

Social Competence and Behavior Evaluation Short Form

(SCBE-30)

Lafreniere & Dumas(1996)

Chinese version revision: Liang Zongbao, Zhang Guangzhen, Liu Yu, et al
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下面是一些描述儿童日常行为的句子，题目后面的数字表示句子所描述的情况与儿童的行为表现相符合的程度，数字越大表明儿童表现出这种行为的频率越高。请根据您的孩子的实际情况，如实地回答每个题目，在相应的数字上打√或者画圈，您的回答没有好坏之分，我们对您的回答将严格保密。每个问题只能选一个答案，请注意不要漏题或串行。

题 目	从 不	几乎 不	有时 候	经常	很频 繁	总是
1 易怒，容易发脾气。	1	2	3	4	5	6
2 能够协商解决冲突。	1	2	3	4	5	6
3 经常一个人呆着，不合群。	1	2	3	4	5	6
4 容易受挫。	1	2	3	4	5	6
5 帮助或安慰有困难的小朋友。	1	2	3	4	5	6
6 不爱活动，经常看着别人嬉戏。	1	2	3	4	5	6
7 对训斥表现出不屑。	1	2	3	4	5	6
8 能考虑其他小朋友的意见。	1	2	3	4	5	6
9 悲伤，不快乐，情绪低落。	1	2	3	4	5	6
10 容易与其他孩子发生冲突。	1	2	3	4	5	6
11 在同伴活动中得心应手。	1	2	3	4	5	6
12 在同伴活动中害羞或不自在。	1	2	3	4	5	6
13 容易尖叫或瞎吵。	1	2	3	4	5	6

14 能与其他孩子合作完成任务。	1	2	3	4	5	6
15 在群体活动中不说话或不与他人交往。	1	2	3	4	5	6
16 被打断时会生气。	1	2	3	4	5	6
17 对自己的成果感到很高兴。	1	2	3	4	5	6
18 胆小，害怕，不愿接触陌生环境。	1	2	3	4	5	6
19 推搡，踢打，抓咬其他孩子。	1	2	3	4	5	6
20 能够妥协。	1	2	3	4	5	6
21 在群组中默默无闻。	1	2	3	4	5	6
22 生气的时候打老师。	1	2	3	4	5	6
23 对年幼的孩子表现出关心。	1	2	3	4	5	6
24 烦恼，忧虑。	1	2	3	4	5	6
25 强迫其他孩子做事情。	1	2	3	4	5	6
26 爱护玩具。	1	2	3	4	5	6
27 容易疲倦。	1	2	3	4	5	6
28 与老师作对。	1	2	3	4	5	6
29 帮着做值日。	1	2	3	4	5	6
30 经常表现出中性情绪，不苟言笑。	1	2	3	4	5	6

SCEB-30 Chinese version in English

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1. Liu Yu, Song Yuan, Lang Zong-bao, Bai Yi, Deng Hui-hua. Evaluation of social competence and behavior of urban children in China. J Southeast Univ (Med Sci Edi). 2012;31:268–73.

Below are some sentences describing children's daily behaviors. The number following each sentence indicates the extent to which the described behavior matches your child's behavior, with higher numbers indicating a higher frequency of the behavior. Please answer each question truthfully according to your child's actual situation by marking a check or circling the corresponding number. There are no right or wrong answers, and your responses will be kept strictly confidential. Each question should have only one answer; please ensure no questions are skipped or misaligned.

Title	Never	hardly ever	Sometimes	Frequently	Very frequent	Always
1 This child is irritable and easily loses his temper.	1	2	3	4	5	6
2 This child is able to negotiate conflict resolution.	1	2	3	4	5	6
3 This child is often left alone and does not fit in.	1	2	3	4	5	6
4 This child is easily frustrated.	1	2	3	4	5	6
5 This child helps or comforts a child in difficulty.	1	2	3	4	5	6
6 This child is not active and often watches others play.	1	2	3	4	5	6
7 This child showed disdain for the reprimand.	1	2	3	4	5	6
8 This child is able to consider the opinions of other children.	1	2	3	4	5	6
9 This child is sad, unhappy, and depressed.	1	2	3	4	5	6
10 This child is prone to conflict with other children.	1	2	3	4	5	6
11 This child is comfortable in peer activities.	1	2	3	4	5	6
12 This child is shy or uncomfortable in peer	1	2	3	4	5	6
13 This child tends to scream	1	2	3	4	5	6

or make a lot of noise.

14 This child can work with other children to complete tasks.	1	2	3	4	5	6
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15 This child does not talk or interact with others in group activities.	1	2	3	4	5	6
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16 This child gets angry when interrupted.	1	2	3	4	5	6
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17 This child is happy with his or her results.	1	2	3	4	5	6
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18 This child is timid, scared, and reluctant to be exposed to unfamiliar environments.	1	2	3	4	5	6
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19 This child pushes, kicks, and scratches and bites other children.	1	2	3	4	5	6
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20 This child is able to compromise.	1	2	3	4	5	6
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21 This child is silent in the group.	1	2	3	4	5	6
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22 This child hit the teacher when he was angry.	1	2	3	4	5	6
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23 This child shows concern for younger children.	1	2	3	4	5	6
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24 This child is troubled and worried.	1	2	3	4	5	6
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25 This child forces other children to do things.	1	2	3	4	5	6
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26 This child loves to take care of toys.	1	2	3	4	5	6
27 This child tires easily.	1	2	3	4	5	6
28 This child is working against the teacher.	1	2	3	4	5	6
29 This child helps with the duty.	1	2	3	4	5	6
30 This child often exhibits neutral emotions and does not smile.	1	2	3	4	5	6

End