

Appendix A – Pre-injury comorbidity

All participants were asked whether they had been told by a Doctor that they had any of the following conditions:

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|---|--------------------------|
| 01 Arthritis (rheumatoid and osteoarthritis) | ☐ |
| 02 Osteoporosis | ☐ |
| 03 Asthma | ☐ |
| 04 COPD (chronic pulmonary disease), ARDS
(adult respiratory distress syndrome) or emphysema | ☐ |
| 05 Angina | ☐ |
| 06 Congestive heart failure or heart disease | ☐ |
| 07 A heart attack (that is, myocardial infarction) | ☐ |
| 08 Neurological disease (e.g multiple sclerosis
or Parkinson's disease) | ☐ |
| 09 Stroke or transient ischemic attack | ☐ |
| 10 Diabetes type I or II | ☐ |
| 11 Peripheral vascular disease | ☐ |
| 12 Upper gastrointestinal disease (ulcer, hernia, reflux) | ☐ |
| 13 Anxiety or panic disorders | ☐ |
| 14 Depression | ☐ |
| 15 Visual impairment (e.g. cataracts, glaucoma,
macular degeneration) | ☐ |
| 16 Hearing impairment (that is, very hard of hearing,
even with hearing aids) | ☐ |
| 17 Degenerative disk disease (that is, back disease,
spinal stenosis, or severe chronic back pain) | ☐ |
| 18 Obesity or a BMI of 30 kg/m ² and over | ☐ |

Appendix B – Pre-injury subset of physical disorders

All participants had any pre-injury physical disorders counted from the following list:

- Arthritis (rheumatoid and osteoarthritis) ☐
- Osteoporosis ☐
- Asthma ☐
- COPD (chronic pulmonary disease), ARDS
(adult respiratory distress syndrome) or emphysema ☐
- Angina ☐
- Congestive heart failure or heart disease ☐
- A heart attack (that is, myocardial infarction) ☐
- Neurological disease (e.g multiple sclerosis
or Parkinson's disease) ☐
- Stroke or transient ischemic attack ☐
- Diabetes type I or II ☐
- Peripheral vascular disease ☐
- Upper gastrointestinal disease (ulcer, hernia, reflux) ☐
- Visual impairment (e.g. cataracts, glaucoma,
macular degeneration) ☐
- Hearing impairment (that is, very hard of hearing,
even with hearing aids) ☐
- Degenerative disk disease (that is, back disease,
spinal stenosis, or severe chronic back pain) ☐
- Obesity or a BMI of 30 kg/m² and over ☐