

Additional file 5. Family evening evaluation sheet (English language version)

Evaluation sheet – Family evening

Magleblik School, 26 January 2023

1. How satisfied were you with the "Quick-workshop" on Food and meals?

- ☐ Very satisfied
- ☐ Satisfied
- ☐ Neither satisfied nor dissatisfied
- ☐ Dissatisfied
- ☐ Very dissatisfied

2. How satisfied were you with the "Quick-workshop" on Movement activities for families?

- ☐ Very satisfied
- ☐ Satisfied
- ☐ Neither satisfied nor dissatisfied
- ☐ Dissatisfied
- ☐ Very dissatisfied

3. How satisfied were you with the "Quick-workshop" on Screen media habits in the family?

- ☐ Very satisfied
- ☐ Satisfied
- ☐ Neither satisfied nor dissatisfied
- ☐ Dissatisfied
- ☐ Very dissatisfied

4. Were there topics that you would have liked to hear more about?

- ☐ No
- ☐ Yes, please specify which: _____

5. Were there topics that could have been left out?

- ☐ No
- ☐ Yes, please specify which: _____

6. Overall, how satisfied were you with the family evening?

- ☐ Very satisfied
- ☐ Satisfied
- ☐ Neither satisfied nor dissatisfied
- ☐ Dissatisfied
- ☐ Very dissatisfied

7. What worked well? And why?

8. What improvements would you suggest?
