

Supplement 1. Observation form

School:	Grade:	Date:					Observer:				
	Student	1	2	3	4	5	6	7	Etc.	...	...
Food items											
Nothing											
Fruit											
Vegetables											
Sandwiches											
Croissant, chocolate roll											
Rolls, bun, meusli bread											
Gingerbread, cracker											
Liga, Sultana											
Biscuits, cake											
Pie, muffin, pastry											
Candy, candy/chocolate-bars											
Chips, cheese, nuts											
Other, namely...											

Supplement 2. Questionnaire item child

Break-time Foods

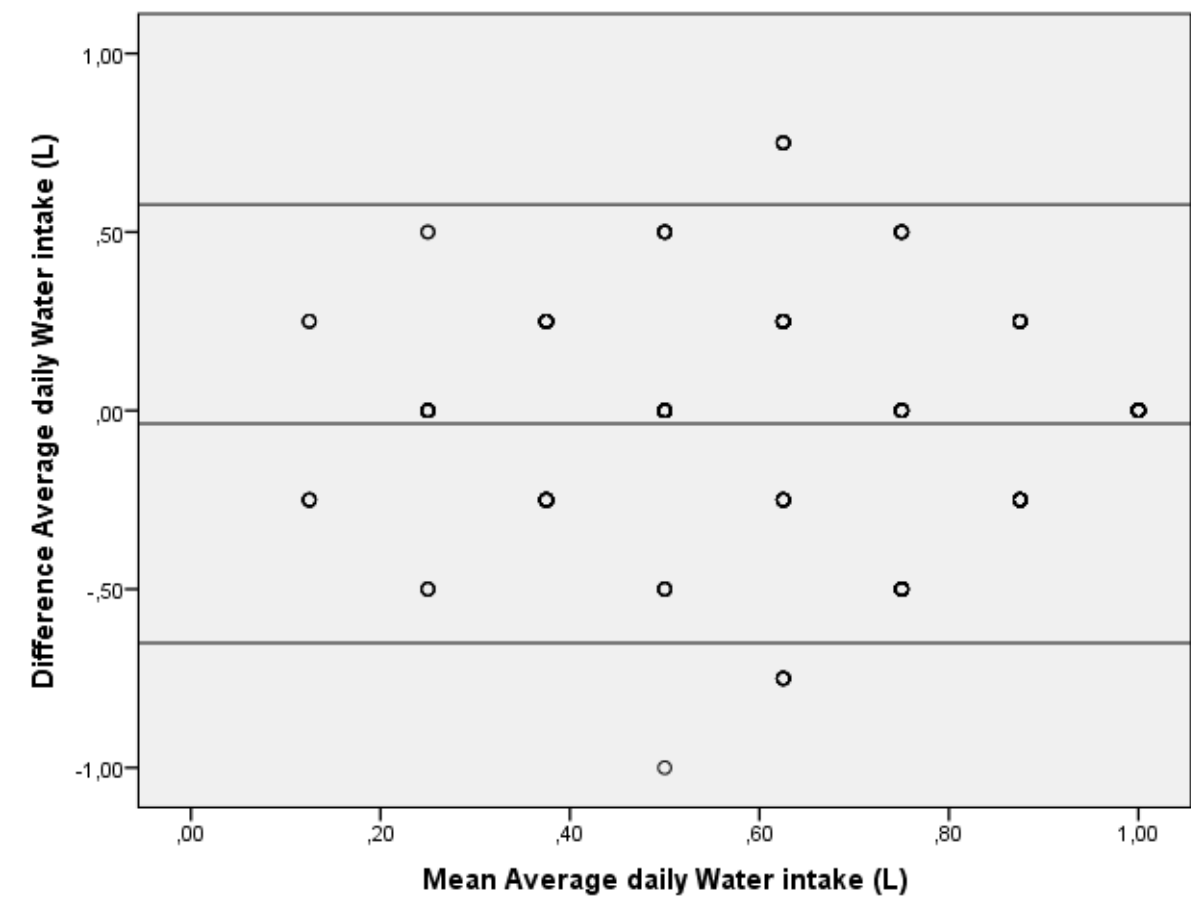
What kind of foods did you brought to school to day to consume during break-time?

*(You may pick **more** than one answer!)*

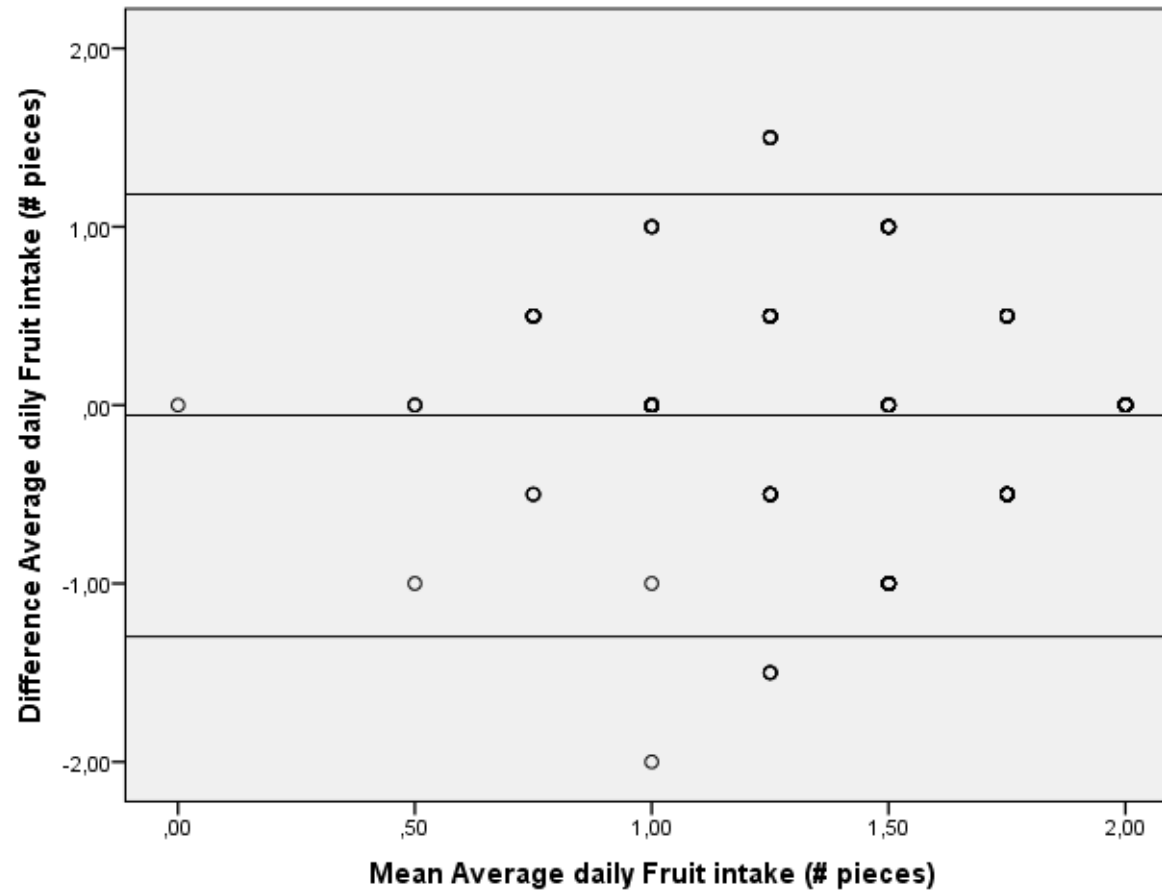
- ☐ Nothing
- ☐ Fruit
- ☐ Vegetables
- ☐ Sandwiches
- ☐ Croissant, chocolate roll
- ☐ Rolls, bun, meusli bread
- ☐ Gingerbread, cracker
- ☐ Liga, Sultana
- ☐ Biscuits, cake
- ☐ Pie, muffin, pastry
- ☐ Candy, candy/chocolate-bars
- ☐ Chips, cheese, nuts
- ☐ Something else, namely: ...

Supplement 3. Bland Altman plots

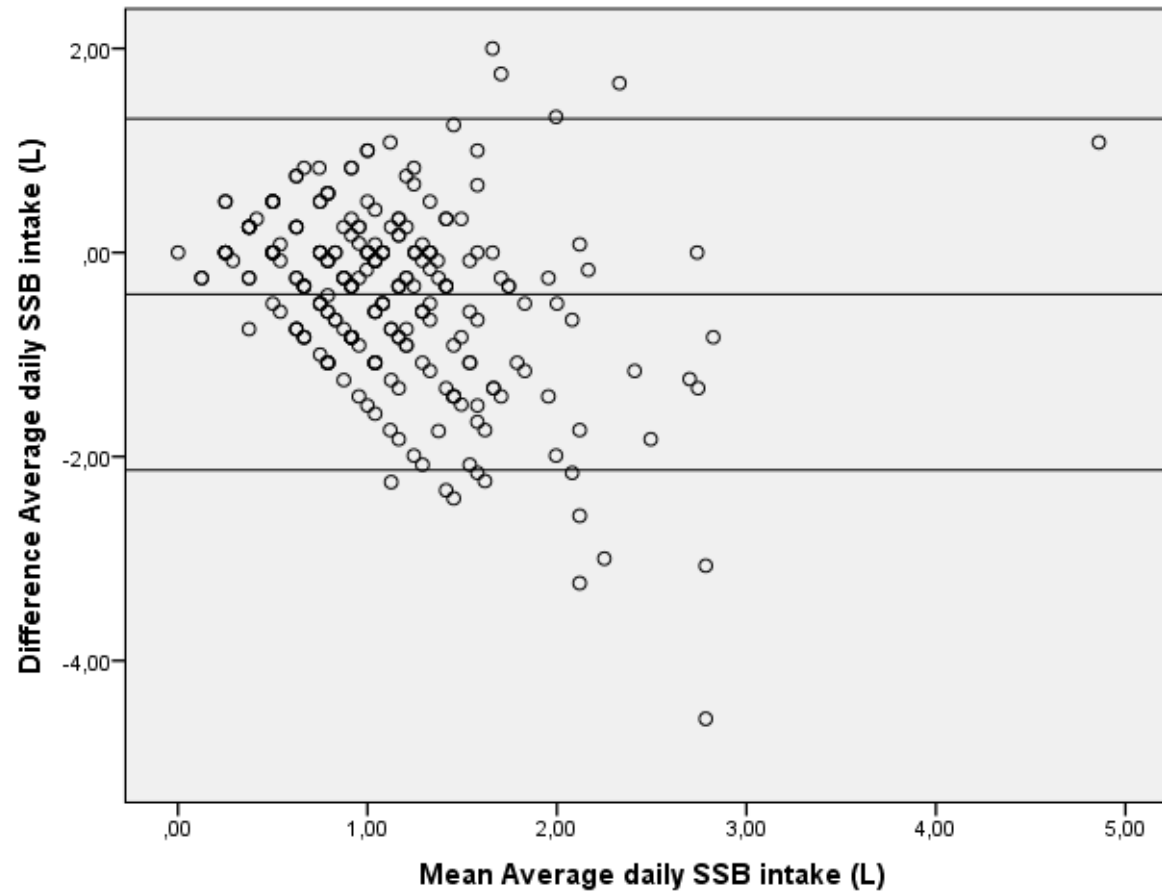
3a. Bland Altman plot – Water (L)



3b. Bland Altman plot – Fruit (# pieces)



3c. Bland Altman plot – Sugar-sweetened beverages (L)



Supplement 4. Table: Overview of items used to assess child's SSB intake in the parent and child questionnaire

Questionnaire items to assess child's SSB intake	Response categories
<i>Introduction to questions related child's SSB intake</i>	
Please indicate which of the drinks below your child (you) consume most of the times; this can be at school, at home or with friends.	☐ Coke/Pepsi ☐ Fanta/Sisi ☐ Fernandez ☐ Dr. Pepper ☐ Ice-tea ☐ Energy drinks (Redbull etc) ☐ Lemonade ☐ Apple juice ☐ Yoghurt-drinks ☐ Chocolate milk ☐ Tea with sugar
<i>All questions below are related to so-called sugar-sweetened beverages (SSB). These are beverages containing added sugar, sweetened dairy products (e.g. chocolate milk), fruit juice (e.g. apple juice), soft drinks (e.g. cola) and energy drinks (e.g. sport energy drinks).</i> <i>All of the above examples of drinks are SSB.</i> <i>Please fill in the questions below on how much SSB your child/you consume and keep above described definition and examples in mind.</i> <i>(So, do not take into account: light or sugar free beverages, water, 100% orange juice, tea without sugar, and regular milk.)</i>	
Does your child (do you) consume SSB on a daily basis?	☐ No, never ☐ No, not every day ☐ Yes, every day
Please indicate how many glasses (250ml – column A), cans (330ml – column B) or bottles (500ml – column C) the child (you) consumed on an average day on which the child drank SSB?	A. Glasses  ☐ None ☐ 1 glass ☐ 2 glasses ☐ 3 glasses ☐ 4 glasses ☐ 5 glasses B. Cans  ☐ None ☐ 1 can ☐ 2 cans ☐ 3 cans ☐ 4 cans ☐ 5 cans C. Bottles  ☐ None ☐ 1 bottle ☐ 2 bottles ☐ 3 bottles ☐ 4 bottles ☐ 5 bottles