

## **Appendix 2. Pre Go-along Interview Questionnaire**

Thank you for your interest in taking part in our research study about Active Travel in Witney and Bicester.

This study is being conducted by researchers from the University of Bristol. We are part of Bristol and Cardiff Public Health Intervention Responsive Studies Team (PHIRST), a programme funded by the National Institute for Health Research (NIHR).

The aim of the current study is to understand how new cycling and walking infrastructure and community activation projects might support active travel amongst **commuters** and **older adults** making within-town journeys in Witney and Bicester.

You are being asked to complete this questionnaire because you have consented to take part in a 'Go-Along' interview for the study. The questionnaire asks about your Active Travel, and your neighbourhood. The researcher will discuss your answers with you during the follow-up interview.

The questionnaire should take **no more than 15 minutes** to complete. If you are happy to continue, please proceed to the next page.

1. Name: \_\_\_\_\_

2. Age:

|                | Please tick one: |
|----------------|------------------|
| Under 20 years |                  |
| 20-29 years    |                  |
| 30-39 years    |                  |
| 40-49 years    |                  |
| 50-59 years    |                  |
| 60-69 years    |                  |
| 70+ years      |                  |

3. Gender:

|                        | Please tick one: |
|------------------------|------------------|
| Male                   |                  |
| Female                 |                  |
| Other (please specify) |                  |
| Prefer not to say      |                  |

4. The Equality Act (2010) defines a person as having a disability if he or she 'has a physical or mental impairment that has a 'substantial' and 'long term' negative effect on your ability to do normal daily activities'. Do you consider yourself to have such a disability?

|                   | Please tick one: |
|-------------------|------------------|
| Yes               |                  |
| No                |                  |
| Prefer not to say |                  |

5. Ethnicity :

|                                                           |                        |
|-----------------------------------------------------------|------------------------|
|                                                           | Please<br>tick<br>one: |
| <b>White</b>                                              |                        |
| English, Welsh, Scottish, Northern Irish or British Irish |                        |
| Gypsy or Irish Traveller                                  |                        |
| Any other White background                                |                        |
| <b>Mixed or Multiple ethnic groups</b>                    |                        |
| White and Black Caribbean                                 |                        |
| White and Black African                                   |                        |
| White and Asian                                           |                        |
| Any other Mixed or Multiple ethnic background             |                        |
| <b>Asian or Asian British</b>                             |                        |
| Indian                                                    |                        |
| Pakistani                                                 |                        |
| Bangladeshi                                               |                        |
| Chinese                                                   |                        |
| Any other Asian Background                                |                        |
| <b>Black, African, Caribbean or Black British</b>         |                        |
| African                                                   |                        |
| Caribbean                                                 |                        |
| Any other Black, African or Caribbean background          |                        |
| <b>Other ethnic group</b>                                 |                        |
| Arab                                                      |                        |
| Other ethnic group                                        |                        |
| <b>Prefer not to say</b>                                  |                        |

We are going to ask some questions abouts Active Travel. By this we mean **walking** or **cycling**. Active travel is defined as incidental travel to reach a destination, e.g. going to work, or the shop. It is not about walking or cycling for recreation, pleasure, or leisure.

6. Please tell us your most preferred way to travel around within Witney

|                        | Please tick one: |
|------------------------|------------------|
| Car                    |                  |
| Motorbike              |                  |
| Bus                    |                  |
| Train                  |                  |
| Cycle                  |                  |
| Walk                   |                  |
| Other (please specify) |                  |

7. *Why* is this your preferred way to travel in Witney?

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8. How often do you use **cycling** for active travel within Witney? (Remember, this means cycling to somewhere you need to be, and not cycling for leisure or recreation.)

Please tick one option.

|                      | Please tick one: |
|----------------------|------------------|
| Every day            |                  |
| Most days            |                  |
| Once or twice a week |                  |
| A few times a month  |                  |
| Rarely               |                  |
| Never                |                  |

9. And how often do you use **walking** for active travel within Witney?

Please tick one option.

|                      | Please tick one: |
|----------------------|------------------|
| Every day            |                  |
| Most days            |                  |
| Once or twice a week |                  |
| A few times a month  |                  |
| Rarely               |                  |
| Never                |                  |

10. What matters to you when deciding how to travel (e.g. choosing to take the car, bus, cycle or walk etc)

(Please tick one for each option below)

|                                          | Matters a lot | Matters a bit | Does not matter at all |
|------------------------------------------|---------------|---------------|------------------------|
| Time of day                              |               |               |                        |
| Journey time                             |               |               |                        |
| Weather                                  |               |               |                        |
| Comfort                                  |               |               |                        |
| Convenience                              |               |               |                        |
| Personal safety                          |               |               |                        |
| Security (of belongings e.g. from theft) |               |               |                        |
| Who I am travelling with                 |               |               |                        |
| What I am wearing                        |               |               |                        |
| What I am carrying                       |               |               |                        |
| Traffic/congestion                       |               |               |                        |
| Ease of parking (car)                    |               |               |                        |
| Cost                                     |               |               |                        |

11. Do you take anything else into consideration when deciding how to travel?

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12. On average, how many days a week do you commute to work?

|              | Please tick one:         |
|--------------|--------------------------|
| 1 day a week | <input type="checkbox"/> |
| 2 days       | <input type="checkbox"/> |
| 3 days       | <input type="checkbox"/> |
| 4 days       | <input type="checkbox"/> |
| 5 days       | <input type="checkbox"/> |
| 6 days       | <input type="checkbox"/> |
| 7 days       | <input type="checkbox"/> |

13. How far do you travel to work?

|                  | Please tick one:         |
|------------------|--------------------------|
| Less than a mile | <input type="checkbox"/> |
| 1-2 miles        | <input type="checkbox"/> |
| 2-4 miles        | <input type="checkbox"/> |
| 4-10 miles       | <input type="checkbox"/> |
| Over 10 miles    | <input type="checkbox"/> |

14. Which of the following methods do you use to make the commute? (pick all that apply)

|                        | Please tick all that apply: |
|------------------------|-----------------------------|
| Car (own)              | <input type="checkbox"/>    |
| Car share              | <input type="checkbox"/>    |
| Motorbike              | <input type="checkbox"/>    |
| Bus                    | <input type="checkbox"/>    |
| Train                  | <input type="checkbox"/>    |
| Cycle                  | <input type="checkbox"/>    |
| Walk/Run               | <input type="checkbox"/>    |
| Other (please specify) | <input type="checkbox"/>    |

15. And which of these is your *most frequent* method of getting to work?

|                        | Please tick one: |
|------------------------|------------------|
| Car (own)              |                  |
| Car share              |                  |
| Motorbike              |                  |
| Bus                    |                  |
| Train                  |                  |
| Cycle                  |                  |
| Walk/Run               |                  |
| Other (Please specify) |                  |

16. Why is this?

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We have some questions about your neighbourhood.

17. About how long would it take to get from your home to the nearest business or facility listed below **if you walked to them?**

Please tick one

|                                | 1-5<br>minutes | 6-10<br>minutes | 11-20<br>minutes | 21-30<br>minutes | 30+<br>minutes | I don't<br>know |
|--------------------------------|----------------|-----------------|------------------|------------------|----------------|-----------------|
| Convenience/small grocery shop |                |                 |                  |                  |                |                 |
| Supermarket                    |                |                 |                  |                  |                |                 |
| Post Office                    |                |                 |                  |                  |                |                 |
| Library                        |                |                 |                  |                  |                |                 |
| Primary school                 |                |                 |                  |                  |                |                 |
| Secondary School               |                |                 |                  |                  |                |                 |
| Fast food restaurant           |                |                 |                  |                  |                |                 |
| Coffee shop                    |                |                 |                  |                  |                |                 |
| Bank                           |                |                 |                  |                  |                |                 |
| Cash machine                   |                |                 |                  |                  |                |                 |
| Chemist/Pharmacy               |                |                 |                  |                  |                |                 |
| GP Practice                    |                |                 |                  |                  |                |                 |
| Hairdresser/Barber             |                |                 |                  |                  |                |                 |
| Newsagent                      |                |                 |                  |                  |                |                 |
| Bus stop                       |                |                 |                  |                  |                |                 |
| Train station                  |                |                 |                  |                  |                |                 |
| Gym/Leisure centre             |                |                 |                  |                  |                |                 |
|                                |                |                 |                  |                  |                |                 |

18. Please tick the answer that best applies to you and your neighbourhood. Both local and within walking distance mean within a 10-15 minute walk from your home.

|                                                                                                                     | 1<br>strongly<br>disagree | 2<br>somewhat<br>disagree | 3<br>somewhat<br>agree | 4<br>strongly<br>agree |
|---------------------------------------------------------------------------------------------------------------------|---------------------------|---------------------------|------------------------|------------------------|
| Shops are within easy walking distance of my home.                                                                  |                           |                           |                        |                        |
| There are many places to go within easy walking distance of my home.                                                |                           |                           |                        |                        |
| It is easy to walk to a bus stop from my home.                                                                      |                           |                           |                        |                        |
| It is easy to walk to a train station from my home.                                                                 |                           |                           |                        |                        |
| There are pavements on most of the streets in my neighbourhood.                                                     |                           |                           |                        |                        |
| My neighbourhood streets are well lit at night.                                                                     |                           |                           |                        |                        |
| Walkers and bikers on the streets in my neighbourhood can be easily seen by people in their homes                   |                           |                           |                        |                        |
| There are pedestrian crossings to help walkers cross busy streets in my neighbourhood.                              |                           |                           |                        |                        |
| There are trees along the streets in my neighbourhood.                                                              |                           |                           |                        |                        |
| There are many interesting things to look at while walking in my neighbourhood.                                     |                           |                           |                        |                        |
| There is so much traffic along nearby streets that it makes it difficult or unpleasant to walk in my neighbourhood. |                           |                           |                        |                        |
| The speed of traffic on most nearby streets is usually slow (30 mph or less).                                       |                           |                           |                        |                        |
| The crime rate in my neighbourhood makes it unsafe to go on walks during the day.                                   |                           |                           |                        |                        |
| The crime rate in my neighbourhood makes it unsafe to go on walks during at night.                                  |                           |                           |                        |                        |
| Parking is difficult in local shopping areas                                                                        |                           |                           |                        |                        |
| The streets in my neighbourhood are hilly, making my neighbourhood difficult to walk or cycle in.                   |                           |                           |                        |                        |

**Thank you for completing this questionnaire**