

Physical Activity Resource Assessment Instrument (PARA)

1) Date _____ 2) Data col _____ 3) HD/PA Resource ID _____
 4) Time start: _____ 5) Phone Call departure: _____
 stop: _____ arrival: _____

6) Type of Resource

- | | |
|----------------------------|--------------------------------------|
| 1 Outdoor recreation Track | 2 Natural amenity and/or green space |
| 3 Sporting venue | 4 Multi purpose community centre |
| 5 Gym/Fitness Centre | 6 School |

7) Approximate Size: 1 sm 2 med 3 lg

8) Capacity (indoor) _____

9) Cost

- 1 Free
 2 Pay at the door
 3 Pay for only certain programs
 4 Other _____

10) Hours a) open _____ b) close _____

11) Signage – Hours yes ☐ no ☐

12) Signage – Rules yes ☐ no ☐

Feature	Rating				Amenity	Rating			
13) Football Oval	0	1	2	3	26) Access Points	0	1	2	3
14) Basketball courts	0	1	2	3	27) Bathrooms	0	1	2	3
15) Soccer field	0	1	2	3	28) Benches	0	1	2	3
16) Bike Rack	0	1	2	3	29) Drinking fountain	0	1	2	3
17) Exercise Stations	0	1	2	3	30) Fountains	0	1	2	3
18) Play equipment	0	1	2	3	31) Landscaping efforts	0	1	2	3
19) Pool > 1 Metre deep	0	1	2	3	32) Lighting	0	1	2	3
20) Sand Pit	0	1	2	3	33) Picnic tables shaded	0	1	2	3
21) Sidewalk	0	1	2	3	34) Picnic tables no-shade	0	1	2	3
22) Tennis courts	0	1	2	3	35) Shelters	0	1	2	3
23) Trails – running/biking	0	1	2	3	36) Shower/Locker room	0	1	2	3
24) VB courts	0	1	2	3	37) Rubbish bins	0	1	2	3
25) Wading Pool < 1 metre deep	0	1	2	3					
Incivilities	Rating				Incivilities	Rating			
38) Auditory annoyance	0	1	2	3	44) Graffiti/tagging	0	1	2	3
39) Broken glass	0	1	2	3	45) Litter	0	1	2	3
40) Dog refuse	0	1	2	3	46) No grass	0	1	2	3
41) Dogs Unattended	0	1	2	3	47) Overgrown grass	0	1	2	3
42) Evidence of alcohol use	0	1	2	3	48) Sex paraphernalia	0	1	2	3
43) Evidence of substance use	0	1	2	3	49) Vandalism	0	1	2	3

Comments: