

Meeting children's physical activity needs during the Coronavirus pandemic

Demographic Information (answered by all participants)

1. Job Title
 - a. Physical Education Teacher
 - b. Nurse
 - c. School Administrator
 - d. District Administrator
 - e. Other: _____
2. State
 - State Dropdown
3. School/District type
 - a. City (inside a city with a large population)
 - b. Suburb (outside of the city with a large population)
 - c. Town (self-contained settlement, all aspects of a large city, but smaller)
 - d. Rural (low population density, open swath of land)
 - e. I don't know
4. School classification (n/a district administrator)
 - a. Elementary School
 - b. Middle School
 - c. High School
 - d. Other: _____
5. Is your school a Title 1 school (at least 40% of students on free/reduced lunch)? (n/a district administrator)
 - a. Yes
 - b. No
 - c. I don't know
6. Is the physical location of your school/district closed to students during the current Coronavirus pandemic?
 - a. Yes
 - b. No

All Schools:

7. Are you, or the appropriate teacher within your school/district, able to deliver Physical Education to your students during the Coronavirus pandemic?
 - a. Yes
 - b. No
 - c. I don't know
8. What is your impression of the amount of physical activity accumulated following the school closure as compared to the amount obtained in a typical school setting?
 - a. Significantly more activity during the shut-down

- b. Somewhat more activity during the shut-down
- c. Approximately the same amount
- d. Somewhat less activity during the shut-down
- e. Significantly less activity during the shut-down

Closed Schools:

9. If yes, when did your school/district close?
 - Mm/dd/yyyy
10. Prior to the Coronavirus pandemic, how many hours per week were students required to engage in Physical Education class on campus?
 - a. 0 hours
 - b. 1 hour
 - c. 2 hours
 - d. 3 hours
 - e. 4 or more hours
11. From the list below, did your school have access to the following distance learning prior to the Coronavirus pandemic? Select all that apply.
 - a. Math
 - b. Science
 - c. Health
 - d. Physical Education
 - e. We did not have access
 - f. I don't know
12. Currently, how many hours per week are students required to engage in Physical Education?
 - a. 0 hours
 - b. 1 hour
 - c. 2 hours
 - d. 3 hours
 - e. 4 or more hours
13. What is your school/district's current method of delivering a structured Physical Education curriculum? Select all that apply.
 - a. Distance learning
 - b. At home resources (i.e. CATCH, SPARK, social media, etc.)
 - c. FitnessGram SmartCoach Resources
 - d. Parent collaboration (i.e. assignments delivered to parents via conference calls or email)
 - e. Other: _____
14. From the list below, select what you believe to be the top 3 most significant challenges during the Coronavirus pandemic. Select 3 items.
 - a. Teacher remote work arrangements
 - b. Availability of resources for the teacher to deliver online education
 - c. Student access to online learning
 - d. Teacher/parent communication
 - e. Teacher/administrator communication
 - f. Teacher/student communication

- g. Availability of teacher resources to address social-emotional needs of a student
 - h. Addressing parents/students concerns regarding the Coronavirus pandemic
 - i. Social distancing
 - j. Telecommunication and IT difficulty
 - k. None of the above
15. During school closure, what is your school/district's method of engaging students in physical activity? Select all that apply.
- a. E-learning platform
 - b. At home resources (i.e. OPEN module, GoNoodle, AHA Virtual Experiences, YouTube, etc.)
 - c. Virtual fitness/workout sessions by Physical Education teachers
 - d. Parent collaboration
 - e. Other: ____

Open Schools only:

16. Currently, how many hours per week are students required to engage in Physical Education class on campus?
- a. 0 hours
 - b. 1 hour
 - c. 2 hours
 - d. 3 hours
 - e. 4 or more hours
17. From the list below, select what you believe to be the top 3 most significant challenges implementing on-campus Physical Education during the Coronavirus pandemic. Select 3 items.
- a. Lack of resources
 - b. Limited personnel
 - c. Access to gymnasium/equipment
 - d. Difficulty finding appropriate curriculum for health recommendations and social distancing
 - e. Addressing parents/students concerns regarding the Coronavirus pandemic
 - f. Social distancing
 - g. Concern of personal health and well being