

English Reading Anxiety Scale (ERAS)

Direction: All the questions in both Part A and Part B are for research purposes only, and any information obtained will remain confidential.

Part A:

Direction: Please answer the following questions or make a ✓ in the box next to the statement that fits your current situation.

- Sex: _____
- Age: _____ years old
- Your hometown is a: ☐City ☐Town ☐Countryside
- How many years have you studied English?
☐Less than 3 years ☐6 years ☐9 years ☐More than 12 years
- English scores on the Chinese National College Entrance Examination _____
- How would you rate your English reading ability on a scale of one to five? _____
☐Poor ☐Not good ☐Moderate ☐Good ☐Excellent

Part B:

Direction: The following statements apply to how people feel in the process of listening to native speakers of English. Please, place a ✓ in the box next to the statement that fits your ideas.

1. I get upset when I'm not sure whether I understand what I am reading in English.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
2. When reading in English, I often understand the words but still can't quite understand what the writer means.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
3. When I'm reading English, I get so confused that I can't remember what I have read.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
4. I feel intimate whenever I see a whole page of English in front of me.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
5. I am nervous when I am reading a passage in English when I am not familiar with the topic.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
6. I get upset whenever I encounter unknown grammar when reading English.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
7. When reading English, I get nervous and confused when I don't understand every word.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
8. It bothers me to encounter words I can't pronounce correctly while reading English.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
9. I usually end up translating word by word without understanding the content when I'm reading English.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
10. When I came across funny letters and symbols in English, it's hard for me to remember what I have read.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree

11. I am worried about all the new words I have to learn to read in English.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
12. I enjoy reading in English.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
13. I feel confident when I am reading in English.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
14. Once I get used to it, reading English is not so difficult.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
15. The hardest part of learning English is learn to read.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
16. I would be happy to learn to speak in English rather than learning to read in English.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
17. I don't mind reading to myself, but I feel very uncomfortable when I have to read English aloud.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
18. I am satisfied with the English reading ability that I have achieved so far.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
19. English culture seems very foreign to me.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree
20. I have to know about so much English history and culture to read English.
☐Strongly disagree ☐Disagree ☐Neither Agree nor Disagree ☐Agree ☐Strongly agree