

Table A

Observed means, Standard Deviations and Effect sizes for Self-harm outcome measure

Assessment	<i>n</i>	<i>M</i>	<i>SD</i>	<i>ES^w</i>
				<i>Pre to 1-5 weeks</i>
				<i>Pre to 6-10 weeks</i>
				<i>Pre to 11-15 weeks</i>
				<i>Pre to 16-20 weeks</i>
				<i>Pre to post-treatment</i>
Pre-treatment	34	4.56	2.26	
1-5 weeks	36	3.17	2.17	0.63
6 – 10 weeks	36	2.78	2.29	0.78
11 - 15 weeks	36	2.50	1.73	1.02
16 – 20 weeks	35	1.91	1.50	1.38
Post-treatment	34	1.12	0.69	2.06

Note.; *n*: number of participants; *M*: estimated means; *SD*: standard deviations; *ES^w*: Cohen's *d* within-group effect size.

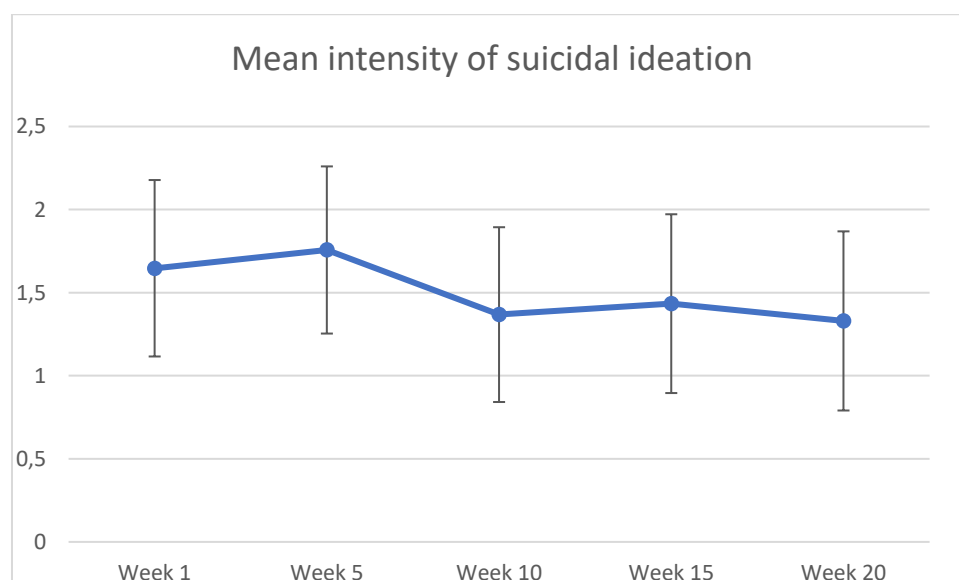
Figure 4: Mean intensity of suicidal ideation

Figure 5: Mean intensity of urge to self-harm

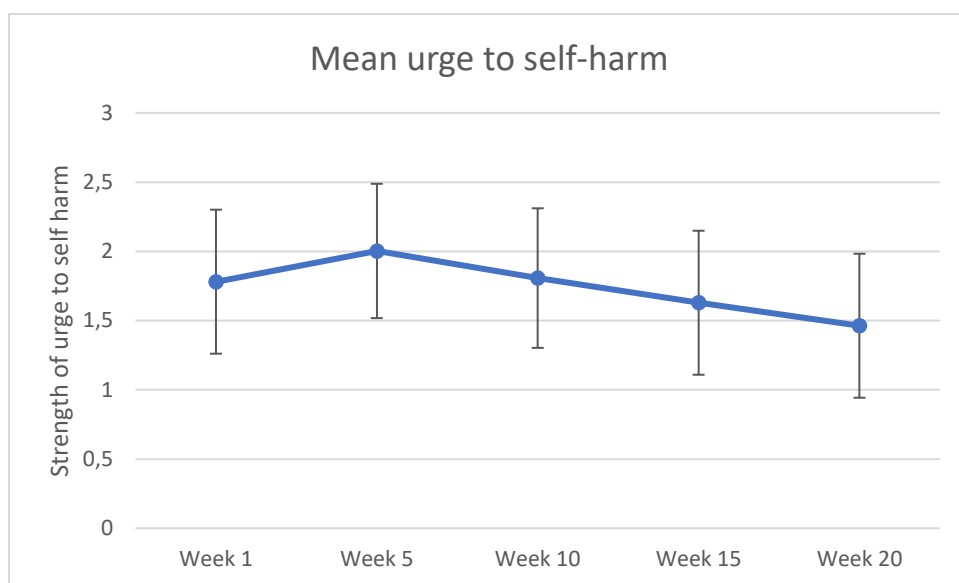


Figure 6: Feelings of sadness and happiness

