

Interview Guide – Patients

Theme: Background

How long have you been admitted to specialist healthcare services (inpatient/outpatient)?

Are you currently admitted as an inpatient or outpatient?

Theme: Experiences of participating in the OT- program

Can you describe your previous experiences with work and activity-based treatment programs?

Do you participate in the café, the printshop, and/or the creative workshop?

- How long have you participated?
 - Number of days, schedule
 - What you aim to achieve or gain from participating

What contributed to your decision to start?

- How and by whom were you informed about the OT-program?

How do you experience participating in the café, the printshop, and/or the creative workshop?

- What works well and why? What does not work well and why?
- How do you experience your role?

What activities do you engage in?

- Are the activities appropriately challenging? Do you feel a sense of control in activity situations?

How does your mental state affect your performance in the activities?

- What is it like to attend on a difficult day or during a difficult period?
- What helps you to participate despite challenges?

Do you notice any difference in how you feel before and after participation?

- What do you think explains this?
- What thoughts and feelings do you have before starting and after finishing?

Do you experience mastery in the activities and how does it affect you?

- How can occupational therapists facilitate greater mastery?

What are your views on having this program alongside other hospital treatment?

What are your thoughts on how participation in the OT-program may contribute to your recovery process?

Is there anything you would like to add that has not been asked?

Theme: Environment – physical and social

How do you experience the physical environment?

- What works well and why?
- What could be improved and why?
- What do you think about the location at the hospital?

How do you experience the social environment?

- What works well and why?
- What could be improved and why?
- How do you experience the therapeutic environment?

How do you experience collaboration with occupational therapists?

- What works well and why?
- What could be improved and why?

What feedback do you receive from therapists?

- How do you experience this?
- Do you agree or disagree with the feedback?
- Is there anything you miss?

Theme: Transferability

What aspects of the program are important to you?

What are your thoughts on this being part of hospital treatment and being limited to the duration of your hospital affiliation?

Have you learned something transferable to home life, work, and independent living? Elaborate.

Is there anything else you would like to add?