

Additional file 4: “It’s about being healthy:” Community Based Health Promotion Model.

The creation of this novel model was based on themes that emerged from prior family interviews that allowed for program success. Our model integrates the levels of the SEM with aspects of the FIT4YES program that were necessary to empower participants to engage with healthy behaviors. Each of the factors included are linked in such a way to create a funnel effect down to the individual level allowing for change within the larger community.

