

Study Tools



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Research Ethics Committee

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I. Sociodemographic factors

1. Name:

2. Age:

☐ 18-34

☐ 35-54

☐ 55-65

3. Gender:

☐ Male

☐ Female

Other:

4. Country of Origin:

5. Marital status:

☐ Single

☐ Married

☐ Divorced



☐ Widowed

6. Length of Stay in Nakivale Refugee Camp:

☐ 6 months to 1 year

☐ 1-5 years

☐ More than 5 years

7. Education

☐ No formal education

☐ Primary education

☐ Secondary education

☐ University/Higher education

8. Religious Affiliation:

☐ Christian

☐ Islam

☐ Other:

9. Source of income

☐ UNHCR

☐ Employed

☐ Savings

☐ Relatives

☐ Student

Other:

10. Housing Situation:

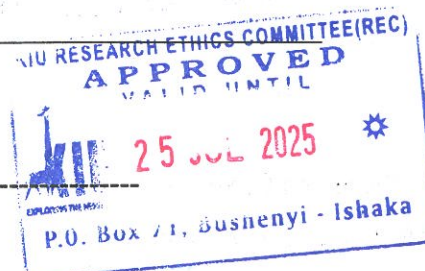
☐ Camp shelter / tent

☐ Permanent housing

☐ Other:

11. How many households' member-----

12. Primary Language Spoken:



II. Focus Group discussion.

1. Can you tell me about your overall experience as a refugee at Nakivale Refugee Settlement Camp?
2. How have services met or not met your expectations over time?
3. In your opinion, what would encourage you to seek mental health services?
4. In your opinion, what are the main barriers that refugees may face in accessing mental health services at Nakivale camp?
5. Have you personally faced any challenges or barriers in attempting to access mental health services?
6. What type of mental health services did you receive?
7. What improvements would enhance mental health services for you?
8. Are there cultural factors that may discourage or support individuals from utilizing mental health services?



III. Key Informant Interview

1. What are the most common mental health problems you see here?
2. What are the biggest challenges you face when providing services?
3. in your opinion, how could these services be improved?
4. How do people usually find out about the services you offer?
5. What can be done to make mental health services better and more accessible?
6. How do you deal with the different cultures of the refugees when helping them?
7. How has the community's attitude towards mental health changed over time?
8. What role do you think the community plays in improving mental health services?

