

Additional Text 1. Calculating criterion c thresholds.

To calculate clinical significance thresholds for the PSQ-20 total score and subscores, the PSWQ-PW score, and the MK-HAI score, we used means and standard deviations from dysfunctional samples provided in the literature and related them to the means and standard deviations of our sample. The following values from a sample of psychosomatic patients (1) were used to calculate criterion c thresholds for the PSQ-20 scores: PSQ-20 total score: $M=0.52$, $SD=0.18$; PSQ-20 worries: $M=0.53$, $SD=0.26$; PSQ-20 tension: $M=0.48$, $SD=0.12$; PSQ-20 joy: $M=0.37$, $SD=0.23$; PSQ-20 demands: $M=0.44$, $SD=0.16$. The following values from a sample of high-worriers (2) were used to calculate a criterion c threshold for the PSWQ-PW score: $M=60.86$, $SD=7.08$. The following values from a sample with health anxiety indicated by a high Whitely Index (3) were used to calculate a criterion c threshold for the MK-HAI score: $M=29.49$, $SD=9.12$. The means and standard deviations for the respective questionnaire scores found in our sample are displayed in Table 2. The criterion c thresholds were calculated using the equation $\frac{(SD_{crs} * M_{oss}) + (SD_{oss} * M_{crs})}{SD_{crs} + SD_{oss}}$ (4), including the mean (M) and standard deviation (SD) values for the respective questionnaire scores from our online survey sample (oss) (see Table 2), as well as the mean and standard deviation values for the questionnaire scores from the dysfunctional samples from the literature as reported above. One criterion c threshold was calculated as clinical significance cut-off for each questionnaire score.

Literature Cited

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