelings thermometer for each symptom

3. Relaxation training

Score: ____

- Does an exercise from the catalogue

4. Homework

Score: ____

- Reviews homework from last week
- New homework assignment: Practice exercise(s) daily
- New homework: Monitor exercises

Session 4



Overall assessment - compliance with session 4 manual:

Score: ____

The score should be an overall assessment of compliance related to the objectives and core areas of the manual for the whole session

5. Parental Involvement:

Score: ____

- One or both parents present for the last 30 minutes
- Reviews the content of the session with parents
- Explains homework
- Parent theme: Discuss good conditions for practicing at home

COMPETENCE: Assessment of competence to administer manual

Use the following scale: (tick)

<i>Manages the protocol with skill, able to explain and implement</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

RELATIONSHIP AND PROCESS SKILLS: Therapist competence in relationship and process skills

Use the following scale: (tick)

<i>Demonstrates flexibility, sensitivity, creativity and good communication skills</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

1. What is your assessment of how difficult this client and family were?

1	2	3	4
Very difficult	Difficult	Not difficult	On the whole not difficult

2. Was there a video recording of the entire session?

Yes _____

No _____

3. Was the recording difficult to score due to poor technical quality?

Yes _____
No _____

4. **Other comments** (if you have other comments, please note them in the box)



Treatment Fidelity – Psychoeducation and Relaxation Training (PRT)

Treatment integrity assessment form: **Session 5**

Patient ID: _____ Therapist: _____ Date of scoring: _____ Assessed by: _____

PERFORMANCE: assessment of compliance with manual/treatment model

Use the following scale:

1	2	3	4
Very deficient	Lack of compliance	Good compliance	Very good compliance

1. Review events from last week

Score: ____

- Events in the child's life and environment
- OCD symptoms and impact on everyday life
- Talk about positive experiences

2. Rating of OCD symptoms

Score: ____

- Makes rating on the feelings thermometer for each symptom

3. Relaxation training

Score: ____

- Does an exercise from the catalogue (relaxation or breathing)
- Talking about relaxation in different situations

4. Homework

Score: ____

- Reviewing homework from last week
- New homework: Do exercise(s) daily
- New homework: Monitor training

Session 5



Overall assessment - compliance with session 5 manual:

Score: ____

The score should be an overall assessment of compliance related to the objectives and core areas of the manual for the whole session

5. Parental Involvement:

Score: ____

- One or both parents present for the last 30 minutes
- Review the content of the session with parents
- Explains homework
- Parent theme: Minimizing guilt

COMPETENCE: Assessment of competence to administer manual

Use the following scale: (tick)

<i>Manages the protocol with skill, able to explain and implement</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

RELATIONSHIP AND PROCESS SKILLS: Therapist competence in relationship and process skills

Use the following scale: (tick)

<i>Demonstrates flexibility, sensitivity, creativity and good communication skills</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

Session 5

COMMENTS ON SESSION 5:

1. What is your assessment of how difficult this client and family were?

1	2	3	4
Very difficult	Difficult	Not difficult	On the whole not difficult

2. Was there a video recording of the entire session?

Yes _____

No _____

3. Was the recording difficult to score due to poor technical quality?

Yes _____

No _____

4. **Other comments** (if you have other comments, please note them in the box)

Treatment integrity assessment form: Session 6

Patient ID: _____ Therapist: _____ Date of scoring: _____ Assessed by: _____

PERFORMANCE: Assessment of compliance with manual/treatment model

Use the following scale:

1	2	3	4
Very deficient	Lack of compliance	Good compliance	Very good compliance

1. Review events from last week

Score: ____

- Events in the child's life and environment
- OCD symptoms and impact on everyday life
- Talk about positive experiences

2. Rating of OCD symptoms

Score: ____

- Makes rating on the feelings thermometer for each symptom

3. Relaxation training

Score: ____

- Does an exercise from the catalogue
- Talks about relaxation in at least one new situation

4. Homework

Score: ____

- Reviews homework from last week
- New homework: Do exercises daily
- New homework: Monitor training

Session 6



Overall assessment - compliance with session 6 manual:

Score: ____

The score should be an overall assessment of compliance related to the objectives and core areas of the manual for the whole session

5. Parental Involvement:

Score: ____

- One or both parents present for the last 30 minutes
- Reviews the content of the session with parents
- Explains homework
- Parent theme: The family's attitude towards the child and the OCD

COMPETENCE: Assessment of competence to administer manual

Use the following scale: (tick)

<i>Manages the protocol with skill, able to explain and implement</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

RELATIONSHIP AND PROCESS SKILLS: Therapist competence in relationship and process skills

Use the following scale: (tick)

<i>Demonstrates flexibility, sensitivity, creativity and good communication skills</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

Session 6

COMMENTS ON SESSION 6:

1. What is your assessment of how difficult this client and family were?

1	2	3	4
Very difficult	Difficult	Not difficult	On the whole not difficult

2. Was there a video recording of the entire session?

Yes _____

No _____

3. Was the recording difficult to score due to poor technical quality?

Yes _____

No _____

4. **Other comments** (if you have other comments, please note them in the box)



Treatment integrity assessment form: Session 7

Patient ID: _____ Therapist: _____ Date of scoring: _____ Assessed by: _____

PERFORMANCE: Assessment of compliance with manual/treatment model

Use the following scale:

1	2	3	4
Very deficient	Lack of compliance	Good compliance	Very good compliance

1. Review events from last week

Score: ____

- Events in the child's life and environment
- OCD symptoms and impact on everyday life
- Talk about positive experiences

2. Rating of OCD symptoms

Score: ____

- Makes rating on the feelings thermometer for each symptom

3. Relaxation training

Score: ____

- Does an exercise from the catalogue (relaxation or breathing)
- Talks about relaxation in at least one new situation
-

4. Homework

Score: ____

- Reviews homework from last week
- New homework: Do exercises daily
- New homework: Monitor training

Session 7



Overall assessment - compliance with session 7 manual:

Score: ____

The score should be an overall assessment of compliance related to the objectives and core areas of the manual for the whole session

5. Parental Involvement:

Score: ____

- One or both parents present throughout the session

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COMPETENCE: Assessment of competence to administer manual

Use the following scale: (tick)

<i>Manages the protocol with skill, able to explain and implement</i>			
1 Very poor competence	2 Poor competence	3 Good competence	4 Very good competence

RELATIONSHIP AND PROCESS SKILLS: Therapist competence in relationship and process skills

Use the following scale: (tick)

<i>Demonstrates flexibility, sensitivity, creativity and good communication skills</i>			
1 Very poor competence	2 Poor competence	3 Good competence	4 Very good competence

Session 7

COMMENTS ON SESSION 7:

1. What is your assessment of how difficult this client and family were?

1	2	3	4
Very difficult	Difficult	Not difficult	On the whole not difficult

2. Was there a video recording of the entire session?

Yes _____

No _____

3. Was the recording difficult to score due to poor technical quality?

Yes _____

No _____

4. **Other comments** (if you have other comments, please note them in the box)



Treatment integrity assessment form: Session 8

Patient ID: _____ Therapist: _____ Date of scoring: _____ Assessed by: _____

PERFORMANCE: Assessment of compliance with manual/treatment model

Use the following scale:

1	2	3	4
Very deficient	Lack of compliance	Good compliance	Very good compliance

1. Review events from last week

Score: ____

- Events in the child's life and environment
- OCD symptoms and impact on everyday life
- Talk about positive experiences

2. Rating of OCD symptoms

Score: ____

- Makes rating on the feelings thermometer for each symptom

3. Relaxation training

Score: ____

- Does an exercise from the catalogue (relaxation or breathing)
- Talks about relaxation in at least one new situation

4. Homework

Score: ____

- Reviews homework from last week
- New homework: Do exercises daily
- New homework: Monitor training

Session 8



Overall assessment - compliance with session 8 manual:

Score: ____

The score should be an overall assessment of compliance related to the objectives and core areas of the manual for the whole session

5. Parental Involvement:

Score: ____

- One or both parents present for the last 30 minutes
- Reviews the content of the session with parents
- Explains homework
- Parent theme: Child taking responsibility for the treatment

COMPETENCE: Assessment of competence to administer manual

Use the following scale: (tick)

<i>Manages the protocol with skill, able to explain and implement</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

RELATIONSHIP AND PROCESS SKILLS: Therapist competence in relationship and process skills

Use the following scale: (tick)

<i>Demonstrates flexibility, sensitivity, creativity and good communication skills</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

Session 8

COMMENTS ON SESSION 8:

1. What is your assessment of how difficult this client and family were?

1	2	3	4
Very difficult	Difficult	Not difficult	On the whole not difficult

2. Was there a video recording of the entire session?

Yes _____
No _____

3. Was the recording difficult to score due to poor technical quality?

Yes _____

No _____

4. **Other comments** (if you have other comments, please note them in the box)

Treatment integrity assessment form: Session 9

Patient ID: _____ Therapist: _____ Date of scoring: _____ Assessed by: _____

PERFORMANCE: Assessment of compliance with manual/treatment model

Use the following scale:

1	2	3	4
Very deficient	Lack of compliance	Good compliance	Very good compliance

1. Review events from last week

Score: ____

- Events in the child's life and environment
- OCD symptoms and impact on everyday life
- Talk about positive experiences

2. Rating of OCD symptoms

Score: ____

- Makes rating on the feelings thermometer for each symptom

3. Relaxation training

Score: ____

- Does an exercise from the catalogue (relaxation or breathing)

4. Homework

Score: ____

- Reviews homework from last week
- New homework: Do exercises daily
- New homework: Monitor training

Session 9



Overall assessment - compliance with session 9 manual:

Score: ____

The score should be an overall assessment of compliance related to the objectives and core areas of the manual for the whole session

5. Parental Involvement:

Score: ____

- One or both parents present for the last 30 minutes
- Reviews the content of the session with parents
- Explains homework
- Parent theme: Distinguishing OCD from other problems

COMPETENCE: Assessment of competence to administer manual

Use the following scale: (tick)

<i>Manages the protocol with skill, able to explain and implement</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

RELATIONSHIP AND PROCESS SKILLS: Therapist competence in relationship and process skills

Use the following scale: (tick)

<i>Demonstrates flexibility, sensitivity, creativity and good communication skills</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

Session 9

COMMENTS ON SESSION 9:

1. What is your assessment of how difficult this client and family were?

1	2	3	4
Very difficult	Difficult	Not difficult	On the whole not difficult

2. Was there a video recording of the entire session?

Yes _____

No _____

3. Was the recording difficult to score due to poor technical quality?

Yes _____

No _____

4. **Other comments** (if you have other comments, please note them in the box)

Treatment integrity assessment form: Session 10

Patient ID: _____ Therapist: _____ Date of scoring: _____ Assessed by: _____

PERFORMANCE: Assessment of compliance with manual/treatment model

Use the following scale:

1	2	3	4
Very deficient	Lack of compliance	Good compliance	Very good compliance

1. Review events from last week

Score: ____

- Events in the child's life and environment
- OCD symptoms and impact on everyday life
- Talk about positive experiences

2. Rating of OCD symptoms

Score: ____

- Makes rating on the feelings thermometer for each symptom

3. Relaxation training

Score: ____

- Does an exercise from the catalogue (relaxation or breathing)
-

4. Homework

Score: ____

- Reviewing homework from last week
- New homework: Do exercises daily
- New homework: Monitor training

Session 10



Overall assessment - compliance with session 10 manual:

Score: ____

The score should be an overall assessment of compliance related to the objectives and core areas of the manual for the whole session

5. Parental Involvement:

Score: ____

- One or both parents present for the last 30 minutes
- Review the content of the session with parents
- Explain homework
- Parent theme: Nurturing the family

COMPETENCE: Assessment of competence to administer manual

Use the following scale: (tick)

<i>Manages the protocol with skill, able to explain and implement</i>			
1 Very poor competence	2 Poor competence	3 Good competence	4 Very good competence

RELATIONSHIP AND PROCESS SKILLS: Therapist competence in relationship and process skills

Use the following scale: (tick)

<i>Demonstrates flexibility, sensitivity, creativity and good communication skills</i>			
1 Very poor competence	2 Poor competence	3 Good competence	4 Very good competence

Session 10

COMMENTS ON SESSION 10:

1. What is your assessment of how difficult this client and family were?

1	2	3	4
Very difficult	Difficult	Not difficult	On the whole not difficult

2. Was there a video recording of the entire session?

Yes _____

No _____

3. Was the recording difficult to score due to poor technical quality?

Yes _____
No _____

4. **Other comments** (if you have other comments, please note them in the box)

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Treatment integrity assessment form: Session 11

Patient ID: _____ Therapist: _____ Date of scoring: _____ Assessed by: _____

PERFORMANCE: Assessment of compliance with manual/treatment model

Use the following scale:

1	2	3	4
Very deficient	Lack of compliance	Good compliance	Very good compliance

1. Review events from last week

Score: ____

- Events in the child's life and environment
- OCD symptoms and impact on everyday life
- Talk about positive experiences

2. Rating of OCD symptoms

Score: ____

- Makes rating on the feelings thermometer for each symptom

3. Relaxation training

Score: ____

- Does an exercise from the catalogue (relaxation or breathing)
-

4. Homework

Score: ____

- Reviewing homework from last week
- New homework: Do exercises daily
- New homework: Monitor training

Session 11



Overall assessment - compliance with session 11 manual:

Score: ____

The score should be an overall assessment of compliance related to the objectives and core areas of the manual for the whole session

5. Parental Involvement:

Score: ____

- Parents present throughout the session

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COMPETENCE: Assessment of competence to administer manual

Use the following scale: (tick)

<i>Manages the protocol with skill, able to explain and implement</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

RELATIONSHIP AND PROCESS SKILLS: Therapist competence in relationship and process skills

Use the following scale: (tick)

<i>Demonstrates flexibility, sensitivity, creativity and good communication skills</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

Session 11

COMMENTS ON SESSION 11:

1. What is your assessment of how difficult this client and family were?

1	2	3	4
Very difficult	Difficult	Not difficult	On the whole not difficult

2. Was there a video recording of the entire session?

Yes ___
No ___

3. Was the recording difficult to score due to poor technical quality?

Yes ___
No ___

4. Other comments (if you have other comments, please note them in the box)

Treatment Fidelity – Psychoeducation and Relaxation Training (PRT)

Treatment integrity assessment form: **Session 12**

Patient ID: _____ Therapist: _____ Date of scoring: _____ Assessed by: _____

PERFORMANCE: Assessment of compliance with manual/treatment model

Use the following scale:

1	2	3	4
Very deficient	Lack of compliance	Good compliance	Very good compliance

1. Review events from last week

- Events in the child's life and environment
- OCD symptoms and impact on everyday life
- Talk about positive experiences

Score: ____

2. Rating of OCD symptoms

- Makes rating on the feelings thermometer for each symptom

Score: ____

3. Relaxation training

- Does an exercise from the catalogue (relaxation or breathing)

Score: ____

4. Homework

- Reviewing homework from last week
- New homework: Do exercises daily
- New homework: Monitor training

Score: ____

Session 12



Overall assessment - compliance with session 12 manual:

Score: ____

The score should be an overall assessment of compliance related to the objectives and core areas of the manual for the whole session

5. Parental Involvement:

Score: ____

- One or both parents present for the last 30 minutes
- Reviews the content of the session with parents
- Explains homework
- Parent theme: Preventing relapse

COMPETENCE: Assessment of competence to administer manual

Use the following scale: (tick)

<i>Manages the protocol with skill, able to explain and implement</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

RELATIONSHIP AND PROCESS SKILLS: Therapist competence in relationship and process skills

Use the following scale: (tick)

<i>Demonstrates flexibility, sensitivity, creativity and good communication skills</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

Session 12

COMMENTS ON SESSION 12:

1. What is your assessment of how difficult this client and family were?

1	2	3	4
Very difficult	Difficult	Not difficult	On the whole not difficult

2. Was there a video recording of the entire session?

Yes _____

No _____

3. Was the recording difficult to score due to poor technical quality?

Yes _____

No _____

4. **Other comments** (if you have other comments, please note them in the box)



Treatment integrity assessment form: Session 13

Patient ID: _____ Therapist: _____ Date of scoring: _____ Assessed by: _____

PERFORMANCE: Assessment of compliance with manual/treatment model

Use the following scale:

1	2	3	4
Very deficient	Lack of compliance	Good compliance	Very good compliance

1. Review events from last week

Score: ____

- Events in the child's life and environment
- OCD symptoms and impact on everyday life
- Talk about positive experiences

2. Rating of OCD symptoms

Score: ____

- Makes rating on the feelings thermometer for each symptom

3. Relaxation training

Score: ____

- Does an exercise from the catalogue (relaxation or breathing)
-

4. Homework

Score: ____

- Reviewing homework from last week
- New homework: Do exercises daily
- New homework: Monitor training

Session 13



Overall assessment - compliance with session 12 manual:

Score: ____

The score should be an overall assessment of compliance related to the objectives and core areas of the manual for the whole session

5. Parental Involvement:

Score: ____

- One or both parents present for the last 30 minutes
- Reviews the content of the session with parents
- Explains homework
- Parent theme: Preventing relapse

COMPETENCE: Assessment of competence to administer manual

Use the following scale: (tick)

<i>Manages the protocol with skill, able to explain and implement</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

RELATIONSHIP AND PROCESS SKILLS: Therapist competence in relationship and process skills

Use the following scale: (tick)

<i>Demonstrates flexibility, sensitivity, creativity and good communication skills</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

Session 13

COMMENTS ON SESSION 12:

1. What is your assessment of how difficult this client and family were?

1	2	3	4
Very difficult	Difficult	Not difficult	On the whole not difficult

2. Was there a video recording of the entire session?

Yes _____

No _____

3. Was the recording difficult to score due to poor technical quality?

Yes _____

No _____

4. **Other comments** (if you have other comments, please note them in the box)

Treatment integrity assessment form: Session 14

Patient ID: _____ Therapist: _____ Date of scoring: _____ Assessed by: _____

PERFORMANCE: Assessment of compliance with manual/treatment model

Use the following scale:

1	2	3	4
Very deficient	Lack of compliance	Good compliance	Very good compliance

1. Review events from last week

Score: ____

- Events in the child's life and environment
- OCD symptoms and impact on everyday life
- Talk about positive experiences

2. Rating of OCD symptoms

Score: ____

- Makes rating on the feelings thermometer for each symptom

3. Relaxation training

Score: ____

- Does an exercise from the catalogue (relaxation or breathing)

4. Homework

Score: ____

- Reviewing homework from last week

Session 14



Overall assessment - compliance with session 14 manual:

Score: ____

The score should be an overall assessment of compliance related to the objectives and core areas of the manual for the whole session

5. Parental Involvement:

Score: ____

- One or both parents are present throughout the session
- Whole family: Progress figures, relapse prediction, continued training
- Any further treatment
- Celebration of completion

COMPETENCE: Assessment of competence to administer manual

Use the following scale: (tick)

<i>Manages the protocol with skill, able to explain and implement</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

RELATIONSHIP AND PROCESS SKILLS: Therapist competence in relationship and process skills

Use the following scale: (tick)

<i>Demonstrates flexibility, sensitivity, creativity and good communication skills</i>			
1	2	3	4
Very poor competence	Poor competence	Good competence	Very good competence

Session 14

COMMENTS ON SESSION 14:

1. What is your assessment of how difficult this client and family were?

1	2	3	4
Very difficult	Difficult	Not difficult	On the whole not difficult

2. Was there a video recording of the entire session?

Yes _____

No _____

3. Was the recording difficult to score due to poor technical quality?

Yes _____
No _____

4. **Other comments** (if you have other comments, please note them in the box)

