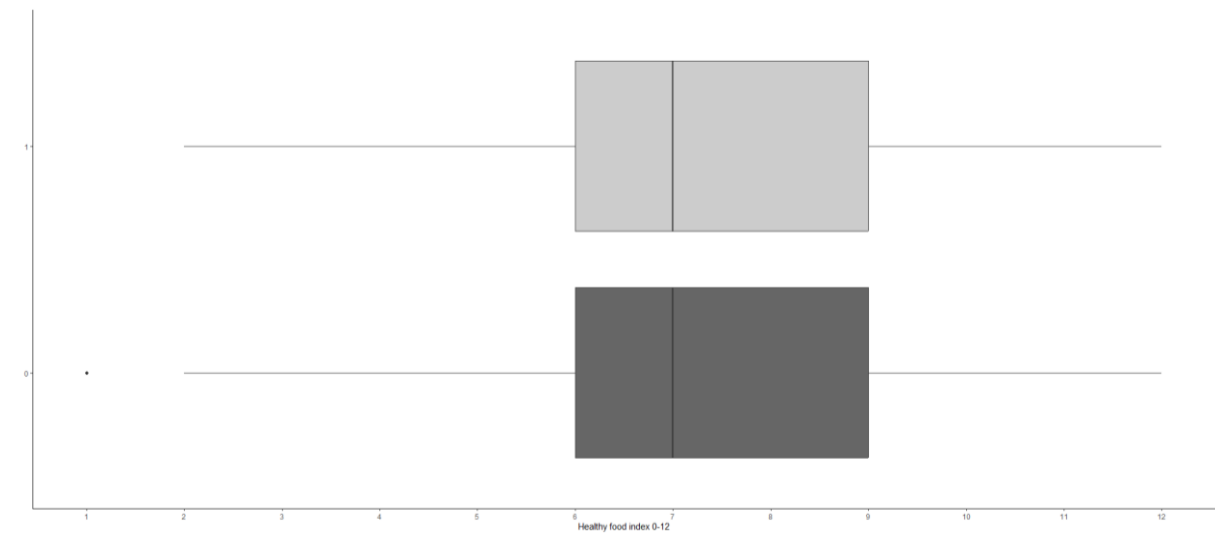
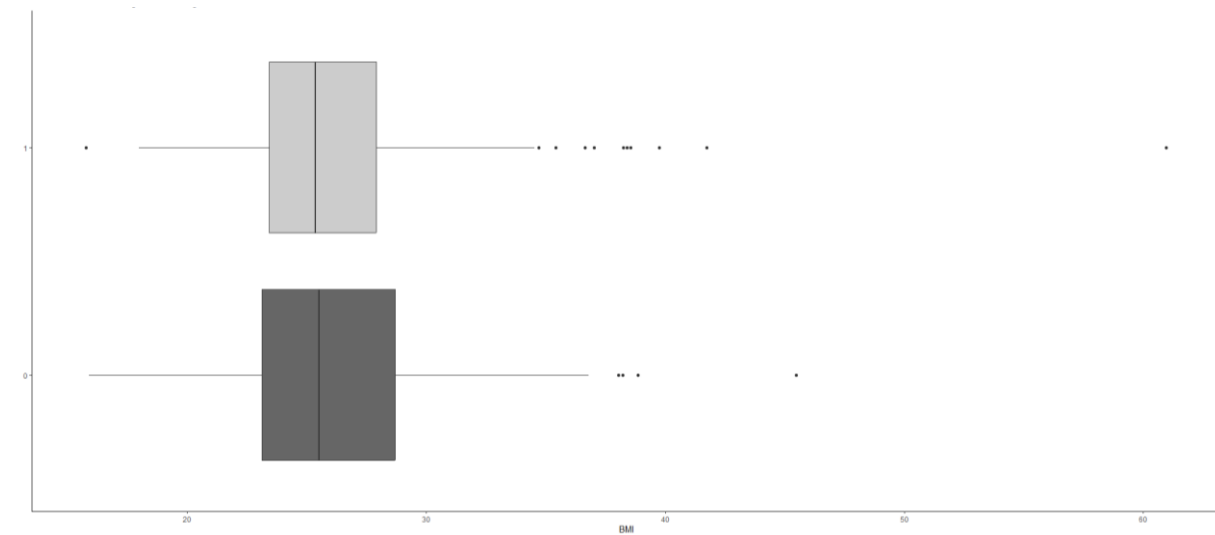




Supplementary Figure 1 Boxplot showing distribution of food index scores (1-12) among those categorised as eating alone (0) or together (1).



Supplementary Figure 2 Boxplot showing distribution of BMI among those categorised as eating alone (0) or together (1).