

Additional file 1. Number of participants across trial centres

Trial centre	Intervention group		Control group	
	Target sample size	Recruited	Target sample size	Recruited
Dhading	10	9	10	8
Kaski	10	10	10	10
Nuwakot	10	10	10	10
Ramechhap	10	9	10	10
Surkhet	10	10	10	10
Rolpa	10	5	10	4
Rupandehi	10	8	10	8
Total	70	61	70	60