

UNICEF Indonesia RCT Trial | STUDENT Acceptability Focus Groups

PART 1. Evaluation of Dove Confident Me Indonesia – General feedback (25 minutes)

Positive:

- What did you like about the lesson?
 - *Prompt: Please explain and provide examples*
 - *Only if students are struggling to respond - Prompt: What do you think other adolescents your age might like about it?*
- Which activities did you like best?
 - *Prompt: Please explain and provide examples.*
 - *Only if students are struggling to respond - Prompt: What activities do you think other adolescents your age might like best?*

Negative:

- What did you dislike about the lesson?
 - *Prompt: Please explain and provide examples*
 - *Only if students are struggling to respond - Prompt: What do you think other adolescents your age might not like about it?*
- Were there specific activities of the lesson that you disliked or found boring?
 - *Prompt: Please explain and provide examples.*
 - *Only if students are struggling to respond - Prompt: Which activities do you think other adolescents your age might not like or find boring?*
- Was there anything you found hard or confusing about the lesson? If so, what?

Impact:

- Do you think the lesson has made a difference to you in any way?
 - *Prompt: Has the lesson changed anything about the way you think or what you do? At home? At school? With friends? When alone?*
 - *Prompt: Please explain and provide examples.*

PART 2. Evaluation of Dove Confident Me Indonesia - Appropriateness (15 minutes)

Gender:

- How relevant were the activities for girls? Ask all Give a score out of 10.
 - *Prompt: Please explain and provide examples.*
 - *Prompt: Are there ways we could make the lesson more suitable for boys?*
- How relevant were the activities for boys? Give a score out of 10.
 - *Prompt: Please explain and provide examples.*
 - *Prompt: Are there ways we could make the lesson more suitable for boys?*

Age:

- What grades do you think this lesson is suitable for?
 - *Prompt: Please explain.*

Ability:

Additional File 3. Acceptability Focus Group Schedules (Student + Teacher; English version)

- How relevant was the language in the student worksheets?
 - Prompt: Was there anything you felt particularly difficult to understand? E.g., terms.

PART 3: Evaluation of Dove Confident Me Indonesia – Comfort (10 minutes)

- How did you feel about discussing body image in front of others in your class?
 - Prompt: How comfortable did you feel participating? In front of girls? In front of boys? Please explain and provide examples.
- Was there anything that made you feel uncomfortable in the lesson?
 - Prompt: Please explain and provide examples.
- Do you think there's anything that might make others feel uncomfortable?
 - Prompt: Please explain and provide examples.

QUICK POLL SECTION: For each question, ask participants to raise their hands on Zoom. No discussion necessary unless specified.

Quick Poll 1: The programme was delivered on Zoom because of COVID. Did you have any technology-related challenges? (e.g., frozen screen, internet disconnected)

	Yes	No
No. of students		

Quick Poll 2: If you did have technology-related challenges, how bad were they?

	Very bad – I had to give up	Bad – I could carry on, but it was difficult to follow what was happening	Fine – I could still carry on ok
No. of students			

Quick Poll 3: Do you think adolescents in Indonesia should learn about body image in schools?

	Yes	No
No. of students		

If no, ask students to explain why.

Quick Poll 4: Have you ever had lessons about body image in school before this lesson?

	Yes	No	
No. of students			

If yes, please can you tell us about the lesson.

Quick Poll 5: Have you ever learned about body image before this lesson outside of school?

No. of students	Yes	No

If yes, when? And what did you learn?

PART 4. Recommendations for future (10 minutes)

- If you could make any changes to the lesson for future students, what would they be?
For example, this could be about any of the following -
 - Format (more/less group discussion, more/fewer writing tasks, a totally different method of learning?)
 - Length of session (longer/shorter/a series of lessons about body image so they can learn in more detail about the things discussed)
 - Content of sessions (was there an area of body image they felt was missing from the lesson? What was it?)
- Was there anything we haven't asked about regarding the lesson, that you would like to tell us?
- Do you have any questions for us?

UNICEF Indonesia RCT Trial | TEACHER Acceptability Focus Group

PART 1: Background and scene setting

1. Relevance of body image issues for Indonesian adolescents

- Do you feel body image concerns are relevant at your school?
 - *Prompt: Why or why not?*
- What age group did you deliver the lesson to?
- Do you think body image issues are relevant to this age group?
 - *Prompt: Please explain.*
 - *Prompt: Is there another age group that you think this lesson would be more appropriate for?*
- How important do you feel it is for students at junior high school to learn about body image?
 - *Prompt: Please explain.*

2. Prior teaching of body image

- Have you had experience delivering lessons in this informal student-led style before?
 - *Prompt: If yes, please explain.*
- Have you any previous experience of teaching similar topics before?
 - *Prompt: For example, lessons around puberty, self-esteem, well-being?*
 - *Prompt: If yes, please explain these lessons, and whether they were lesson plans made by yourself, the school, or accessed from elsewhere. How did these lessons differ from Dove Confident Me Indonesia?*

3. Teaching on Zoom

- How do you find teaching online?
 - *Prompt: What do you like / dislike?*
- Do you think this lesson would be received differently by students in a face-to-face setting?
 - *Prompt: If yes, please explain.*
 - *Prompt: In terms of student engagement? Behaviour management? Anything else?*

PART 2: Specific lesson feedback

2. Overall impressions of the lesson

- Did you enjoy teaching this lesson?
 - *Prompt: Why? Why not?*
- Did you think students enjoyed this lesson?
 - *Prompt: Why/why not? Any aspects in particular that you think they enjoyed/didn't enjoy?*

Additional File 3. Acceptability Focus Group Schedules (Student + Teacher; English version)

- Do you think there was anything in the lesson that students found hard to understand?
 - *Prompt: if yes, please give examples.*
- Do you think the lesson content was new and/or interesting for students?
 - *Prompt: if yes, please explain, giving examples where possible.*
- How did you find the timing/pace of the activities?
- Do you think this lesson is relevant for Junior Secondary Schools across Indonesia?
 - *Prompt: Why / why not?*
- Would you modify any of the language in order to aid students understanding?
 - *Prompt: if yes, can you provide any examples of this?*
- Are there any key concepts you would like to see covered that aren't already?
 - *Prompt: if yes, please explain*

3. Teacher guide feedback

- What did you think of the Teacher Guide?
 - *Prompt: What did you like/not like?*
 - *Prompt: Did you find it easy to follow?*
 - *Prompt: What did you think of the design?*
 - *Prompt: How was the language?*
- How can we improve the teacher guide for other teachers delivering this lesson?

4. Teacher training feedback

- What did you think of the teacher training?
 - *Prompt: What did you like/not like?*
- How can we improve the teacher training for other teachers delivering this lesson?
- How do you think we can support teachers to feel confident delivering this lesson?

5. Final Recommendations

- Would you recommend these workshops be delivered with mixed-gender groups in the future or would it be better the groups be split into single-gender groups?
 - *Prompt: Please explain.*
- Do you think you will use this lesson in the future?
 - *Prompt: Why/why not? What might be the barriers to utilising this lesson in the future at your school?*
- Are there any other factors you feel we should know about or consider before we offer the lesson to other schools in Indonesia?
- Do you have any other recommendations you would like to add?
- Is there anything else you would like to add, that you think would be important for us to know, that has not already come up in our discussion today?